THE Sun

Friday, August 14, 2026 THE PEOPLE'S PAPER £1.30 thesun.co.uk

Inferno . . . Stourbridge

WILDFIRES SET HOMES ABLAZE

WILDFIRES broke out in "apocalyptic" scenes yesterday with homes destroyed and families forced to flee.

Severe blazes hit the Midlands and outbreaks were reported in Wiltshire, Norfolk, East London and South Wales.

By ODHRAN GALLAGHER

Full Story — Pages 8 and 9

DERAILMENT 'PANDEMONIUM'

Horror on the 2:24

Carriage chaos . . . 999 teams at flipped train

Picture: EDDIE MITCHELL

A PASSENGER train derailed yesterday after the tracks appeared to warp on the hottest day of the year so far.

At least two people were seriously injured and 18 others hurt when the 2.24pm service from London Victoria to Eastbourne flipped over as temperatures reached 38C (100.4F).

Three carriages came off the tracks and smashed through trees before ploughing into a field in a cloud of dust and smoke near Lewes train station, East Sussex. A dad, one of around 150 onboard, described "pandemonium" as hundreds of police, firefighters and medics swarmed the train.

He said at least 110 people were trapped in four upright carriages, the rest in upturned ones, and some for 90 minutes in the scorching heat.

By ELEANOR GUNN

Full Story — Pages 4 and 5

20 HURT, 2 BADLY AS TRAIN FLIPS OVER

150 ARE TRAPPED ON 38C HOTTEST DAY

CLOBBERED FOR £600 A YEAR

WATER TORTURE AS BILLS GO UP AGAIN

Quids in . . . Thames's Buck

By JAMES FLANDERS

MILLIONS are facing higher water bills after watchdog Ofwat backed £3.4billion of new spending.

News households will now pay around £600 a year comes amid leaks, sewage spills and fatcat payouts at suppliers.

Ofwat has provisionally permitted five firms to raise charges in the next few years to allow for extra spending. Southern Water will ask for £43 extra next year, plus another £37 by 2029/30.

Thames Water and Severn Trent could add £8 between 2027 and 2030. Wessex customers face £11 rises. South East Water could add £1.

It comes after average nationwide bills rocketed by 26 per cent – around £123 – for 2025/26. PM Andy Burnham said: "I understand why people are angry – I am too.

"Customers can't be treated as a blank cheque . . . or a bottomless source of funding for other people's failures."

He added that record pollution and leaking pipes were "not the billpayers' fault".

Ofwat's decision will fuel fury after Thames Water finance chief Steve Buck got a £1million "signing-on fee".

The firm owes more than £20billion and could run out of money by November.

Consumer champion CCW said trust in suppliers "has never been lower".

Shadow Environment Secretary Victoria Atkins said: "Billpayers need more than sympathy from the Prime Minister. They need action and a credible, costed plan to put our water system on a sustainable footing."

Ofwat will make its final ruling in December.

After leaks & payouts

Cooper: Labour's been iffy

By RYAN SABEY

CABINET Minister Yvette Cooper has admitted Labour "hasn't done government very well" in its two years in power.

Cooper said the "focus shifted quite a lot" under Sir Keir Starmer for who she served as Home then Foreign Secretary.

She told a podcast his "bring me solutions, not problems" leadership style "doesn't necessarily work in politics".

Cooper, new PM Andy Burnham's Health Secretary, also criticised Sir Keir for sidelining her in an announcement of immigration reforms. She said: "I didn't see what was going to be said."

The Sun Says — Page Ten

NIGE HOT FAVOURITE

Vote for me . . . Farage

Picture: TOBY SHEPHEARD/REUTERS

By JACK ELSOM, Political Editor

NIGEL Farage keeps his cool after voting for himself in the Clacton by-election as he prepared to trash main rival Count Binface.

The Reform UK leader was overwhelming favourite to win and return to Parliament.

He triggered the contest to "send a message to the establishment" after facing pressure over a £5million donation.

The other main parties refused to take part and instead swung behind comedy candidate Count Binface, *right*. Voters in the Essex constituency yesterday chose from the largest pool of candidates in history — 34.

The ballot paper was three pages long.

A.I. BOOT CAMP

YOUNG people who are out of work or facing unemployment after leaving school will be able to benefit from an AI summer boot camp.

About 70 "NEETs" aged 16 to 21 will take part in three weeks of artificial intelligence and workplace skills training in the pilot scheme.

Courses will take place in Wigan, Blackburn, Blackpool and across the North West as part of the TechFirst AI Apprenticeship Pathway.

Firms such as JD Sports and Heinz are taking part.

AI minister Kaniskha Narayan said: "This is a huge opportunity to thrive and build careers in our most exciting industries."

I'LL BE IN THE DOG AND BOT

PUB chain Greene King is to expand its "pub of the future" drive after trialling self-cleaning fryers and automated bun toasters.

Other tech tested included AI monitoring of kitchen and beer-cellar equipment and cordless backpack vacuum cleaners.

CRASH & BURN

ANDY Burnham's popularity has slumped as he approaches a month as PM, polling shows.

The Labour leader has a net approval rating of plus 14 points – down six points in just a week.

Voters were asked if he was doing a good job shortly after it was revealed two of the killers of PC Andrew Harper were set for early release from prison.

Tory leader Kemi Badenoch, on plus one, was the only other leader with a positive rating, according to More in Common. Reform UK's Nigel Farage was on minus 27 along with Green Party chief Zack Polanski.

Minister talks bid on racing

By JACK ELSOM

HORSE racing chiefs want talks with the new gambling minister after controversial affordability checks on punters were given the green light.

From next year, curbs will apply to bettors and be overseen by Vicky Foxcroft, who has backed a ban on gambling advertising in live sport.

On her appointment, anti-gambling crusader Matt Zarb-Cousin posted sarcastically: "Spare a thought for the gambling industry." Labour MP Dawn Butler sparked fury for replying: "Lol".

The British Horseracing Authority said: "We are seeking an urgent discussion with the new minister." The Sun's Save Our Bets campaign warns intrusive checks will push punters to black markets.

The Sun Says — Page Ten

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Growth 'dip' fear

THE UK economy "is likely to shift down a gear" in the second half of the year, experts warn.

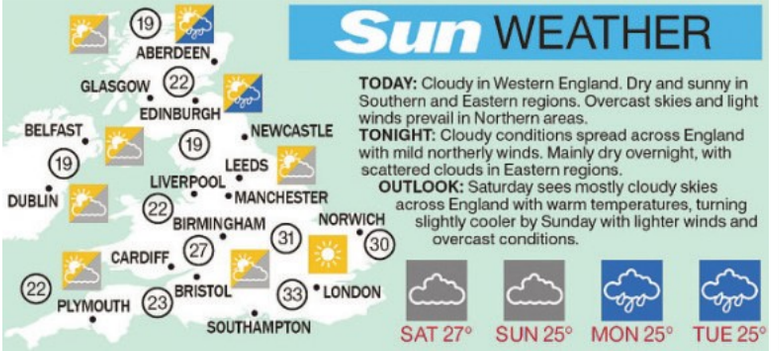
It grew 0.4 per cent from April to June – a dip from the first quarter's 0.6 per cent.

Sources say internal modelling from the Treasury shows growth down to 0.3 per cent next year.

Expert Thomas Pugh, from RSM UK, said: "Pressure on household finances, and for Government do something about it, will only grow."

The Sun Says — Page Ten

Sun WEATHER



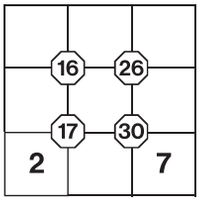
TODAY: Cloudy in Western England. Dry and sunny in Southern and Eastern regions. Overcast skies and light winds prevail in Northern areas.

TONIGHT: Cloudy conditions spread across England with mild northerly winds. Mainly dry overnight, with scattered clouds in Eastern regions.

OUTLOOK: Saturday sees mostly cloudy skies across England with warm temperatures, turning slightly cooler by Sunday with lighter winds and overcast conditions.

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 42-43

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TODAY'S BIRTHDAYS

INBETWEENER **JAMES BUCKLEY**, **39**, *left*, Love Island host **MAYA JAMA**, **32**, *right*, TV presenter **PADDY McGUINNESS**, **53**, actors **HALLE BERRY**, **60**, **MILA KUNIS**, **43**, and **STEVE MARTIN**, **81**, and EastEnders star **GILLIAN TAYLFORTH**, **71**.

●**Last night's Health Lottery numbers: 15, 19, 21, 29, 39. Bonus ball: 50.**

ROONEYS ARE CLEANING UP

Stars . . . Coleen on doc and, top, Wayne with Mark

Reddy for more . . . ex-Manchester United ace Wayne and wife Coleen

WAYNE'S Disney WORLD

Pundit's new Utd podcast is family's 3rd deal on Disney+

Podcast . . . Mark Goldbridge

By ROD McPHEE, TV Editor

WAYNE Rooney has scored his first solo gig with Disney+ after winning over bosses as a BBC pundit for the World Cup.

The former England and Manchester United star will launch podcast Stick To United – his family's latest project with the global streaming giant.

Their link-up began with 2023 documentary The Real Wagatha Story – said to have earned the couple £10million owing to a bidding war with Prime Video.

And it will continue with The Real Rooneys, a fly-on-the-wall show about life with their four sons.

It also tells the story of the libel battle between his wife Coleen Rooney and Jamie Vardy's wife Rebekah.

It will air in late September or October, four months after ITV screened its at-home-with documentary The Vardys.

Meanwhile, starting next Tuesday, Wayne will co-host a weekly podcast with YouTuber Mark Goldbridge and analyse the Red Devils' latest matches.

Stick To United with Wayne Rooney is a sister show to The Overlap's Stick To Football podcast with Gary Neville, Jamie Carragher, Jill Scott, Ian Wright and Roy Keane – which will also be available on Disney+ from next week.

An insider: "Wayne's new career as a pundit on Match of the Day and on the World Cup coverage is seen as incredibly successful. He gained an extra army of admirers when he said the World Cup final's half-time show was 'crap'.

"His higher profile also sees him vie with wife Coleen, who has taken much of the limelight recently, largely thanks to appearing on I'm A Celebrity two years ago.

"He could even return to being the main breadwinner in the household."

Last year, jungle runner-up Coleen saw her business ventures make a £1.3million profit. Figures for her firm, CWR 2021, indicated income from her endorsements and media career more than tripled.

Meanwhile, former Three Lions skipper Wayne – said to be raking in £300,000 a week at the peak of his earning power in 2014 – was reportedly on around £500,000 a year as manager of Plymouth Argyle. He left in December 2024.

Yesterday, Disney+ said The Real Rooneys would follow the couple, both 40, "as they embark on an exciting new chapter in their lives".

rod.mcphee@the-sun.co.uk

"Holly no longer seems capable of speaking in proper sentences. Or at least, not ones that come to a point and don't include at least four "likes" and an "I mean"

Ally Ross PAGE 15

TRAIN DERAILS & FLIPS

Rescue . . . emergency teams stretcher away one of injured

- ‘TRACKS BEND’ ON HOTTEST DAY OF THE YEAR
- PASSENGERS’ ORDEAL TRAPPED IN CARRIAGES

We just went over.. then we were dragging along the floor

By ELEANOR GUNN and EMILY-JANE HEAP

A TERRIFIED passenger told how their train “felt like a sliding snake” before derailing in extreme heat yesterday afternoon.

Charlie Hobden, 31, said: “We just went over and we were dragging along the floor.

“We tried to open the doors and then we saw people standing on top of the train. We managed to get out on our own. Others waited and got on ladders.”

At least two people were seriously injured when the rear three carriages of the 2.24pm from London Victoria to Eastbourne carrying 150 people left the tracks and smashed through trees.

Eighteen others were hurt in the horror at 3.54pm near Lewes train station in East Sussex.

Some passengers were trapped for an hour and a half.

Yana Ludwig, 56, was travelling alone. She said: “There was a banging. Everything went topsy-turvy. It seemed like a really long time but it probably was ten seconds of that before the carriage fell on the side.”

She described being propped up over the top of another passenger. Yana added: “I’m pretty banged up.”

Emergency services raced to the scene on the fifth warmest day on record – with some parts of Britain reaching 38.1C (100.5F). Temperatures in Lewes hit 33C (91.4F).

The cause of the derailment has yet to be officially confirmed but images from the scene show buckled track which the train would have passed moments earlier.

It is not thought to have been going full speed.

A local MP said tracks had felt “a bit bumpier” in recent weeks.

Intense heat can cause steel rails to expand and push against their fixed boundaries. The track may then suddenly warp or buckle.

Rob Bradley, travelling with six-year-old daughter Mabel, said: “Our carriage jumped vertically. We could tell it was a derailment.

“The emergency brakes went on and everything got thrown forward – my laptop, AirPods, our bags. Mabel was luckily facing the other way on a table so the seat was protecting her.

“My instinct was to jump out of my seat and grab her from a protection perspective.

“The train skidded for quite a while before it stopped and only then when we turned around did we see that the whole back of the train, where we were sitting, was open and there was smoke and dust pouring into the carriage.

“We could then see that a carriage had gone on its side – and I just assumed there’d been a decoupling further up the track where we were.

“But actually, the three other carriages that we started with had slid all the way down the embankment on their side into the lower field.”

Pictures from inside the train show trapped passengers on the phone to loved ones. Other images showed stunned travellers standing on the upturned carriages and in the nearby field.

Liton Miah, onboard with his wife and daughter, said: “I saved my family and tried to help another couple. The guy was bleeding heavily and there was not much I could do to help him.”

Mr Miah suffered heavy bruising to his side. He and his family were led to a triage area for treatment.

Some passengers had to be taken to hospital by air ambulance.

Susan Lees, who had to climb a ladder to get out of the rear carriage, said: “It all happened so quickly. The first thing, I hit my head and thought, ‘God, that was hard’. The next thing was my shoulder, then my ribs. Everything was upside-down. I’m just happy to be alive. Some were injured badly.”

Jewellery maker Oriana Evans, 54, who walked some injured to the nearby Landport Community Centre, said: “They were in shock.”

Last night, Chief Superintendent Dominique Ioannou, from British Transport Police confirmed a major incident was declared. He added: “A number of passengers were initially trapped, but thankfully, were soon safely evacuated from the train. At this stage, we know that two people have sustained serious injuries and a further 18 have suffered less serious injuries. Those injured were assessed and treated at the scene, with some taken to local hospitals for further treatment.”

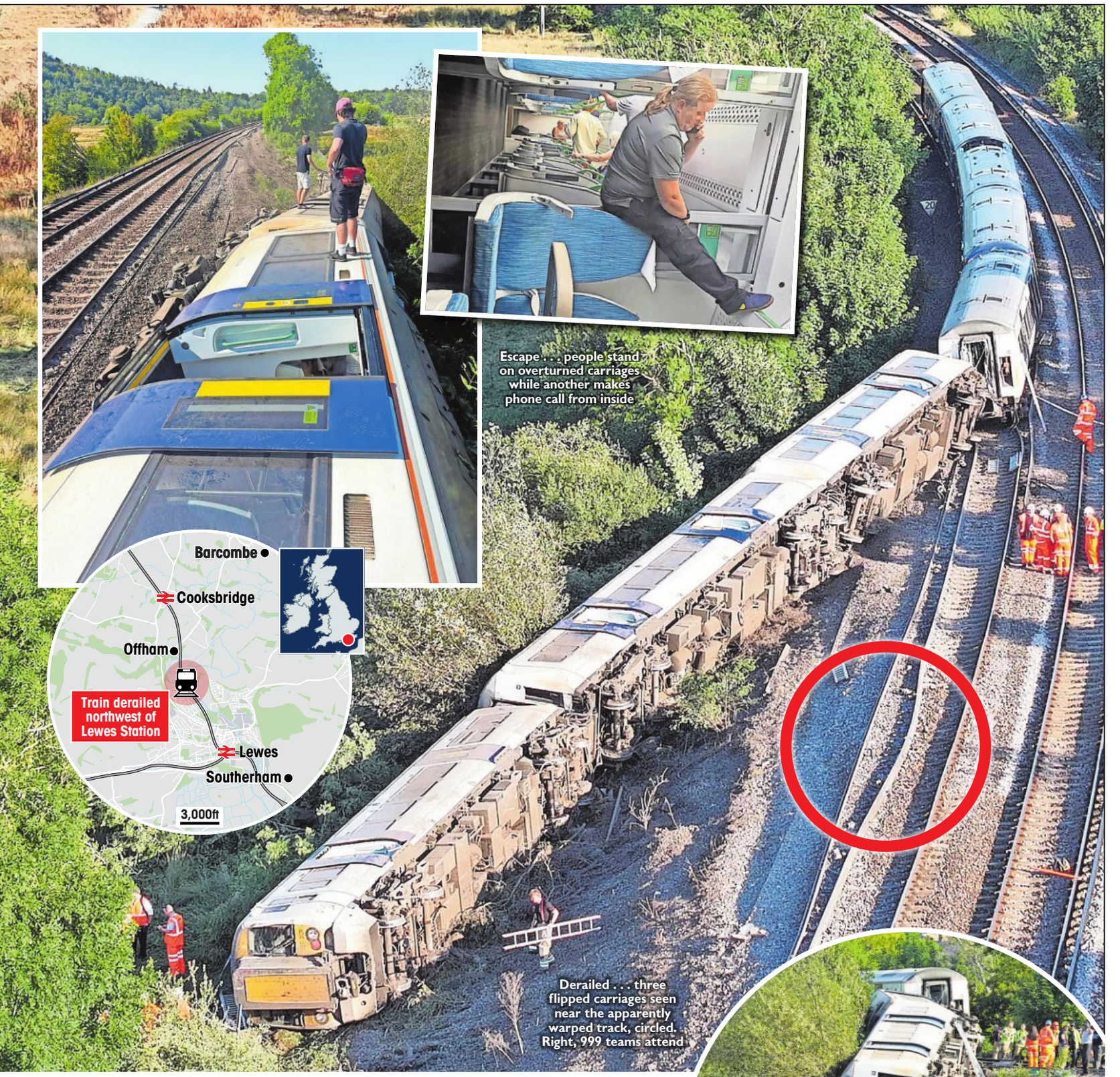
Michael Bradfield, of South East Coast Ambulance Service, said: “I’m pleased to say that we have, as a coordinated effort, rescued and treated everyone involved. There were no fatalities.”

Mina Arnold, who was stuck in traffic near the derailment, said: “There’s so many police, and there must be about 20 or 30 ambulances. There’s five helicopters as well, and police dogs.”

Another witness, Ross Taylor, 33, added: “I have never seen a response like this. It is so shocking, quite nuts. The kids are loving it – the blue lights everywhere, the helicopters, but they just don’t understand the severity of it.”

Southern Rail, which operates the service, said: “A train has derailed in the Lewes area. This has closed all lines running through this station. As a result of this, trains are currently unable to run through the area to allow the emergency

OVER WITH 150 ON BOARD



Escape . . . people stand on overturned carriages while another makes phone call from inside

Derailed . . . three flipped carriages seen near the apparently warped track, circled. Right, 999 teams attend

services to attend the incident." The spokesman added: "It is strongly recommended that you travel later today where possible."

Local Lib Dem MP James MacCleary said: "I'm aware of reports of a train crash in the Lewes area this afternoon. This looks to be a very serious incident. I'm in touch with the authorities and will share more information when I have it."

He later told Times Radio: "I had a meeting literally last week with GTR, who are the parent company of Southern Rail, and we did discuss the track and the fact that it has been a bit bumpier in recent months, which is possibly a result of the incredibly hot weather we've had recently. But I can't speculate at all on the cause of the accident.

"Of course, there'll be a full investigation and we'll have to wait to see what that says but we do know that the rail companies have been reporting that the extreme dry conditions have been affecting embankments and track conditions.

"We've had a lot of speed restrictions in the area recently, which is directly related to the heat.

"We'll have to see what the investigation crops up but there have been concerns about the condition of the tracks recently, definitely."

The Rail Accident Investigation Branch confirmed: "RAIB is deploying a team of inspectors to the site of a passenger train derailment to begin gathering evidence."

BTP's Assistant Chief Constable Ian Drummond-Smith said: "Our thoughts are with everyone affected, and I'd like to reassure the public we are supporting the Rail Accident Investigation Branch to establish what's happened."

The railway line between Haywards Heath and Lewes will be closed until at least Monday, with bus replacement services running.

KIDS WITH TOP GRADES RISE

BOY, WE DID IT

Lads beat the girls on A-level result day

BOYS have strengthened their lead over girls in gaining the top two A-level grades, yesterday's results reveal.

Figures show 28.9 per cent of male pupils scored an A or A* this year, which was 0.9 per cent higher than their female peers.

Boys also took the lead last year, ending the girls' seven-year victory streak, but the gap between them then was just 0.2 per cent.

By RYAN SABEY

One reason for boys doing better is more of them choosing subjects such as maths, where there was a higher share of top grades awarded.

Meanwhile, the proportion of students getting A or A* grades rose for the third year in a row.

The pass rate overall, those getting a grade E or higher, was 97.5 per cent.

Officials also confirmed a record 262,820 school leavers have earned a place at university. This includes an increase of students from the most disadvantaged backgrounds, Universities UK said.

PM Andy Burnham said of the results: "Whatever it says in those envelopes, you should be proud of the hard work that got you here. And remember, there isn't just one route to success."

It comes as Labour is pushing more vocational training, starting from the age of 14.

ryan.sabey@thesun.co.uk

Success . . . at The Bewdley School, Worcs

Picture: LEE HUDSON/ALAMY

Joy . . . Birbalsingh

A* pride for 'strict school'

By BENEDICT ELLIOT

BRITAIN'S strictest head-teacher is celebrating after nearly 70 per cent of her school-leavers achieved an A or A* in their A levels.

Katharine Birbalsingh's no-fee Michaela Community School got results like Eton despite being in deprived Brent, North London.

It comes after Education Secretary Lucy Powell said forcing students to focus on academia was "letting down" the disadvantaged.

Tory counterpart Laura Trott tweeted: "Looking forward to Lucy Powell explaining how these results will be detrimental to the children involved."

Ms Birbalsingh has been critical of Labour plans to curtail school freedoms.

18+ be drinkaware.co.uk for the facts. Subject to availability. Selected stores. GB Only. Prices correct and checked at tesco.com on 12.08.26. Prices and packaging may vary. Tesco may sell other products at other prices. Saving based on this branded product at Tesco vs the cost of an equivalent product meeting the same need at Lidl. See lidl.co.uk/savemore for more details.

DAYTIME STAR IN SHOW EXIT

2005

Denise, right, with Coleen Nolan, left, and Terri Dwyer

DENISE ON THE LOOSE

Welch quits TV panel to focus on her acting

2026

From left, Kaye Adams, Denise, Laura Whitmore & Katie Piper

In demand . . . Denise attends launch event for her TV drama Tip Toe

Corrie . . with Charles in 2000

EXCLUSIVE
by CLEMMIE MOODIE

DENISE Welch is leaving Loose Women after almost a quarter of a century on the ITV show.

The former Corrie star, 68, will quit the long-running lunchtime programme to focus on her acting.

Major screen and fashion opportunities are already in the pipeline – with Denise in such demand she will be seen in five TV shows in as many months.

A source said: "It really is the end of an era.

"She's taking a massive leap of faith and going to focus solely on her acting which, really, has always been her first great love.

"Over the past 18 months she's also won herself a whole new fanbase with Gen Z and the LGBTQIA+ community especially. This has seen her offered high-fashion photoshoots, and given new social media opportunities.

"Now's the time to pursue her dreams, although she will be devastated to wave goodbye to her Loose friends and colleagues. She will be sorely missed."

The award-winning series began in 1999, with Denise making her guest debut the following year. Since then, she has been a regular on the panel, which has four women from the entertainment and journalism industries interviewing stars, discussing their personal lives and debating topical issues.

Other regulars include The Sun's Jane Moore, Coleen Nolan and Janet Street Porter, plus a raft of newer faces brought in over the past five years in an bid to "modernise" the format.

Denise has long been regarded as one of the show's most recognisable faces.

The actress, previously married to Benidorm star Tim Healy, became a household name in the role of Rovers landlady Natalie Barnes in Corrie from 1997 to 2000.

Her affair with Kevin Webster and other major storylines regularly drew in more than 20 million viewers. And she was behind the bar when King Charles, then the Prince of Wales, visited the set for the 40th anniversary in 2000.

Denise, now married to artist Lincoln Townley, recently starred in Channel 4 drama Tip Toe. She will soon be in its new sitcom Stepping Up, and the Graham Norton novel adaptation Forever Home and crime drama Benidorm Is Murder – both on Channel 5.

A source added: "Denise has been filming so much of late, it simply became untenable to do both Loose Women and acting. One had to give."

A Loose Women spokesman last night said: "Denise has been such a brilliant part of the Loose Women family and we are going to miss her hugely."

Kidman: Divorce left me fearful PAGES 12&13

HOMES ARE SET ALIGHT AS

Billowing smoke . . . aerial view of wildfires burning in Stourbridge, West Mids

●CHILD AND THREE FIREFIGHTERS HURT

●HOUSES TORCHED AS FIRE JUMPS ROAD

TINDERBOX

FAMILIES fled houses in terror before they were consumed by raging wildfires yesterday — as the country turned into a tinderbox on the hottest day of the year so far.

By ODHRAN GALLAGHER

Flames ripped across the West Midlands in "apocalyptic" scenes, leading to forced evacuations and leaving some homes completely destroyed.

The fire service said the fierce blazes were spread by winds and even "jumped across roads" to reach housing areas.

One woman was rushed to hospital after 50ft flames tore through back gardens yesterday morning in Tamworth, Staffs. A child and three firefighters were also taken for A&E treatment in the region.

Drone footage from Stourbridge showed smoke billowing across the landscape and visible for miles – with one witness describing the scene as "like something from a horror movie".

Motorist Michael Morgan was shocked when he saw the inferno spreading rapidly and stopped to call the fire service

He said: "When the fire brigade finally came, the whole lot was just engulfed in flames, including the fire truck.

"The flames just came straight through the bushes and covered the fire truck in flames. It just engulfed it." Local councillor Andrew Tromans described the scene as "apocalyptic".

He added: "Please do all you can to support the emergency services whilst they do their vital work."

The fire was raging across an estimated 40-acre area including a forest. Witnesses described the out-of-control flames even spreading across roads.

Dozens of people were evacuated from their homes in the market town as 100 firefighters were drafted in to tackle the blaze.

Meanwhile, houses were also ravaged by a fire in Stoke-on-Trent, where a residential street went up in smoke as the flames appeared to leap from a nearby field.

Other towns including Sandyford, Stratford-upon-Avon and Solihull were battling wildfires as emergency services advised that further evacuations could take place. In Castle Vale, Birmingham, a woman was seriously injured as a blaze tore through several homes.

The chaos even brought the M6 motorway to a standstill as a fire that took hold next to the carriageway caused smoke to billow in front of motorists.

Britain is having one of its driest summers on record, with nearly three-quarters of the country in drought. Temperatures reached up to 38.1C (100.58F) yesterday.

Scorching weather has left the countryside bone-dry, creating lethal tinderbox conditions.

It is thought that the monster Stourbridge blaze began on a golf course before jumping into a residential area.

Firefighters rushed to the scene after being alerted at around 1.30pm. Max Beckerleg, who witnessed the fire take hold, tried to "beat it out with leaves to prevent it spreading". One member of the club had to be evacuated on a golf buggy after he was "cornered" by the growing flames.

Locals fearing for their homes were told to wet their fences as they prepared to evacuate.

Others were told to stay inside to avoid the black smoke filling the landscape. Some worried homeowners in the town were seen damping down smouldering fields near their homes with buckets of water and watering cans.

West Midlands Fire Service said it was facing "extreme levels of demand" as the "extensive grass fire" burns. The area's former MP, Suzanne Webb, who still lives locally, said that she was alerted to

WILDFIRES HIT MIDLANDS

Terrifying . . . Stourbridge homes go up in flames as the fire spreads

> The flames just came straight through the bushes and covered the fire truck in flames. It just engulfed it
> – STOURBRIDGE RESIDENT MICHAEL MORGAN

Evacuation . . . blaze rips through house in Stourbridge and, right, resident packs his bags

BRITAIN

the fire by the smell of smoke before witnessing "huge plumes" and ash falling from the sky. In Pershore, Worcestershire, resident James Lees described the wildfire there as the worst he had seen in a decade.

He said: "All of a sudden a big puff of smoke came from a house, probably about four doors down from where it originally began. It was big, black, billowing smoke and then it kind of just spread across the houses like a domino effect."

West Midlands Fire Service said the wildfire its crews were tackling in Stourbridge has "several points of origin" as they warned of road closures and fallen trees.

It added: "Our crews are working tirelessly to control the blaze, prevent it from spreading further and reigniting in these dry, hot conditions. Three members of fire service personnel have been taken to hospital, six members of the public have been treated for smoke inhalation as well as one child who has been taken to hospital."

Chief Fire Officer Simon Tuhill described it as "some of the most challenging conditions I've seen in my 28 years in the service". He added: "The devastation is extensive."

As crews from Staffordshire Fire and Rescue were on the scene in the Goldenhill area of Stoke, the brigade said: "A small number of properties and gardens in the Sandy Road area have been affected by fire. Sandyford Park remains cordoned off."

Another major incident was declared in Mousehold Heath, Norwich, where flames engulfed woodland and threatened to ignite nearby homes. In Wiltshire, crews scrambled to tackle a persistent grass fire near the Westbury White Horse landmark. There was also traffic chaos on the A13 in Rainham, East London, after a car fire quickly spread and ignited roadside fencing.

At least seven separate wildfires were burning across South Wales, threatening homes and choking villages with smoke. Fires services have also warned of flames spreading through Merthyr Tydfil, Rudry Forestry, Mountain Ash and Newport.

Last night, PM Andy Burnham praised the efforts of the emergency services and said online: "Awful to see homes and communities hit by fires across the country as the heatwave continues.

"My thoughts are with everyone affected, particularly those who have been injured or forced from their homes, and with the firefighters who have been taken to hospital."

Drama . . . flames rip through gardens in Tamworth, Staffs

THE Sun SAYS

Growing pains

ONE of Andy Burnham's key slogans since becoming Prime Minister is "growth in every postcode".

Whatever that means.

Yesterday's quarterly GDP figures show there is still a very long way to go.

Despite the promises, growth has basically flat-lined for over two years. Tax rises have squeezed incomes and businesses, while giant welfare bills have become a massive drag on the economy.

That has left the construction industry in ruins, shattering any hopes that the Government can build the 1.5million new homes it pledged.

More than one million young people are not in work, training or education as a result of Labour's National Insurance and minimum wage increases.

What do Burnham and his Chancellor John Healey plan to do about either?

The signs are not good.

More taxes **ALWAYS** mean less growth. Yet Burnham is planning a wealth whack on individuals and property that will drive away entrepreneurs.

Closer ties with the dying EU won't deliver growth either. The ongoing Iran War also threatens to blow a huge hole in Healey's plans at a time when he **MUST** ramp up defence spending.

The autumn, with no heatwaves or World Cup to boost spending, could see a painful economic slowdown ahead of Healey's first Budget.

Burnham came to power promising radical change. The signs are that it won't be for the better.

Hard Labour

YVETTE Cooper finally admits what most of the country may have decided a long time ago: Labour hasn't been very good at being in government.

Turning on the man who made her Foreign Secretary, Cooper says Sir Keir Starmer's hands-off style of management meant their first two years in power were wasted.

Certainly, there have been precious few upsides and plenty of disasters. Welfare up, taxes, spending and debt all up, inflation and unemployment both up and defence spending down. The Chagos Islands giveaway, the endless U-turns. The Peter Mandelson scandal.

The only question is: Will Burnham prove to be any better?

Dawn of the dud

LABOUR truly is the party of the sneering metropolitan elite.

In response to a post on the struggles of the betting industry – which employs thousands and supports dozens of charities – Dawn Butler MP posted: "lol."

Laughing in the faces of ordinary punters who choose to spend hard-earned money on a harmless flutter is typical of a party that has lost all connection to its working-class roots.

Butler's attitude reflects many within Labour's ranks for whom the first instinct is always that Nanny Knows Best.

JULIA Hartley-Brewer

Listen to her on Talk, 10am-1pm Monday-Thursday

It's not just the well-off who don't want illegal migrants, Burnham ...it's everyone

ARE you playing your part? Are you doing your fair share? The Prime Minister wants to know.

It turns out that going to work every day to put a roof over your own family's head isn't enough any more. And neither is paying thousands in taxes to fund other people's families, too.

No, according to Andy Burnham, we all need to do more for the country by accepting our "fair share" of illegal migrants into our local neighbourhoods.

Mr Burnham says middle-class families need to "play their part" when it comes to asylum seeker accommodation, instead of leaving the burden to fall on poorer parts of the country.

He told the country this week: "We cannot have a situation where it's only the poorest communities in the country that receive all of the dispersal of refugees and asylum seekers. I do believe all parts of the country need to work to play their part."

Foot the bill

No10 then doubled down, with a staffer insisting that the PM "feels the current system is unfair, and as a point of principle, he wants to see a redress of the distribution. He acknowledges that it would cost more money to do it more fairly, but that is what we need to do".

Sorry, Prime Minister, but we don't all have to play our part. We never asked for these people to come here and we don't want them here.

And it's not a "point of principle" for us all to have to endure the arrival of thousands of undocumented fighting-age men from far-flung places into our local hotels and residential roads to hang around on street corners, take illegal work and sexually harass teenage girls.

What the PM said is wrong on so many levels. First, Mr Burnham appears to think that better-off people need to follow poor people who have "accepted" these illegal migrants into their areas. They absolutely have not.

Illegal migrants have been imposed against their very clearly expressed wishes, and often in the face of opposition from local councils, too.

Apparently Mr Devolution doesn't like local people power when it comes to asylum seeker accommodation. Or has he somehow managed to miss all the protests outside asylum hotels in Epping, Crowborough, Canary Wharf, Bristol, Liverpool and Manchester, to name but a few?

The PM also assumes that the middle classes aren't playing their part already when it's their taxes which foot the bill for the many billions of pounds spent on migrant accommodation.

Many better-off areas are already sharing the burden, including my own local high street, where the only hotel now only houses asylum seekers.

Only 17 local authorities out of 361 have so far been spared the arrival of illegal migrants in their areas, which hardly suggests most Britons have dodged that particular bullet.

When Andy Burnham promised us "growth in every postcode" on his first day in No10, I don't think most of us thought he meant *that* sort of growth.

What was most illuminating from Andy Burnham's comments, however, was his inadvertent admission that having illegal migrants in your area isn't necessarily a good thing. Apparently it's a burden that we all need to share rather than a blessing.

MISGUIDED ... Burnham

Who would've guessed that all these young men paying people smugglers are not in fact fine, upstanding engineers and doctors desperate to pick up litter and help little old ladies across the road to show their gratitude to us for giving them refuge?

And let's face it, by calling on us all to share the burden, Andy Burnham was also admitting that he can't and won't solve the boats crisis. And he's not even going to bother to pretend that he will.

Fewer than 300 migrants crossed the Channel on dinghies in December 2018 when the boats crisis first emerged. It was such a big story at the time that then Home Secretary Sajid Javid had to cut short his family's Christmas holiday to come home to deal with it.

Eight years later, we see 230 migrants arriving on just one boat in one day and the PM decides to hold an emergency Cobra meeting to discuss . . . the weather and whether to ban disposable barbecues.

Perhaps the only answer is for us all to follow in the footsteps of the Oxfordshire village of Piddington, where the 400 local residents have voted to hold a referendum on seceding from the United Kingdom to prevent 1,250 illegal migrant men from being housed just a few hundred yards away in Bicester barracks.

Meanwhile, all the MPs, charity workers, civil servants, human rights lawyers, BBC and Guardian staff who insist every arrival is a desperate refugee deserving of our sympathy can happily take all these young men into *their* local communities. Or, better still, into their own homes.

We've seen one illegal immigrant landing on Britain's shores every 14 minutes since Labour came to power two years ago. And even though numbers have fallen since last year, most of the illegal boat migrant arrivals – largely fighting-age men from countries with alien cultures – are still here years later.

Detain and deport

Indeed, some 200,000 illegal migrants have arrived here since 2018.

And we are still paying for most of them to the tune of some £4billion a year.

It's not only better-off folk who don't want illegal migrants in their streets. **NO ONE** wants them. We don't want them in four-star hotels or two-star hotels. We don't want them in flats, barges or former Army barracks. We don't want them, full stop.

Spreading asylum seekers around a few more postcodes, shuffling them from inner city sink estates to leafy villages, isn't the solution to this problem.

The solution is to stop allowing more illegal boat arrivals into our country and to detain and deport the ones who are already here.

The one thing Andy Burnham *is* right about is that the current system is unfair – but it's unfair to *all* British people.

The only "point of principle" he should be caring about when it comes to illegal migrants isn't which postcode they live in but that people who have no right to live in Britain should not be here at all.

Breast cancer . . . Lucy

Stricken Lucy in a tribute to her fans

By FELICITY CROSS

THE Office star Lucy Davis has thanked fans for their support since revealing her diagnosis of incurable breast cancer.

The actress, 53, told fans earlier this week it was too late for chemo.

Lucy, who played Dawn Tinsley in the BBC sitcom, wrote online: "The last two days have been utterly overwhelming, in that I had ZERO idea my cancer post would have the attention it did.

"Truly, I am in shock. That said . . . THANK YOU to everyone for the tremendous amount of kindness and support.

"I am trying to go thru all the comments."

And she joked: "To the people who slightly misread the news and commented R.I.P, you'll be delighted to know I am still alive – hurrah!"

She also shared a fun clip saying: "To lighten things up, here's a video of my first (and last) skateboarding lesson."

Comedian . . . Chris

Pals not amused by Chris' bar jokes

By ED SOUTHGATE

COMIC Chris McCausland has said his friends never found him funny.

Chris, 49, became a telly favourite after winning Strictly in 2024.

But he has now revealed that his mates are all "gobsmacked" he has succeeded in a stand-up career.

Despite being the joker growing up, he said it did not translate into being a laugh in the pub.

The funnyman told the Happy Place podcast: "You ask my mates, all of them I've picked up along the way, they will say the same thing about my comedy.

"They are gobsmacked because I was never funny in the pub.

"They'll say, 'He was never funny in the pub'.

"I'd like to think I was the class joker and my school report would indicate that I was. But that doesn't necessarily indicate a level of quality."

RIHANNA TOO COOL FOR SHAWL

By JACK HARDWICK

NOW that's a wrap! Rihanna strips off except for a fluffy red shawl for her latest photoshoot.

The We Found Love singer, 38, posed for the new edition of Elle magazine — even bleaching her eyebrows for her cover picture.

The Sun revealed Rihanna is finally back in the studio, working on her long-awaited ninth album.

The record, her first since 2016's Anti, is said to be inspired by the late Freddie Mercury and Queen. Perhaps she'll be covering Bohemian Rhapsody?

Picture: INEZ & VINOODH

FALLOUT OF MAFS SCANDAL

C4 SHOW VIRGIN ON DISASTER

Island dating show facing chop

EXCLUSIVE by ROD McPHEE, TV Editor

THE future of TV's Virgin Island has been put in doubt amid the Married At First Sight rape allegations scandal.

Both Channel 4 productions put together strangers who live in close quarters and can end up having sex.

Filming on the third series of Virgin Island, which sees experts help 12 adults explore intimacy, was due to start this summer.

But an insider said staff were told work on the show, narrated by comic Lucy Beaumont and set on a private island in the Med, would not be going ahead. He said: "Word spread it was being halted indefinitely.

"No reason was given and it's had good ratings, so everyone thinks it's because C4's still reeling about MAFS. After all, both are highly sexual shows involving the public."

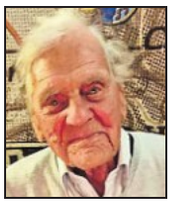
A former Virgin Island contestant, Ellen, from Haywards Heath, West Sussex, said last week that participants often broke a rule not to visit each other's accommodation at night.

On BBC's Panorama in May, two women on MAFS accused their on-screen husbands of rape and a third alleged sexual misconduct. The claims are denied and an external review into welfare on the show is ongoing.

Channel 4 said it was delaying "outstanding commissioning decisions on big returning series" until a new director of programmes is appointed.

rod.mcphee@the-sun.co.uk

Voice . . . Lucy Beaumont



Tragedy . . . Phillip

Grandad, 102, dies after 'pub gig push'

By ALEX WEST

A MAN aged 102 has died after allegedly being pushed off a stage as a band played in a pub.

Phillip Ormerod is said to have asked for the music to be turned down during the show.

The great-grandad, who was diagnosed with dementia in recent years, ended up on the floor, which was down three steps from the stage.

A witness said Phillip, who died in hospital, broke his hip in the fall.

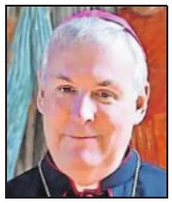
He was a regular at the pub – The Crow's Nest in Cwmbran, South Wales – near his home.

Llanelli-based band SuperHans were playing at the time on August 1.

A man, 56, from Llanelli was arrested.

Phillip's son Robert said: "We just hope for some justice . . . what happened is not nice."

Widower Phillip, a retired design draftsman, still lived independently.



Rap . . . David Oakley

Bishop in court for 'rapes' of teen girl

By MIKE SULLIVAN

A CATHOLIC bishop has appeared in court charged with two historical rapes of a girl under 16.

Bishop of Northampton David Oakley, 70, was said to have begun a romantic relationship with the girl, then 15, after going on pilgrimage together to Lourdes, France, in the 2000s.

Prosecutor Sarah Madden told that the alleged victim "recalls sex with the defendant on at least two occasions".

Oakley was arrested in September 2025 and later stepped down from public ministry while under investigation.

He was not asked to enter pleas yesterday as he appeared at Westminster magistrates' court for the first time via video link, and was granted bail.

The case was sent to the Old Bailey, where a plea hearing will take place on September 10.

A-LIST ACTRESS REVEALS HOW

I didn't expect to divorce Keith. The future, it's completely unknown to me now

Says NICOLE KIDMAN

By HOWELL DAVIES
Associate Bizarre Editor

SHE is a picture of Hollywood poise – but inside Nicole Kidman feared for the future after the end of her marriage to country singer Keith Urban.

They seemed to be one of showbiz's most enduring couples, balancing their private lives with hugely successful careers.

So when Oscar-winner Nicole called time on their 19-year union last September, it sent shockwaves through celebrity circles.

Even though it was the actress who lodged the papers in Nashville to end the marriage, Nicole reveals she had never imagined their romance would crumble.

In the cover interview for the September issue of British Vogue, Nicole, 59, said: "I'm like, 'OK, I didn't expect this. I had a different view of what my life was going to be, but this is what it is now'.

"You make all these plans and you have all these ideas of what it's all going to be like and then it's . . . not.

"You have to adjust. You adapt. The future, it's completely unknown to me right now . . . Strange."

Attempting to sum up how she felt at the time of her marriage split, she said: "Free falling? Jumping off? Like, where am I going? And what's next?"

She added: "There was a point where I was very fearful and deeply vulnerable, which is exposing. And then at the same time, [*I'm*] going, 'Well, I can either really not confront it and just curl up, or I can just go forward with an enormous amount of hope'."

Aussie Nicole met New Zealand-born Keith, 58, at a glittering G'Day LA event in Los Angeles in 2005 and, after a whirlwind 18-month romance, they married.

The couple went on to have daughters Sunday, 18, and Faith, 15, and travelled the world, with homes in Nashville, Beverly Hills, Australia, New York and London.

But in the weeks and months after their separation, various reports suggested Keith had already moved on with a new woman.

He was linked to his guitarist Maggie Baugh after a video emerged of him changing the words to his song The Fighter on stage. Instead of singing, "When they're tryna get to you, baby, I'll be the fighter," he sang, "When they're tryna get to you, Maggie, I'll be your guitar player."

Maggie's father denied they were involved, but it cannot have been easy for Nicole.

Her divorce from Keith was swift, finalised by January, with irreconcilable differences cited as the reason behind it.

They agreed to share custody of their children and not to pay spousal support to each other, keeping the whole thing out of court.

But Nicole has had some soul searching to do. She explained: "It requires time and I have had so many older women in my life who are incredible mentors. I had my mother and then I have another woman who sort of helped raise me since I was 16.

"Part of the way they approach life was sometimes *[to say to me]*: 'Nicole, you just got to take it on the chin'.

"Once you accept that, instead of going, 'Well that's not fair' or 'It's unjust', you go, 'Well, yes, actually it isn't fair. Because things are not fair'.

"I know my character. I know my talent. I know who I am. If I make a mistake and it doesn't connect, or something goes wrong in my life where it's humiliating, it's OK.

"Other people have had that and that's OK. Take the onus off it." Last summer, weeks before filing for divorce, Nicole was in London shooting Practical Magic 2 – the follow-up to her 1998 fantasy film with Sandra Bullock about jinxed sisters whose partners die as soon as they fall for them, and their efforts to break their curse.

And she needed the laughs after working on heavy material such as 2024 erotic thriller Babygirl and last year's psychological drama Holland.

'Throw career away'

But Nicole said: "Families have secrets. They have things that you're trying to protect your children from. So how do you do that? Or should you be doing that?"

Despite the emotional rollercoaster of the past year, the heartache of a two-decade relationship crumbling has not put Nicole off love. In fact,

FAMILY ROLE . . . with daughters Sunday, *left*, and Faith at Oscars bash in March

GOLDEN COUPLE . . . Nicole and second husband Keith in 2024 before marriage crumbled

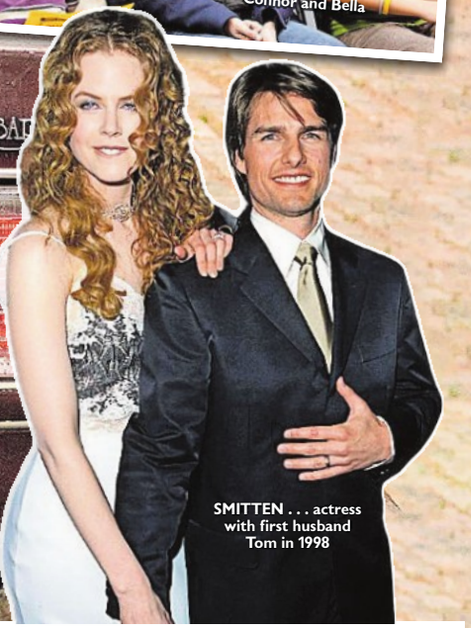
'I'm like, OK, I didn't expect this. I had a different view of what my life was going to be, but this is what it is now. You have these ideas of what it's going to be like and then it's...not'

SPLIT MADE HER FEEL 'VULNERABLE'

'I got married so young. I was 22, 23 years old and I had this huge movie-star husband. But it just seemed completely natural. We just fell madly in love, it was that simple'

SPELLBINDING . . . Nicole in Practical Magic 2 and, *inset*, businessman Michael Reinstein, who she has been linked to

COURTSIDE . . . at basketball game in 2004 with children Connor and Bella



SMITTEN . . . actress with first husband Tom in 1998

DAYS OF WONDER . . . Nicole in the new edition of Vogue

VENETIA SCOTT/VOGUE

quite the opposite. She explained: "I've always wanted to live a well-examined life, so what does that entail?

"Trying things, making mistakes, failing, getting back up, moving on, embracing love, staying open, keeping the heart open and the possibilities."

Perhaps, then, it is no surprise that in recent weeks, Nicole has been romantically linked to a new man – a private equity boss named Michael Reinstein, said to be worth more than £250million.

They were seen sipping cocktails together by a pool in Portofino, Italy, last month.

And days later, he was pictured picking her up in his Ferrari from an airport in Los Angeles.

But it's fair to say her split from Keith was not her first heartbreak, following her highly publicised 2001 divorce from Mission: Impossible superstar Tom Cruise, 64.

They met on the set of 1990 movie Days Of Thunder and got married that year, adopting daughter Bella and son Connor.

Nicole later said their relationship ended because she "was a child" who "needed to grow up".

But as for whether it has been any easier dealing with the fallout of a second divorce, she said with a laugh: "It's all new. Every time."

Even 25 years on, it's clear Tom had a profound effect on her and made her adept at dealing with the intense spotlight that comes with being a major celebrity.

Nicole, who had only starred in a handful of films before meeting Tom, said: "I got married so young. Suddenly I was 22, 23 years old and I had this huge movie-star husband. But it just seemed completely natural.

"We just fell madly in love and it was that simple. I remember people saying to me, 'OK, well this is really going to affect your career'. I'm like, 'I don't care. I'm in love. I want to be married'.

"And then I was his 'wife' and they were like, 'See, we told you'. I'm like, 'So what? I wasn't meant to marry the man I love? Of course I'll throw my career away. I don't care'."

Her romance with Tom did not hamper her career, though.

During their marriage, Nicole went on to appear in big-budget flicks including Batman Forever, Eyes Wide Shut – alongside her then-husband – and Moulin Rouge!

Since then, she has become one of the most prolific and celebrated stars in cinema.

'Hurts a lot'

She won Best Actress at the Oscars in 2003 for her portrayal of writer Virginia Woolf in The Hours.

She also appeared in films including Australia, Paddington, Lion, Aquaman and Being The Ricardos. Nicole said: "I just think there are some people who are wired to work. I just am." She added: "I do have a sort of mind-over-matter thing. I have it with pain. They say redheads feel pain more, but I'm known to be able to push through. It all hurts a lot and you still keep going."

Four decades on screen does not stop Nicole going incognito when she wants to. She revealed she has been having a "Euro summer", including a getaway to the world's party capital, Ibiza, where she loves a "rave" in disguise.

Asked what a night out looks like for her, Nicole said: "Dinner at 10.30pm, club at 1am. I'll put on glasses. Sometimes I'll wear a wig to hide, a little dark wig, and then I can just dance.

"As long as I'm surrounded by people – I take people with me – then I'm fine. I need it."

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Ally Ross

ally.ross@the-sun.co.uk

Unexpected morons in the bagging area

TIPPING Point, Ben Shephard: "Mistletoe And Wine was a 1988 Christmas number one single for which British singer?"

Colin: "The Pogues."

The Chase, Bradley Walsh: "Which of the UK's Armed Forces was founded at the Hotel Cecil in London in 1918?" Ellie: "Raffles."

And Bradley Walsh: "What Welsh mountain is the principal massif in the Snowdonia mountains?"

Sandra: "I want to say Ben Nevis."

Please don't.

SUNDAY'S impenetrable episode of Van Der Valk.

Fifty-five-year-old ex-EastEnder John Partridge wearing a vest to appear on Good Morning Britain.

The once serious Newsnight interviewing an effing drag queen about the economy.

Random TV irritations

And claret-ravaged LBC host James O'Brien trying to work out why he keeps getting conned by charlatans, like Jason Arday and Carl Beech, but failing to conclude it's because Britain's crackpot community has sussed out he's so blinded by political prejudices he'll swallow any old fairytale, just so long as it's a left-wing one. Thereby guaranteeing it'll happen again and again and again.

Holly, it's time we pulled Together

HOLLY WILLOUGHBY is very much a woman on the edge.

Of what? I'm still not 100 per cent certain.

But she definitely isn't on the edge of asking a decent question, or being invited to give the MacTaggart Lecture at the Edinburgh Television Festival.

At least, not on the evidence of her new show Holly Willoughby Together, which has been available to view for nearly three weeks now, on YouTube.

An invitation viewers have resisted in heroic numbers despite naughty-come-hithers like: "Holly Willoughby teaches you toad-in-the-hole from scratch."

A culinary masterclass that, last time I looked, had been seen by just 6,600 hardy souls.

I don't have the luxury of avoiding these things, of course.

However, in the interests of fairness, a principle this column must pretend to follow, I've largely left Holly Willoughby Together alone, so the show could find some sort of rhythm, point and maybe even a few viewers.

Uniquely awful

But that's clearly not going to happen now, so let's start by saying Holly Willoughby Together is a fantastically inappropriate name for an enterprise based entirely on old This Morning segments, where they very clearly haven't got anything together.

Kitchen P**spot would've been more accurate, given Holly's at such pains to let us know she likes to drink and swear, or better still, Holly Willoughby: Talk Amongst Yourselves.

No matter how you package it, though, Holly's efforts would be nailed on for The Worst Show of 2026, if it wasn't occupying the grey area of YouTube.

For it is a uniquely awful and amateurish venture with nothing to recommend it beyond the fantastically blank look on Holly's face when actor Stanley Tucci started trying to explain the Italian unification of 1861, while making deep-fried courgettes with pasta, on show one.

BIG QUESTIONS . . . Holly, and in the kitchen with Joanne McNally

Mind you, the expression of startlement that tried to form across Katherine Ryan's rigid features, a week later, when Holly asked her "What's your favourite cheese?" was also pretty special.

But I'm going to let that one ride, because it was at least a proper question.

They're not Holly's strong point, you see. Maybe they never were.

But during the 22-month hiatus since she left This Morning, I'm going to guess Holly's spent an awful lot of time watching Love Island as she no longer seems capable of speaking in proper sentences. Or at least, not ones that come to a point and don't include at least four "likes" and an "I mean".

The girl can gush like the Deepwater Horizon oil rig, though, telling comedian Joanne McNally: "I'm beyond excited you're here. You know how much I love you. I love you, like, you and Vogue Williams are just, like, the best things ever, I think.

"I mean, individually you're wonderful. Your tour was, like, so brilliant I honestly, like, go and watch this woman. She's just amazing."

Which was quite an introduction, given they were due to spend the next 45 minutes talking about tracksuits.

Schofield would've dug Holly out of these holes, of course. But she's got no sidekick here and very little format.

It's just Holly and a toad-in-the-hole. Or worse, just Holly and Katherine Ryan where things got so grim they ended up playing Shag Marry Avoid with Romesh Ranganathan, Rob Beckett and Josh Widdicombe. A game where, had the gender roles been reversed, the two male presenters would've ended up being cancelled and banned from public life for ever.

This week, as part of her cookery feature, the production team also wheeled out a sausage-making machine which has been a suggestive and winning feature of British light entertainment since the days when Brucie was bossing The Generation Game, first time around.

Butt-kissing

On Holly Willoughby Together, though? It just looked like a distress flare, an admission of defeat, a holding segment for her OnlyFans career.

Why's she putting herself through this torment then?

Well, judging by the horrendous amount of name-dropping and butt-kissing going on, I'd guess that Holly is genuinely seduced by fame and loves being in the public eye.

She's so wrapped up in herself and showbusiness, in fact, that Together is the first lifestyle/chat show I think I've ever watched where the guests always end up asking the host questions.

Never was it more tellingly done than when Joanne McNally asked Holly: "Have you ever worked in a hair salon?"

"No," came the rather sharp reply.

Give it time, though.

TRIP . . . Martin & Roman

CORK IS TRULY POPPED

THERE isn't a square inch of planet Earth which hasn't now been colonised by over-exposed C-list celebrities filming travelogues for British television.

Korea, Cambodia, America, the Med, Chieveley services at Junction 13 on the M4.

Nowhere has suffered more, though, than Ireland, with the latest incursion coming from Martin and Roman Kemp's Irish Road Trip.

A three-part Channel 4 series, this one, which began not just on the same stretch of the County Cork coastline as another network venture, Julia Bradbury's Irish Journey, but with exactly the same kayaking instructor, Jim Kennedy, who must spend 90 per cent of his life giving health and safety briefings to British TV crews. From there it was but a short paddle to Cobh Harbour's Titanic Exhibition, recently vacated by Susan Calman and Jane McDonald, before Martin and Roman headed to an old prison on Cork's Spike Island, which will soon be overrun by Richard E Grant, Tom Kerridge, Alexander Armstrong and the rest of the gang.

The production team is aware of the sin of repetition, of course, so it's attempted to attach a ghosties and ghoulies theme to this trek. With the emphasis very much on the second part of that equation at the ancient Drombeg Stone Circle, where an Irish folklorist called Dr Jenny Butler painted this vivid picture for the Kemps.

"Some people have said they see fertility symbols, an erect penis with testicles, in one of the portal stones."

A monstrous, pulsing apparition that, so legend claims, cannot be ever shrivelled or subdued.

Until the day BBC2 starts filming Miriam Margolyes: Lost In Ireland, which should kill its throb for ever.

●Column returns August 28.

FURTHERMORE, Celebrity Hunted, Ray Howard: "It's got difficult to predict what Jen Brister and Laura Smyth will do next." Really? Some old s**t at the Edinburgh Festival and a panel show would be my guess.

lookalike of the week

THIS week's winner is Celebrity Hunted fugitive Jen Brister, who identifies as a comedian, and Hank Marvin, from The Shadows. Sent in by J Scott, of Dundee.

Great sporting insights

MICHAEL ATHERTON: "The players and coaches have single-handedly turned things around."

Mark Butcher: "Chris Woakes ended up with his arm in a sling last time he died."

And Nasser Hussain: "They need to keep doing what they didn't do last time."

(Compiled by Graham Wray)

TV GOLD

DIANE MORGAN'S Ann Droid, on BBC One, which will be vying for the title of 2026's Best Comedy with Mackenzie Crook's Small Prophets.

Channel 4's Spy Next Door: The Anna Chapman Story. Murder Trial: Death Of A Dog Walker, on BBC2. And BBC4 screening vintage episodes of Mastermind, with Magnus Magnusson, *right*, from 1977. A time when the contestants were all impeccably polite, respectful and well-dressed, and quiz shows weren't overrun by people so thick that, in the immortal words of Weakest Link host Romesh Ranganathan: "They'd feed bread to their toilet duck."

I miss the old version of Britain more and more with every passing year.

● **BENIDORM Is Murder, Dennis: "What do a murder and a crap comedian have in common?"**

Series two of Broadchurch, with Lenny Henry?

● GREAT TV lies and delusions of the week.

The Big Deal, Steph McGovern: "This is going to be fun."

Good Morning Britain, Kate Garraway to Kerry Katona and Terry Christian: "Don't go anywhere because we love you too much."

And Secret Lives Of Gypsy Wives, Trewley Precious, *inset*, taking ages to get ready for a night out: "I cannot be beautiful and on time." Clearly, so just be on time.

● THE Big Deal with Steph McGovern, on BBC2, is a lame art-dealing Apprentice task that got out of hand, and began with a barrage of alliteration from the host.

"Can you hawk a Hockney? Can you bargain a Banksy? Can you peddle a Picasso?"

Can we stop this naming bollocks? Before she reaches Jackson Pollock's?

Click. Yes we can.

● TV expert of the week appears courtesy of UK's Strongest Man, on Channel 5.

Katie Shanahan: "What is the technique for a good car hold?"

Lucy Underdown: "You've got to pick the car up and hold on to it."

Thank you, Lucy.

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Spiked drinks . . . Mihai

Sex-con couple's 17yrs jail for 2 kills

By ELEANOR GUNN

A COUPLE who killed two men by drugging them in a honeytrap scam have each been jailed for 17 years.

Adina Mihai, 31, who posed as a sex worker, and her partner, Madalin Dumitru, 30, arranged to meet men at their homes intending to rob them of cash and jewellery.

Four victims had their drinks spiked with a powerful sedative GBL.

Malcolm King, 80, of Bagendon, Gloucs, and Gary Mouat, 36, of Banbury, Oxon, died. Both men were married.

Romanians Mihai and Dumitru, of Ilford, East London, admitted manslaughter and administering poison to two men, who cannot be identified.

Sentencing them yesterday at Oxford crown court, Judge Mrs Justice Brunner said: "If you had done the most cursory research, you'd know GBL can be extremely toxic."

Telly great . . . Prunella

Pru's will of £3.2m to family & charity

EXCLUSIVE by THOMAS GODFREY

FAWLTY Towers star Prunella Scales left £3.2million in her will, it has been revealed.

The actress, who played hotel owner Sybil Fawlty in the 1970s BBC sitcom, died last October aged 93 following a long battle with dementia.

Documents show she left a string of bequests to good causes including £10,000 to the Snipe Charitable Trust, and £1,000 each to the Campaign to Protect Rural England and the Royal Horticultural Society.

Of what remained, her sons Samuel and Joseph West got 40 per cent each, while stepdaughter Juliet got 20 per cent.

Prunella had been married to actor Timothy West, who died in 2024.

Court records show that the estate had been worth £3,166,554 after taxes, debts and costs had been deducted.

IT'S GOSH AND SPECS

The Sun . . special edition

Eye, eye captain . . David and Victoria in the Med. Below, Cruz and Jackie

By ALEX WEST

DAVID and Victoria Beckham lie back and marvel at the once-in-a-generation eclipse while bobbing in the Med on their £16million superyacht Seven.

The star couple wore protective polarized glasses as they enjoyed the moment on the 130ft vessel moored off posh Portofino, on the Italian Riviera.

Posh and Becks were joined by teenage daughter Harper and sons Romeo and Cruz, who was with girlfriend Jackie Apostel.

Meanwhile, eye hospitals were yesterday inundated by Brits who watched the eclipse without the correct glasses, which widely sold out. Around 30 had called Moorfields in North London by 9am.

Relaxed . . Posh & Becks

FAMILY PAIN AT FREEDOM BID

EARLY RELEASE OF HIT-&-RUN KILLER

Victim . . . student Abigail

FAMILY of a student killed by a drunk hit-and-run driver are directly appealing to the PM to stop his early release.

Abigail Eggleston, 22, was struck by Liam Bowes, who had downed pints and shots at a party before getting behind the wheel.

Cowardly Bowes left Durham University law student Abigail for dead before speeding off and torching his car in a bid to destroy evidence.

He got 12 years for death by dangerous driving.

But now just five months after he was sentenced and less than a year after losing their daughter, her devastated parents have been told he will get early release.

Abigail's mother Mandy, 57, told The Sun the news hit her "like a sledgehammer". The family marked what would have been her 23rd birthday on Saturday before the Probation Service letter arrived on Monday.

It told them instead of serving two-thirds, which would have been eight years, he will now spend just six years in jail in a scheme to ease prison overcrowding

They urged No10 to ensure Bowes, *left*, stays in jail, like the PM has vowed on PC Andrew Harper's killers.

Mandy said: "My husband has severe MS. He's traumatised by the loss of Abi and now he's got the extra stress."

Abigail's dad Andy, 52, said: "The leniency of his sentence made us very angry. He may not even serve eight years. He killed our daughter."

Durham Chief Constable Rachel Bacon said she was "deeply disappointed" Bowes could be released early.

The Ministry of Justice said it was "fast-tracking a plan to keep more of the most dangerous offenders behind bars".

julia.atherley@the-sun.co.uk

EXCLUSIVE by JULIA ATHERLEY

PARIS JACKSON says she didn't meet her mum **DEBBIE ROWE** until she was 15.

It wasn't until four years after her superstar father **MICHAEL**'s death in 2009 that they connected. He got full custody of Paris in the divorce from Debbie in 2000, when she was just two.

Paris told the Call Her Daddy podcast: "I remember asking about it when I was around ten or 11, and the answers I got were sufficient to me.

"Just like – 'Oh, what's her name?'

"I moved on, and we connected when I was about 15, and then started getting closer towards the end of my teens."

BURLESQUE'S GOT TEASING PROBLEMS

THE UK tour of Burlesque The Musical is turning into a real spectacle – and not the good kind.

It delayed its opening night for a third time yesterday, citing "technical difficulties".

The show, starring FAYE BROOKES, was originally meant to launch at the New Victoria Theatre in Woking on July 25. That run was delayed to November, with a new opening date set for August 6 at Sunderland Empire.

That got moved to August 13, but it hasn't come to fruition either. I have been told there is complete chaos behind the scenes – and that just over half of the seats have been sold for what is now supposed to be the opening show in Sunderland this evening.

Another production of the show by the same team was due to open in London next month, but that's already been moved to next year, due to further issues behind the scenes.

It's rapidly becoming the biggest palaver in theatre, so my heart goes out to the embattled cast and crew.

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bi

SCUNNY DAY FOR TEMPAH?

TINIE TEMPAH famously rapped that he'd "been Southampton, but I've never been to Scunthorpe," in his 2010 hit Pass Out.

Now, 16 years on, he might finally be visiting.

Superfan and content creator Ben Johns comes from the Lincolnshire town and started a campaign to get him to perform there, with the wheels now in motion.

Tinie reached out to him and said if he can get 5,000 pre-saves on streaming services for his upcoming album The Night's Not Dead, he will pay a long-awaited visit to Scunthorpe.

I've given it a free save already, so it will automatically be in my Spotify library when it drops on October 16.

And, with it being nine years since the rapper put out his last record, I'm sure it will be worth the wait.

AFTER playing to 70,000 fans in London's Hyde Park last month, **PITBULL** is releasing his 14th studio album.

The rapper, who has scored hits Give Me Everything, Timber and On The Floor, has called the record Pitcoin and it is due to be released on October 8.

EURO CITY PROMPTS FAN FURY

BURGAS has been chosen as Bulgaria's host city for 2027's Eurovision – and fans aren't too happy.

Many had hoped the capital Sofia would be picked, but the coastal hub, with a population of just 210,000, got the nod.

This year's contest attracted 40,000 international fans to Vienna, but it's unlikely that many will be able to go in 2027, with many Burgas hotels already at capacity.

One angry fan wrote online: "The nearest available accommodation is an apartment 35km outside of Burgas. Great choice."

DARA won the contest in May with her song Bangaranga and said she hoped it would come to her home city of Sofia.

With daily flights from the UK, fans might be able to get there – but whether they'll have a place to kip is another question altogether.

Cardi in a cardie

WE'RE so used to seeing CARDI B in the most skimpy and sensational clobber that I had to do a double take when she appeared in this surprisingly down-to-earth outfit.

The singer looking like she was on the way to an office job in capri pants and heels with a yellow top and blue cardigan, but she kept her trademark talon-like nails.

She wasn't as formal, however, when it came to addressing her fans after they moaned about her latest single AH HA.

Cardi said: "When y'all complain, it doesn't make me want to sit down. No, it makes me want to say, 'I ain't doing st'.**

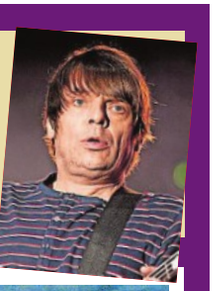
"I told myself I'd take the summer off. I'm going to live my best life."

GOT GOSSIP? CALL OR WHATSAPP THE

ELLIE HENMAN'S

arre

MANI'S FAMILY SLAM TRIBUTES



THE family and friends of late STONE ROSES bassist GARY "MANI" MOUNFIELD have criticised plans to stage more gigs in his memory without consulting them.

A tribute gig took place in Manchester in May with CAST and PETER HOOK among the performers and now promoters are planning further events but this has troubled those close to Mani, *right*.

A statement attributed to his family and friends said: "To see his identity exploited to push external profiles and fill venues, without anyone reaching out to his family for permission, is incredibly upsetting at an already painful time."

TRAVIS IS TALKING

TAYLOR SWIFT may be keeping tight-lipped about her wedding to **TRAVIS KELCE**, but her NFL hubby isn't.

The Kansas City Chiefs star used the first pre-season conference to gush about his new wife and their big day last month at New York's Madison Square Garden – although it sounds as though having air con during a 38C heatwave was one of the highlights.

Travis said: "It was a fun off-season, man. The wedding was the best night of my life, it was a crazy perfect – it was a crazy night.

"We wanted a private event, it was perfect and the AC was cooking, baby, that was the best part."

The couple's over-the-top nuptials at the music and sports venue have divided fans, with some branding the lavish occasion tacky.

But Travis, *left, with Taylor,* insisted everything was just how they wanted it.

He said: "It was kind of cool to live out my childhood dream of being in that venue, the mecca of all sports venues, being able to get married there.

"I can't thank the owners of MSG enough for allowing us the opportunity to do that, knowing that we wanted a private event and everything, and it was perfect."

Travis is expected to return to the pitch tomorrow, when the Chiefs take on Los Angeles Rams.

But with Taylor being spotted on a mystery visit to London on Wednesday night, she may miss his first game.

IT'S A BIG WILLY CAST

HELENA BONHAM CARTER, **KATE WINSLET** and **NICOLA COUGHLAN** have joined **KIT CONNOR** and **TAIKA WAITITI** in the voice cast for Netflix's upcoming animation Charlie vs. The Chocolate Factory.

The film, in cinemas November 2027 and on the streaming service the following month, will see Willy Wonka (Taika), battling to take the chocolate factory back from Charlie (Connor).

JAMES BLUNT seems to be chanelling James Bond in the video for his new single. My exclusive snap shows him looking all 007 on a speedboat in Ibiza while filming the promo for breezy track Tastes Like Summer. NATASHA BEDINGFIELD has also returned with her new single Dot Dot Dot to kick off a fresh chapter after her back catalogue of songs including Unwritten and These Words went viral on TikTok. She said: "A lot of times when people have hits 20 years ago, that's their peak. For me, I never felt like I reached it yet. In these shows that I'm doing at the moment, I'm starting to feel like I am getting there." I also recommend REMEMBER MONDAY's banger Attention, KAMILLE's single Together and the new album from AYRA STARR, Starrgirl.

Rapper Megan keen to be a contestant on Traitors

I KID THEE NOT

MEGAN THEE STALLION wants to prove she is a real dark horse — by starring on The Traitors.

The rapper says she is a huge fan of the hit BBC One show, hosted by **CLAUDIA WINKLEMAN**, and is keen to take part.

But she reckons fellow contestants would quickly banish her. She said: "Traitors is a good show.

"I wanna be on Traitors. But I keep saying, 'I think if I went on it, they would immediately vote me off because they would think I'm a Traitor'.

"I feel like when you have a big personality, people just automatically assume it's you."

Unfortunately, she has missed the boat for series two of The Celebrity Traitors, as it has already been filmed featuring big names including Love Island host **MAYA JAMA** and actor **MICHAEL SHEEN**.

But I'd love to see her in the castle next time, alongside some of our British favourites.

US star Megan has recently been back in the studio and said her next album, Act III, will feature "overdue collaborations that will shock the people".

She added: "It is going to be one of my favourite projects I ever put out because I definitely took my time with this one." After a stint on Broadway in Moulin Rouge earlier this year, Meg has developed ambitious plans as an actress, too.

She told **MICHELLE OBAMA**'s IMO podcast: "I was so nervous. I had never done anything like that before.

"But now I'm like, 'What else do y'all want me to do? I can do that'. I would do it again because I want that Tony *[award]*. That's on my list of things I need.

"I'm really wanting to take my artistry bigger. I don't only want to do music – I do want to get into acting. That's just something I really want to pursue right now.

"**QUEEN LATIFAH** is my girl. I'm definitely a student of hers.

"This is who I'm modelling myself after."

DREAM GIG . . . Meg and, *inset*, host Claudia

AB FAB NEWS

SAVED IN THE NICS OF TIME

Frasers buys Harvey Nichols

By JAMES FLANDERS

DEPARTMENT store chain Harvey Nichols has been saved from collapsing.

The takeover by the owner of Sports Direct came days after the 195-year-old retailer warned it could close within a year with no buyer or emergency funding.

The move by former Newcastle United owner Mike Ashley's Frasers Group will keep six stores open.

They include the flagship in Knightsbridge, West London – famously referred to as Harvey Nicks by Patsy and Edina in BBC sitcom Absolutely Fabulous.

Harvey Nichols had recorded five years of losses, with revenue falling five per cent to £204million in the year to March 2024.

Bosses blamed inflation, tight household budgets and currency swings.

More than 1,000 staff will move to Frasers, which also owns House of Fraser and Jack Wills, after the pre-pack administration deal.

Chief exec Michael Murray said Harvey Nichols was an "iconic British institution".

But he added that "tough choices" were needed and the business could become smaller in the short term.

Harvey Nichols CEO Julia Goddard said the deal offered "a strong platform" for the chain.

james.flanders@the-sun.co.uk

Reprieve . . Knightsbridge store and Ab Fab's Patsy, inset

Deal . . . Ashley

Stranger twins

By HOWELL DAVIES

ACTRESS Millie Bobby Brown doubles down for her new clothing range.

She appears in an ad next to herself in two different preppy outfits for the Florence By Mills line.

Millie, 22, plays Eleven, *left*, in hit Netflix sci-fi show Stranger Things.

Picture: FLORENCE BY MILLS

The Sun TRAVEL

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BACK THRU THE DECADES SOMERSET SEASIDE PARTY

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Sand Bay Holiday Village, near Weston-Super-Mare

ENTERTAINMENT:
YMCA Village People Experience, Boy Gorgeous, The Moondogs, Jimmy Jemain - 'Stars in Their Eyes' Cliff Richard, The Foundations, DS; UK's Dire Straits tribute, Marc Robinson's Dance Party tributes to Buddy Holly, Richie Valens, The Big Bopper & Dion and The Belmonts, Earth, Wind For Hire, ET as Bob Marley, Suzy Hopwood as Kylie Minogue, Keri Whip as Tina Turner, Carnaby Street, Sarah Riches as Olivia Newton-John, Maxine Mazumder as Dusty, Nat Augustin as George Benson, Buzz D'Angelo as Little Richard, Billy Shannon and The GN A-way Team.

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- Half-price drinks from 2 to 4pm and 7 to 11pm - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
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FROM £459 PER PERSON
£10PP DEPOSIT
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BEST OF THE 60s & 70s ISLE OF WIGHT CHRISTMAS PARTY

4 nights • November 30, 2026
Warner Norton Grange, Isle of Wight

ENTERTAINMENT:
Fil Straughan's Spirit Of Luther, Phil Wright's Paper Lace, The Alvin Stardust Band featuring Stars In Their Eyes' Chris Nott, Johnny Will as Freddie Mercury, The Chapman Twins' 60s Show, The Foundations, The Remakes, Roy Carter of Heatwave, Country Joe, The Swinging Blue Jeans, SoulTown Divaz, Lee Pashley - Sounds Of Bublé, The Temple Bros, 60s Explosion, Uche Eke - Soulfully Sung, Martin Jarvis as Tom Jones, Martin Cox, The Richie Hines Show and The GN A-way Team.

INCLUDES:
- Free bar 6pm to midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
- Four nights sharing a standard double en-suite chalet – singles and upgrades available
- Four breakfasts and four dinners
- Car ferry and parking

WARNER HOTELS

FROM £409 PER PERSON
£10PP DEPOSIT
FREE DRINKS
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SIMPLY SOUL & MOTOWN SUFFOLK COAST CHRISTMAS PARTY

3 nights • December 4, 2026
Warner Corton, Lowestoft

ENTERTAINMENT:
Sing Baby Sing's Stylistics tribute, Sir CJ Jackson & The Vagabonds, Maxine Mazumder as Dusty, Soul Town Divaz, Destiny Michelle as Whitney Houston, Motown's Legends, Uche Eke Soulfully Sung, Fil Straughan & Band, Buzz D'Angelo as James Brown, The Foundations, Chapman Twins and The GN A-way Team.

INCLUDES:
- Free bar 6pm-midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
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- Three nights sharing a standard double en-suite chalet – singles and upgrades available
- Car parking

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TERMS & CONDITIONS: These private events cannot be booked directly with Warner/Sand Bay. Operated by GN Holidays & Voyages (ABTA Y0291) open Mon-Fri 9am-5.30pm. Prices shown are per person based on two people sharing a standard chalet or room - upgrades and singles available. Deposit from £10pp, or full payment if booking less than 12 weeks before the event. *GN reserves the right to change acts performing. Over-40s only.

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Flavouring . . . e-cigs

Vanilla in vapes 'a threat to embryo'

By SAM BLANCHARD

VANILLA flavour vapes could be linked to miscarriages and problems in getting pregnant, a study has warned.

Researchers tested the effects of vanillin, a chemical widely used in e-cigarettes, on embryos.

They found that high concentrations can kill off embryonic cells.

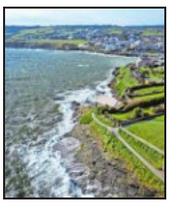
Vanillin binds to a protein called TRPV4 on the surface of cells allowing a rapid influx of calcium.

This can also harm the development of muscles and the nervous system.

Study leader Prof Prue Talbot, of the University of California, said: "Women do not necessarily know the chemicals in vape products.

"Our findings suggest they should be cautious and advised not to vape during pregnancy."

The team is now studying the effect of menthol and a synthetic coolant used in e-cigarettes.



Incident . . . Anglesey

Agony of jellyfish eye sting on yacht

By SARAH RIDLEY

A YACHTSWOMAN had to go to hospital after being stung in the eye by a jellyfish tentacle accidentally hauled aboard.

She was in intense pain and momentarily blinded.

The victim was anchored off Anglesey when she pulled in a line from the water without realising it was covered in jellyfish tentacles.

The RNLI was called to the scene at Moelfre and advised her to go to hospital. Moelfre RNLI coxswain Vince Jones said the woman had been "recovering a line in the water which had tentacles all over it".

She "either rubbed her eye with some remnants on her hands, or it flicked off the rope and on to her face/eye".

He added: "She was in a lot of discomfort and the hospital said they needed to ensure there was no remaining debris in the eye."

HALF-&-HALF DESIGN AXE

SPLIT HITS THE FANS

West Ham ban 2-club scarves

Ban . . . a fan with half-and-half scarf

WEST Ham bosses have banned much mocked half-and-half scarves for good.

The divisive neckwear – bearing the names of both home and away teams – are sold outside grounds across the country and are popular with tourists.

But die-hard fans despise them, and they are sometimes outlawed for one-off games against rivals as displaying away colours at the home end poses safety risks.

The Hammers, newly relegated to the Championship, have posted warning signs at their City of London Stadium.

EXCLUSIVE by STEPHEN MOYES

They state: "West Ham United would like to remind supporters that half-and-half scarves and any items displaying the colours or crests of both clubs are permanently banned inside London Stadium.

"This policy applies at all fixtures.

"Supporters arriving with half-and-half scarves purchased from unofficial sellers will be required to hand them over to security staff at the security checkpoints and these scarves will not be returned. Fans wishing to purchase a scarf for the game are encouraged to visit the official West Ham United Stadium Store where a full range of official merchandise is available ahead of kick-off."

The rule was brought in for the Hammers' 3-1 League Cup win over Portsmouth last weekend.

The move divided fans. West Ham nut John Hayes told The Sun: "The scarves are for the tourists who take away from the match atmosphere created by die-hard fans, who are often priced out of attending by the rubberneckers.

"Having a rival club's crest on view in the home end sparks all sorts of problems.

"These scarves deserve going into the bin – with hydration breaks."

But Arsenal fan Frank DuPont hit back: "Football is meant to be for everyone. Tourists spend the most in the club shops, and picking up a half-and-half scarf from a street vendor is not going to damage the match experience for fussy season ticket holders."

Previous West Ham games where the scarves have been banned include last season's home match against Tottenham Hotspur.

stephen.moyes@the-sun.co.uk

DRUGS VIKINGPIN

COPS seize £15million of cocaine in parcels featuring the image of Norway and Man City's Erling Haaland.

They stopped a flat-bed truck after a tip-off and found a false floor containing 370 packages weighing nearly half a ton.

A woman identified only as Maria R was arrested near the Ecuador-Colombia border. Cartels often use public figures to identify shipments so drug couriers know who they belong to and who the buyer is.

Pictures of Lionel Messi, Ronaldo and Maradona have also been used.

Ecuadorian police have seized 80 tons of drugs this year — and 215 tons last year.

By ROBIN PERRIE

Star . . in World Cup Viking hat

THE Sun SAVERS

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DEAL OF DAY

STOCK up on skincare products and toiletries with Justmylook's summer beauty box. It is currently £14.99 but includes essentials worth £92.50. The bundle includes perfume, deodorant and facial sun protection.

SAVE: £77.51

CHEAP TREAT

MAKE this evening a movie night with a tub of Sephra sweet and salty popcorn – just £2.50 from Asda.

DON'T MISS LOYALTY SCHEME BENEFITS

Points of order

RETAILERS reward schemes can point the way to some great freebies and discounts from your favourite brands.

By LANA CLEMENTS

But the annoying terms and conditions on memberships sometimes mean you can forfeit your rewards.

Here's how to ensure you're making the most of them . . .

SHELF LIFE: If you are saving up your points for a splurge, check the T&Cs carefully as some brands wipe your balance after a certain amount of time or through inactivity.

The time frames vary. For example, H&M wipes points at the end of each membership year while Lidl points expire after 24 months. Costa wipes points after 12 months of inactivity, while McDonald's points expire after six months – with that period beginning on the first day of the month after you acquire them.

These expiry clauses are not always clearly pointed out, so you should check how long you have – particularly if the balance has become valuable. If it is tricky to keep track, it might be safer to use your points more frequently rather than trying to build up a balance.

REWARDS EXPIRY: It's not just expiring points that you need to worry about – some schemes void the reward you have earned after a certain period of time.

For example, Tesco Clubcard points have no expiry date but when they are converted to vouchers, the reward then has two years from issue to be used.

SCHEME CLOSURES: If a brand suddenly closes or goes out of business, your points can quickly become worthless.

Look out for updates on how to redeem your points – and do so sooner rather than later to avoid missing out altogether.

If you regularly dine at Beefeater-branded restaurants, for example, be aware that they are all due to close next month, on September 10.

However, the Beefeater loyalty schemes will wrap up on August 31.

This means you have until the end of the month to convert points to vouchers and use in restaurants.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

HAD enough of the heat? Think cooler, autumn thoughts with Primark's new homeware range, which includes this ceramic pumpkin candle, £6.

Little helper

TURN any appliance, such as an ordinary lamp, into a smart gadget with Ikea's Grillplats plug with remote control, £9.

TOP SWAP

£89

ADD some glam to a jeans and T-shirt combo with the kitten heel sandals, *above*, £89, from dunelondon.com. Or try on a similar pair from New Look, *below*, £25.99, to save some cash.

SAVE: £63.01

£25.99

SHOP & SAVE

THROW on this F&F scarf print shirt for easy summer style – down from £22.50 to £11 at Tesco.

SAVE: £11.50

HOT RIGHT NOW

SAVE 25 per cent when you buy a back to school bundle at Smiggle, including bag, lunch box, bottle and pencil case.

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Hospital . . . Chemmy

BBC ski star lung woe after lake leap

By ED SOUTHGATE

BBC presenter Chemmy Alcott was rushed to hospital with a collapsed lung after she leapt into a lake on holiday.

The Ski Sunday host, 44, posted a video clip showing her jumping off a five-metre platform.

But she landed badly and struggled to breathe at Lake Annecy in the French Alps.

She wrote: "Most people badly time a front flip off a five-metre platform and get winded.

"I apparently don't do things by halves, collapsed lung, chest drain and a very expensive lesson in rotation. I absolutely loved Annecy . . . but I'm not entirely sure it loved me back."

The video also showed Chemmy in a hospital bed attached to wires.

In February, the seven-time British champion revealed she had quit skiing on doctor's orders after breaking her leg three times in four years.

Ranted . . . Kelly

Drunk in vile Nazi salute on jet jailed

By ROBIN PERRIE

A DRUNK air passenger who yelled racist abuse and performed a Nazi salute during a flight has been jailed.

David Kelly, 56, lost his temper after arguing about politics with a passenger next to him.

He ranted at Jet2 crew, called a Turkish man on the flight a terrorist and used homophobic slurs

Kelly also talked about Hitler, did a Nazi salute, stood on his seat and refused to get down.

Crew moved people, including children, away from him on the flight to Newcastle from Antalya last December.

Police arrested Kelly on landing, Newcastle crown court was told.

Kelly, of Durham, admitted being drunk on an aircraft and a racially aggravated public order offence. He was jailed for ten months.

Recorder David Gordon called his words "vile".

HEAD OVER WHEELS IN LOVE

In quickness and in health . . on machine, and right, after fall

Something borrowed . . . pair on scooter

Grandad's scooter saves wedding day after hubby breaks ankle on stag do

Picture: KENNEDY NEWS / INSPIRE IMAGES

Drink-jiving . . Lisa and Andy dance, and inset, scooter beer

RIDE & GROOM

A GROOM who broke his leg and ankle on his stag do got married sat in a mobility scooter borrowed from his bride's grandad.

EXCLUSIVE by RYAN PARRY

Andy Sheldon, 47, used it to help him get around with wife Lisa, 42, on their big day.

She sat on his lap as he zipped about on the machine.

And they had a spin on the dance floor while he was on the electric vehicle. Gym instructor Andy said: "At first I was gutted on my wedding day as I felt I'd let Lisa down.

"I like dancing all night so it was a bit annoying that I couldn't get up and dance.

"But I took it in my stride even though my foot was throbbing."

Social worker Lisa said: "One thing I was thinking before the wedding is, 'If he's on crutches we won't be able to hold hands and walk around together'. But when he was in his chair we could. That was an absolute godsend."

Guests loved Andy's entrance to Ed Sheeran hit Thinking Out Loud, featuring the lyrics, "When your legs don't work like they used to before."

Lisa said: "When we did our entrance song, we were meant to walk down this staircase together but we obviously couldn't do that.

"I walked down the staircase and Andy used the fire exit out the back. I came in to Raye song Where is My Husband!"

Andy broke his left shin, calf bone and ankle falling down train station stairs in Leeds. The ankle ended up pointing in the wrong direction.

The dad of two needed surgery to pin the bones together. After he revealed his wedding was in a week, the hospital found a cancellation and rushed his op through.

But he was still left needing to use crutches and a medical boot.

The couple from Hull, who had their big day in nearby Driffield, had to cancel their honeymoon to Italy while he recovers. They now plan to head to Bali in September.

KIDS USE TIKTOK TO ARRANGE MEET-UPS

HANDCUFFED . . . young woman is led away

EMPTIES . . . officer gathers up leftover bottles

KEEPING THE PEACE . . . police mill among the crowds

Brighton rocked as hundreds of teens descend to booze and brawl

By GRAEME CULLIFORD

IT'S the trendy seaside town favoured by DJ Fatboy Slim and Housing Secretary Angela Rayner.

But Brighton has been named the teenage boozing capital of Britain, with the highest number of underage drinkers ending up in hospital there.

Residents say the famous esplanade becomes "lawless" on sunny weekends as social media-organised "meet-ups" turn violent.

Youths have been seen taking drugs and necking vodka before fights – intended to win TikTok likes – break out in front of baying spectators, as well as terrified holidaymakers and locals.

Brighton sailing club committee member Angus Malcolm has seen youngsters urinating in the streets and lighting fires next to his boats.

Angus, 51, said: "They turn up en masse, 200 or 300 of them. They will pick an area at the last minute, such as the beach, then descend on it.

"There will always be boozing and fighting and drugs. The first bank holiday when there was lots of sun, this was not a nice place to be.

"There was loads of aggro, lots of fights and groups of people. It was bad all weekend but certainly in the evening and someone was stabbed.

"That weekend it felt lawless. There is a bit more of a police presence now."

Recent figures show that the number of alcohol-related under-18 hospital admissions in Brighton and Hove are 170 per cent higher than the national average.

'Girls so fragile'

Across almost every UK region, under-18 girls now account for the highest proportion of alcohol-specific hospital admissions.

And 15-year-old girls in England now report higher rates of monthly drinking than boys of the same age.

Mother-of-two Alex Costlin has been shocked at the number of underage girls in skimpy outfits she has spotted boozing in Brighton.

Speaking outside the seaside shop where she works, she said: "It's quite scary really because they are so fragile and innocent and they all dress the same. They are almost naked.

"I'm not judging but they get so drunk. It's no wonder they end up in hospital and it's very sad to see because they are destroying their health.

"They take drugs too. Sometimes they come into the shop asking me for help with their laughing gas balloons. I say no.

"There are riots all the time, fights and everything."

The riots Alex describes are the result of unofficial parties organised on the internet.

Promoters make claims like "free entry", provide sound systems and promise that weed and nitrous oxide balloons will be available for sale. The trade in drugs is no doubt the motive for planning such occasions.

Youngsters are encouraged to bring their own alcohol and volunteers in Brighton complain there has been an explosion in BuzzBallz litter during the summer months.

BuzzBallz are powerful cocktail-like drinks high in alcohol that have become popular with teenagers. Around 300 tons of rubbish was collected on Brighton beach last year, with campaigners saying the majority was single-use plastics.

The Leave No Trace group found 3,600 crisp packets, lolly wrappers or sandwich containers, 800 aluminium drink cans and 740 plastic bottles in just five beach cleans.

Marcos Montoya, 40, runs an ice cream store close to Brighton pier and he is calling for greater police presence to combat the yobs.

He said: "There were fights as soon as summer started. A big crowd surrounded about four people aged 15 or 16 who were fighting. They were young kids.

"They were making live TikToks and streams and they were doing it for likes. I don't know how they are managing to buy the alcohol – they always ask for ID here. Some of them are so drunk they need help walking."

Labour MP Angela Rayner – who was slammed for failing to pay the correct stamp duty on the purchase of her flat in Hove – is promising to build more council houses to help seaside towns like Brighton.

But events supervisor Emily McMillan says more needs to be done to improve hospitals in the area.

Emily, 23, said: "A&E in Brighton is an absolute nightmare and it's clogged with teenagers. I went in for a head injury before and I was kept waiting around for 12 hours.

"There were so many people and some of the teenagers looked like they were under the influence."

Mother-of-five Jane Griffin, 65, helps run her family clothing store on the seafront.

She feels that teenage boozing is something residents have to put up with, especially as the city is so hedonistic.

Jane said: "I think it's a shame that Brighton is labelled with that because teenage drinking is widespread. It is a rite of passage.

"They go through a stage of experimenting with drink and drugs, but most come out the other side and I've got five successful children. They're thriving.

"Of course I worried about them, but I think there's a lot of doom and gloom around teenage years and everyone grows up.

Councillor Bella Sankey, leader of Brighton & Hove City Council, said: "We know people are worried about young people drinking and gathering in large groups, and we are addressing these concerns.

"Brighton & Hove is a busy place for visitors, so we're working closely with police, health services and youth teams to help keep young people safe, carry out checks across all venues, and offer support early.

"Our aim is to stop harm before it happens by giving young people better choices, clear advice and the right help when they need it."

87
under-18s went to hospital for alcohol-related ailments in Brighton in 2024
Source: NHS

'They turn up en masse, 200 or 300 of them. There will always be boozing, fighting and drugs...someone was stabbed'
ANGUS MALCOLM

CROWD CONTROL . . . police patrol seafront as youths gather at end of term. *Below*, strong BuzzBallz drinks, favoured by underage drinkers

Medal . . . Summer

Games judo star flipping burgers

By EMILY-JANE HEAP

A JUDO bronze medallist from the Commonwealth Games has revealed she went straight back to working at McDonald's.

Summer Shaw, 22, made the podium with friends and family watching in Glasgow.

But rather than enjoying celebrity treatment, she was soon back at her part-time job.

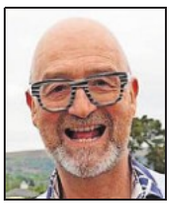
One social media user quipped: "Flipping people one week, flipping burgers the next."

Graduate Summer, of Camberley, Surrey, trains at the British Judo National Training Centre in Wolverhampton.

But with funding tight for smaller sports, she said of her return to work at the burger chain: "That's just life for me

"I got some congratulations from my co-workers but nothing crazy, which I don't mind."

She now has her sights set on the World Championships and Olympics.


Conversion . . . David

Bargain star 'told faith talk hits work'

By ALEX WEST

TV bosses told a star of BBC show Bargain Hunt talking about his Christian faith could harm his career, he has claimed.

Antiques expert David Harper, 59, published book The God Conundrum last year – describing his conversion from sceptical agnostic.

He said: "I was amazed when it became a best-seller. There's a great deal of interest out there.

"One man said he was afraid at work to talk about his Christian faith in case he lost his job

"I was told by two people high up in TV that talking about my faith could harm my career.

"It hasn't so far. The response from TV has been more a wall of silence than pushback."

And he said the Church of England was failing worshippers.

David said: "Decisions from the top are driving many away."

HOUSE OF BONES

Builders find human remains during renovations

HUMAN bones have been dug up at a newly-bought bungalow during renovation work.

Builders made the grim discovery at the two-bed property last Friday.

Police cordoned off the house and shut the road for six days while forensic teams confirmed the remains were human. Further testing is under way to establish how old the bones are and attempt to identify them.

EXCLUSIVE by EMILY-JANE HEAP and MIKE SULLIVAN

Neighbours in Biggin Hill, South London, said the owner, a woman in her 70s, bought the property in June and renovations began a week later.

Builders were reportedly digging up the kitchen floor when they found adult-sized skeletal remains. One local told The Sun: "They had a big grabber lorry taking all the rubble, then all of a sudden someone shouted, 'Stop, stop'. I thought they'd just made a mistake or something but they had found bones."

Cops are understood to have found more bones belonging to multiple people as they continued digging. A neighbour said the owner must be "absolutely horrified". Another added: "All I know is multiple bones have been found. They're really old." The house was last sold in 2003 and was understood to have been owned by an elderly lady.

Blue forensic tents had been erected in the garden. The Met Police probe is not being led by its murder squad. The force said: "Further testing is under way to establish the age of the bones and ascertain identity."

Probe . . . police tents

Pic 'theft' court fail

FAST fashion firm Shein has lost a UK lawsuit against rival Temu.

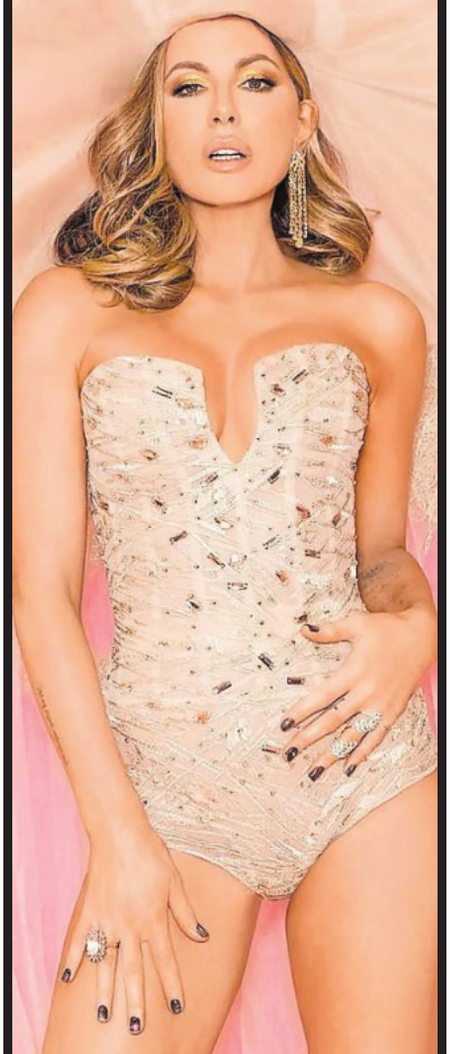
It claimed photos of Shein products were used on the Temu website and demanded all offending images be taken down.

But the High Court found Shein UK never had proper licensing for its own photos, and ruled there was no copyright infringement. Temu was found to have suffered loss, with a future trial determining the amount.

PITCH PERFECT

Great Langdale in the Lake District is Britain's favourite camping spot, ahead of Devon's Watermouth Valley, a poll found.

BECK'S APPEAL



By HOWELL DAVIES

ACTRESS Kate Beckinsale looks the fairest of them all as she poses in a bodysuit covered in mirror fragments.

The Brit, 53, also wore a huge hat and gold eyeshadow for the fashion shoot.

The photo, liked online by celebrity pals including Alan Carr, comes after she hit out at people who criticised her slim frame. Kate said: "Give people a little grace."

Jones . . . driver

Ex-rugby ace's jail on drugs

By ALEX WEST

A FORMER rugby player tipped for success has been jailed for working as a drug dealer's driver.

Aiden Jones' "promising" professional career ended following a back injury and a court heard he "went off the rails".

Jones, 29, and Joshua Organ, 32, were stopped on the way to a deal in Bargoed, South Wales.

Cardiff crown court heard Organ attempted to flee, dumping bags of cocaine and a phone in a bush. He had £720 of the drug and £775 in cash.

His phone revealed thousands of drug-related messages. Jones, a Gwent Dragons academy player, worked for cocaine after becoming addicted.

Jones, of Bargoed, and Organ, of Gilfach, admitted drug offences. Jones, already serving a two-year prison sentence for domestic violence, was sentenced to 15 months and Organ to 40 months.

'Friendly' to health

FULFILLING friendships and close social relationships are good for mental and physical health.

They protect against stress, boost self-esteem and help us manage emotions, a study found.

Positive family ties in childhood also are linked with better mental and physical wellbeing.

Dr Veli Durmus, of Kütahya Health Sciences University in Turkey, said that friendships were a "universal pillar" of well-being across cultures. The study involved 204,907 adults from 22 countries.

LATTE IT GO

Two thirds of us won't order coffee abroad as we don't know how to ask for different milks or syrup shots, a poll found.

Majority of stores. Excludes online and Morrisons Daily. Offer excludes shoes and coats, ends 16/08/26.

THE Sun

£10,000 TO BE WON

BELLA ITALIA

100 WINNERS OF A £100 VOUCHER

Enjoy your next meal on us! One hundred lucky Sun readers will each win a £100 Bella Italia voucher to spend in restaurant. To enter, collect THREE Sun Savers codes or join Sun Club for £1.99 a month.

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18+ England, Scotland and Wales residents only. Sun Savers multiple code collect 15/08/26-22/08/26 or subscription to Sun Club or digital subscription required. Online access required. 100x £100 Bella Italia vouchers to be won. Entry closes 23:59pm on 29/08/26. Non-transferable & non-refundable. T&Cs apply, see sunsavers.co.uk or club.thesun.co.uk/sun-club. Sun Club new customer offer: £1.99 per month unless you cancel at least seven days before your next billing date. Full T&Cs apply, see thesun.co.uk/club.

Procedure . . . Hayley

‘Rushed bum-lift bargain op fatal’

By ALEX WEST

A BRITISH woman who went to Turkey for cheap cosmetic surgery died after taking up a last-minute offer of a butt-lift, an inquest heard.

Hayley Dowell, 38, had booked only liposuction and a tummy tuck.

But on the day of the procedure, she was asked if she also wanted a cut-price Brazilian butt-lift at Istanbul’s BHT Clinic.

She was given five minutes to decide and the surgeon knocked £1,000 off the price, reducing it to £1,500.

Husband Neil Dowell told the Winchester inquest that Hayley had the operation “ten minutes after the woman left with the card machine”.

Pathologists said the mum of three, from Eastleigh, Hants, suffered a fat embolism, which can block blood flow.

Mr Dowell said doctors did not explain the risks of the procedure.

The inquest continues.

Actress . . . Sheila

Farewell to stage veteran aged 99

By HOWELL DAVIES

WEST End star Sheila Mathews has died at 99 after one of UK entertainment’s longest careers.

The actress, who first trod the boards aged three in 1930, was best-known as glamorous Laura Marshall in the soap Crossroads.

Her stage highlights included taking part in the Royal Variety Performance in 1950.

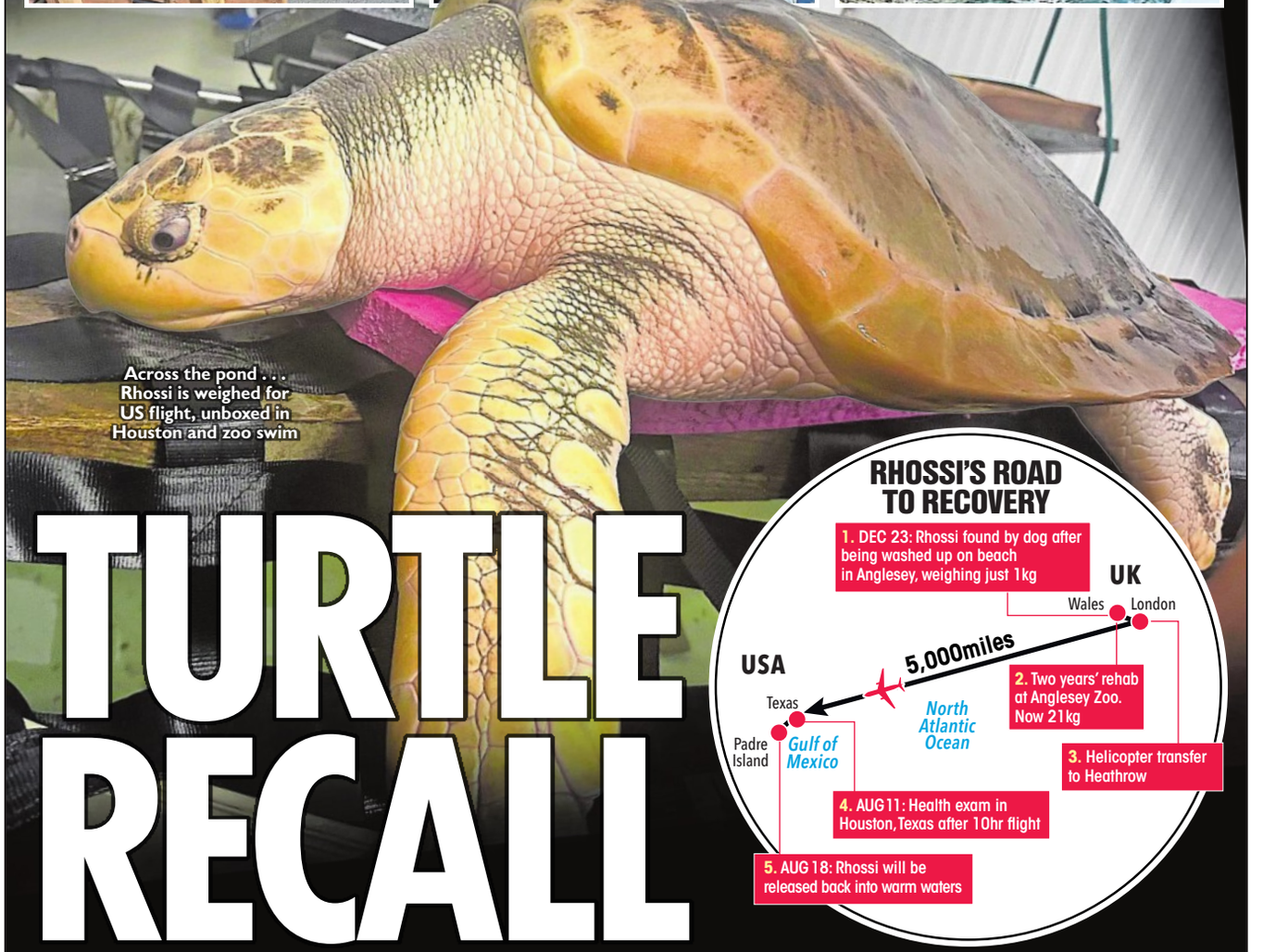
She went on to be one of the leading stars to help launch ITV in 1955, and had her own show Friday’s Girl.

She also appeared several times in the BBC’s The Good Old Days.

Sheila, of Southwick, West Sussex, died after a series of strokes. A family statement said: “Sheila achieved almost all her career ambitions, but one last eluded her.

“She wanted desperately to live to 100 and receive a royal telegram from the King. Sadly, her time ran out.”

Rare reptile which washed up in Anglesey flown back to Gulf of Mexico in epic 5,000-mile trip



Across the pond . . . Rhossi is weighed for US flight, unboxed in Houston and zoo swim

TURTLE RECALL

A RARE turtle that washed up on our shores is on a 5,000-mile trip home after a two-year rehab.

By ALEX WEST

Rhossi, a critically-endangered Kemp’s ridley sea turtle, was smeared in sex lubricant KY jelly and Vaseline to stop him drying out on the flight.

He safely arrived in Houston, US, after ten hours in the hold – and next Tuesday will be released into the Gulf of Mexico.

Rhossi was “cold-stunned” – battling hypothermia – and close to death when found by a dog and its owner in December 2023.

Barely 25cm long and weighing less than 1kg, the tiny turtle was taken from Llydan Beach, near Rhosneigr, to Anglesey Sea Zoo. He has since grown to 21kg (3st, 4lbs) ahead of his trip home.

The zoo’s owner Frankie Hobro said: “We’ve had to slather Rhossi in KY jelly and vaseline to try and stop him from dehydrating – which is always quite an amusing one going to buy that at the chemist!

“But this is the moment we’ve been working towards every single day for more than two years, so it’s incredibly emotional.

“Rhossi arrived with us fighting for life, and now we’re preparing to watch him make the journey home where he belongs.”

So far, Rhossi’s journey has seen him travel via helicopter from Anglesey to Heathrow then by cargo flight to Houston. He will be put in a large tank provided by Houston Zoo then taken south to be released into the warm waters near Texas’s Padre Island.

Frankie added: “We’re doing loads of tests on him now. Blood tests and all the medical stuff like his weight and strength, to make sure he’s good to have a satellite tracker fitted, which we’re hoping will go really smoothly.

“This will take a couple of days to turn around before we head to Padre Island, where we know there is a really healthy breeding population of Kemp’s ridley sea turtles that are at the tail end of their breeding season.

“They’ve managed to re-establish the species there, and we are pretty sure that’s where Rhossi’s originated from as a hatchling. It’s wonderful as we’re having all these people there for the release – everyone that has been involved in his transfer from the US. He’s a big lad so I’ll need someone to help me carry him into the sea!”

Rhossi is the fourth cold-stunned sea turtle rescued and rehabilitated by Anglesey Sea Zoo over the past decade, representing three different endangered species. Each turtle was first discovered by a dog.

Conservationists have said juvenile turtles are occasionally carried across the Atlantic by currents before becoming cold-stunned in northern European waters in winter.

The only two remaining nesting beaches for Kemp’s ridley sea turtles are in Mexico and Texas.

alex.west@the-sun.co.uk

Picture: FRANKIE HOBRO / SWNS

Sinking . . . the yacht

£7million yacht KO four days after refit

By ROBIN PERRIE

A £7MILLION luxury yacht has sunk four days after being delivered to its new owner.

Fourteen people had to be rescued from the 30-metre Angiola II.

It is believed an engine failure caused a fire in the seals, letting in water.

Since Tuesday evening, the vessel has been lying on its side on the 7m-deep seabed off Porto Cervo, Sardinia.

The yacht, which sleeps ten across five cabins, had reportedly been delivered to its Italian owner following a refit.

He and a friend stayed on board until a patrol boat arrived.

The other 12 guests and crew were rescued by a nearby vessel.

A pontoon will reportedly be used to remove the wreck. Port officials were taking measures such as containment booms to prevent any environmental damage.

Caged . . . Fraser

Cocaine catapult jail plot's stopped

By MIKE SULLIVAN

TWO drug dealers planned to fire cocaine and cannabis into a prison using a catapult and tennis balls.

Stephen Fraser, 37, and Tyler Cousins, 22, used potatoes to measure distance and trajectory.

They were caught on the M18 near Doncaster in February after cops pulled them over for having no insurance and smelt dope in the car.

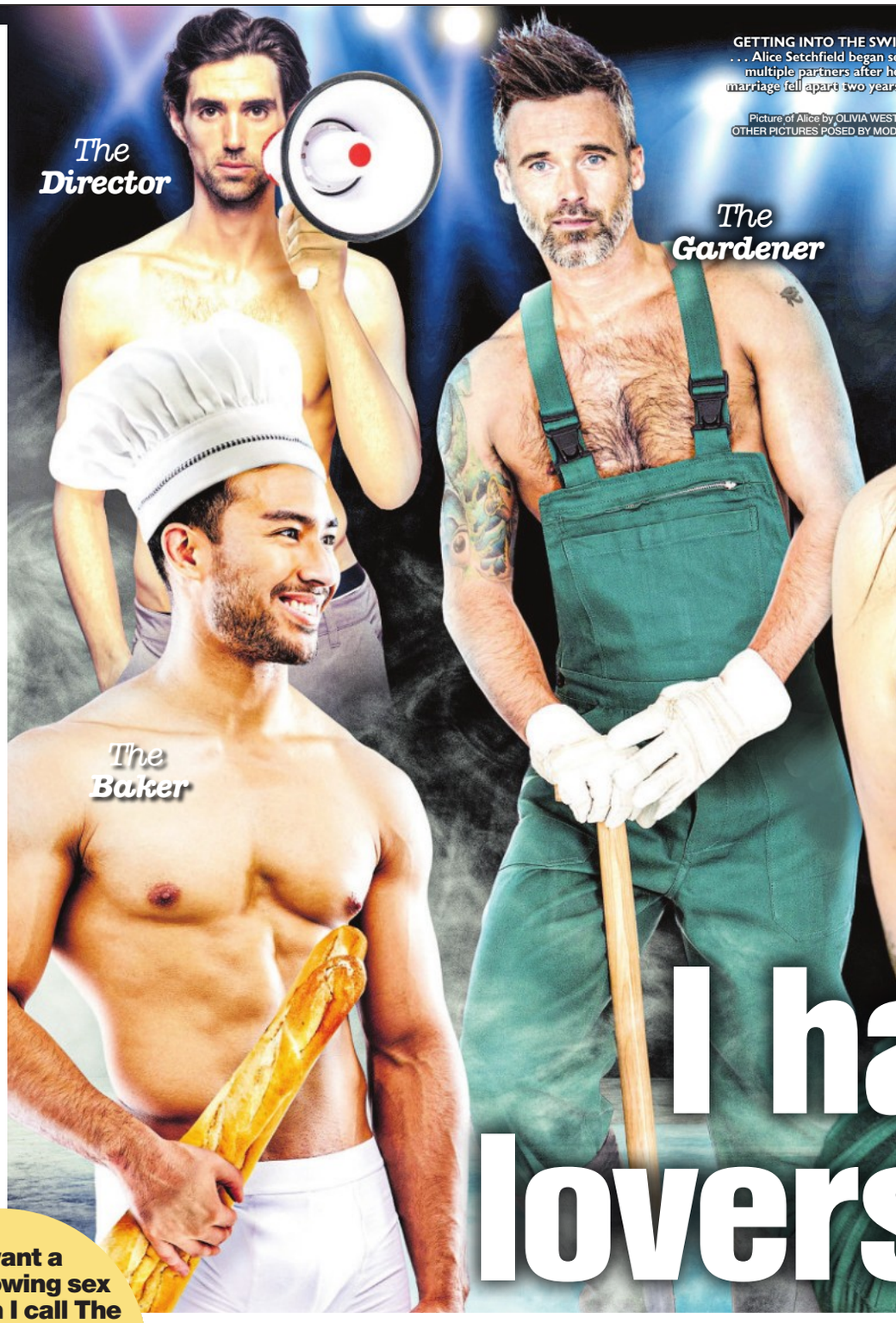
They found a rucksack of tennis balls full of cannabis and cocaine and a 2m-long catapult.

Messages between an inmate and Fraser talked of how to fire the balls into an unnamed jail.

At Grimsby crown court, Fraser and Cousins admitted having drugs with intent to supply.

Fraser, of Leeds, got five years, seven months in jail while Cousins, of Bridlington, East Yorks, got a two-year suspended prison sentence and 20 days of rehabilitation.

ALICE GIVES HER PARTNERS NICK



GETTING INTO THE SWI . . . Alice Setchfield began s multiple partners after h marriage fell apart two years

Picture of Alice by OLIVIA WEST OTHER PICTURES POSED BY MOD

I ha lovers

By MEL FALLOWFIELD and CLAIRE DUNWELL

ALICE SETCHFIELD smiles and snuggles up to the second lover she has slept with this week.

In two days, there will be a different man in her bed – and with any luck, his wife too.

That's when things really heat up.

Alice, 39, loves sex so much she has drawn up a roster of six men and a woman who she is intimate with on rotation – and who she brings into the bed is dictated by her mood.

But she isn't having an affair. She is single, and all her partners know about each other.

Keeping their identities anonymous, Alice explains her nicknames for each of her lovers so she does not mix them up.

She says: "If I want a mind-blowing sex marathon I call The Baker – he brings pastries – and if I fancy kink play it's The Director I choose because he calls the shots.

"When I feel in need of good conversation and some intellectual stimulation I ring The Knight, and if I am feeling really in the mood I call The Smiths, the couple who I have sex with.

"Another is The Gardener – he does that job for a living and is more sensual.

"Lastly, there's the Tin Man, who is a welder, and his availability is one of his plus points."

Alice got into the habit of giving lovers nicknames when she first started dating.

She recalls: "I matched with a lot of Daves and Jameses and I needed a way to distinguish them from each other when I saved them in my phone.

"The habit has stuck. It's also more discreet if I'm talking about them to friends."

Alice's roster works like clockwork – she sees some lovers weekly, others monthly. She watches TV with some, goes on dates with others, or they will meet up at sex parties.

'One person can't meet all your needs for life'

But there's a common theme – each time she sees them it involves sex.

"It's all very fluid," she explains. "It depends how I feel and if they're available.

"I have a high libido so I love sex, but these are relationships too."

Alice, who lives in Bournemouth, turned to non-monogamy when her 11-year marriage ended in June 2024.

She is among a growing number of people turning their backs on traditional relationships. Around one in three people – 31 per cent – believe monogamy is no longer realistic.

Alice says: "I can't see myself ever being in a conventional monogamous relationship again. One person can't tick all your boxes and meet all your needs for life.

"It can become routine and you lose the passion and fun. I think I'd find monogamy stifling if I ever tried it again."

Twice-divorced TV presenter Carol Vorderman, 65, has openly had multiple partners for more than a decade, dubbing them her "special friends".

Meanwhile, the user base for Feeld, a dating app for open-minded singles and couples, rose annually by an average of 30 per cent from 2022 to 2025.

Growing up, Alice never envisaged becoming polyamorous – the term used to describe someone who has multiple partners.

She says: "I was that little girl who'd put on a white dress and pretend to be getting married, and I always wanted a family."

In February 2013, when she was 27, Alice met James* at a ballroom dancing class. He proposed in May and they got married five months later in Wimborne, Dorset.

If I want a mind-blowing sex marathon I call The Baker — he brings pastries – and if I'm fancying kink play it's The Director...he calls the shots'

Alice, who was working as a midwife at the time, settled into a conventional life.

She says: "I was utterly besotted with him and it all felt very romantic. He made me feel safe and secure and all my friends were getting married and having babies.

"Although some of my family said the relationship moved a bit quick, it felt right."

However, within a year cracks began to appear.

Alice suffered from premenstrual dysphoric disorder, a hormonal condition which triggers severe symptoms including anxiety and depression.

Alice tried antidepressants and the contraceptive pill but neither helped. At 30, she felt she had no option but to have a hysterectomy.

She says: "It was devastating. I'd always wanted to be a mother but PMDD has a strong hereditary component and I couldn't risk having a daughter and putting her through the same hell every month.

"I gave up my work as a midwife. It was too painful to know I wouldn't be a mum. I became an educator within the NHS instead."

With her hopes of having a traditional family in tatters, Alice's marriage started falling apart.

She says: "Knowing we'd never have a family was part of it. If we weren't going to have the traditional marriage with children it seemed a bit pointless.

"Our sex life was OK but never great. But ultimately we weren't compatible anyway. We had different perspectives on life."

In June 2024, Alice left the marriage and went to live with her best friend Hannah and her husband. She has been there ever since.

Others assumed they were a throuple, but when Alice started dating again two months later she had her sights set elsewhere.

She says: "I'd checked out of my marriage long before I left, so I was ready to start dating again quickly. But I didn't want another traditional relationship.

"Polyamory appealed. I wanted to flirt with multiple people and not feel

KNAMES SO SHE DOESN'T MIX THEM UP

'If I feel in need of good conversation I ring The Knight, and if I am feeling really in the mood I call The Smiths, the couple I have sex with'

ave seven s on rotation

though I was cheating. I've never ted and never would – honestly portant.

wanted fun, and I never wanted feel tied down again. My late dmother had been a swinger, and always been intrigued by her life."

August 2024, Alice signed up for ler and Feeld – and since then has had a constant flow of lovers.

'I see some of them once or twice a week'

e once had 12 men on rotation has since whittled it down to half zen.

ice labels them her "trusted inner e" and says six is her "perfect ber" – not forgetting her seventh, Smith.

e says: "The first man I met was in his late 30s, single and worked in insurance. I called him The Palate Cleanser because he introduced me to swinging.

"Next, I met a man who was ten years younger than me – I labelled him The Toyboy – and it lasted a few months, but he's now monogamous.

"Next I met The Director, who directs what happens in the bedroom. He's in an open marriage.

"At the moment I am into The Knight – I gave him that name because he's in the Armed Forces.

"I love him dearly, he's often away for work but we meet once a month and talk on the phone three or four times a week.

"I met The Smiths at a swingers' social I go to most weeks at a local bar in Bournemouth.

"They seem so normal and yet they are far from it." Alice insists that there is more to her interactions than just sex.

She says: "They provide not only sex, but love and friendship too. They're a huge part of my support network and I love them all dearly for different reasons.

"They meet my different needs depending how I feel.

"The Knight loves talking about politics, while The Baker is obsessed with motocross bikes. I find his passion sexy.

"Some of them I see once or twice a week and we are always intimate. Others I see every month or so depending on who is free and the mood I'm in.

"These are actual relationships."

And if that list wasn't enough, Alice also has sex with men and women she meets at swingers' events and socials around Bournemouth.

She says: "I'm sure people will call me promiscuous, but it's all done with love, consent and honesty, so I feel extremely happy with my life. I'm not hurting anyone.

"I always have safe sex by using condoms. It's a popular misconception that the swinging community is riddled with STIs.

"I'm not there to be picked up and dropped. While I understand arrangements might need to be changed, I expect open and honest communication from all my lovers.

"They need to have a brain and be interested in my life, not just my body."

Last year, Alice left the NHS and now runs her own social night for swingers in Bournemouth under her pseudonym Miss Mae, as well as running a kinky Airbnb.

But her lifestyle doesn't come without its issues.

Alice says: "I've had my heart broken because some of my lovers have wanted to be monogamous and have found someone to do that with.

"Just because they aren't the only people I sleep with doesn't mean I don't love them."

Alice also refutes any suggestion that her relationships are superficial.

"Some would say that I'm all about sex but that isn't true," she says.

"Yes, I do have a high sex drive, but even if for some reason I couldn't have sex again I'd still want to be close to multiple people. That wouldn't change."

***Name has been changed**

Friday TV GUIDE

Sun TV 4-PAGE SECTION

BBC ONE

6am Breakfast (S)
9.30 Animal Park Keeper Caleb tries to solve some problems in the lion pride. (R,S)
10.00 Trace, Track, Get My Car Back Machete-wielding thieves steal a luxury car. (R,S)
10.30 European Athletics Championships: Birmingham 2026 LIVE Coverage of the opening session on day five. (S)
1.15 BBC News (S)
2.00 The Hairdresser Mysteries Halloween arrives in Blossom Vale along with an alarming crime wave. (S)
2.45 Escape To The Country Sonali Shah helps a couple to find a new home in Argyll and Bute. (R,S)
3.30 The Repair Shop The experts restore a dress, a drum, a clocking-in clock and a polo bike and mallet. (R,S)
4.30 The Answer Run Quiz hosted by Jason Manford. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong and Nish Kumar. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)
7.00 The One Show At 20 Alex Jones, Roman Kemp and friends celebrate the show's 20th anniversary. (S)
8.00 European Athletics Championships: Birmingham 2026 LIVE Gabby Logan presents further coverage of the evening session on day five from Alexander Stadium. One of the most eagerly anticipated events of the championships brings the night to a close, with reigning champion Keely Hodgkinson of Great Britain, Dutch 400m world record-holder Femke Broeders-Bol and rising Swiss star Audrey Werro all expected to be in women's 800m contention. Finals also take place in the men's high jump, 400m hurdles and 200m, and the women's discus. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 Ann Droid (5/6) Linda persuades Sue to go camping to see a meteor storm under clear skies, but Linda ends up causing chaos at the campsite, and Michael gets some shocking news. (S)
11.10 PREMIERE Mothers' Instinct FILM When a tragic accident shatters the harmonious lives of two housewives, guilt, suspicion and paranoia unravel their sisterly bond. Drama starring Anne Hathaway and Jessica Chastain. (2024) ✪✪✪✪ (S) Followed by **Weather For The Week Ahead**
12.45-6am BBC News (S)

BBC TWO

6.30 am The Answer Run (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: Marcus Wareing Simply Provence (R,S,SL)
9.00 BBC News (S)
10.30 Antiques Road Trip (R,S)
11.15 Homes Under The Hammer Property auctions. (R,S)
12.15 Bargain Hunt (R,S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? With Vernon Kay. (R,S)
2.45 The Great Rift: Africa's Wild Heart Double bill. The diverse waterways of the Great Rift Valley. Then, the grasslands of east Africa. (R,S)
4.35 Vintage Antiques Roadshow The team returns to Renishaw Hall. (R,S)
5.15 Flog It! From Basingstoke, Hampshire. (R,S)
6.00 Richard Osman's House Of Games Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb take part. (R,S)
6.30 Bear Grylls: Wild Reckoning A couple cannot agree what type of house they should buy. (R,S)
7.00 European Athletics Championships: Birmingham 2026 LIVE Coverage of the evening session on day five from Alexander Stadium, including the women's 10,000m final. Coverage continues on BBC One. (S)
8.00 Gardeners' World (22/32) As the drought takes its toll on Longmeadow, Monty Don takes stock of his garden and has a re-think of what he should be growing in the future. (S)
9.00 Bergerac (5/6) Arthur Wakefield prepares to throw Julien to the wolves, but a startling revelation about Cate's murder changes everything. Jim's investigation falters until a breakthrough in the hunt for Cate's missing phone brings his chief suspect within reach. Bergerac grows increasingly erratic, threatening his future on the case, while Wakefield takes further desperate action. (S)
9.45 QI XL (8/14) Sandi Toksvig hosts an extended edition with Rose Matafeo, Lou Sanders, Ross Noble and Alan Davies. (R,S)
10.30 Newsnight (S) Followed by **Weather**
11.05 PREMIERE On Falling FILM A Portuguese worker in a Scottish warehouse comes to terms with loneliness. Drama starring Joana Santos and Inês Vaz. (2024) ✪✪✪ (S)
12.45-1.45am Sign Zone: The Rapture (R,S,SL)

itv1

6am Good Morning Britain (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health and beauty advice and more. Including Local Weather. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal David Dickinson and his dealers set up stall in Oldham, where Alison Chapman gets her hands on some puppets, and Cheryl Hackney falls for a beautiful brooch. (R,S)
3.00 Deal Or No Deal Brian tries to open the 22 red boxes in the right order. (R,S) Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Quiz show hosted by Bradley Walsh. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)
7.30 Abbey Clancy: Celebrity Homes (2/6) Abbey visits Love Islander and fashion blogger Olivia Bowen's Essex mansion and the private apartments of Emma Thynn, the Marchioness of Bath. (R,S)
8.00 Emmerdale Ruby is thwarted, Lewis surprises Kev with an announcement and Dylan is grateful when Bear urges him to reach out to a counsellor. (S)
8.30 Coronation Street Lucy's presence stirs up conflict on the street. (S)
9.00 Who Wants To Be A Millionaire? Celebrity Special Jeremy Clarkson hosts a celebrity version of the big-prize quiz in which Steph McGovern and Dion Dublin answer questions to win cash for their chosen charities. (R,S)
10.00 The Twisted Tale Of Amanda Knox (7/8) After four years in prison for a crime they didn't commit, Amanda and Raffaele are free. Drama starring Grace Van Patten. (S)
11.00 ITV News At Ten (S)
11.35 Regional News (S)
11.50 Inside The Langham: Britain's First Grand Hotel (4/6) The hostelry's MD oversees progress on the Langham Venice. (R,S)
12.15 Shop On TV 3.00 Force Of Nature (R,S,SL) **3.50** Long Lost Family (R,S,SL) **4.45-6am** Unwind With ITV (S)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA In New Jersey. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien meet a motocross-obsessive in Gloucestershire. (R,S)
1.10 The Great House Giveaway Two strangers in Kidderminster buy a property at auction. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun Ben Hillman helps Tom from Scotland find the perfect holiday home on Gran Canaria. (R,S)
4.00 Saving Country Houses With Penelope Keith In Dorset, rain and storms threaten Mapperton House's annual plant fair. (R,S)
5.00 Château DIY At Château de Saugé, Donna and Paul's Scottish-themed suite renovation is finally complete. (R,S)
6.00 American Pickers A stash from one of the US' oldest bicycle and sporting goods store is uncovered. (R,S)
7.00 C4 News (S)
8.00 Surgery Secrets Of The Super Rich (5/6) Emma has a £9,500 nano-fat treatment to rejuvenate her under-eye shadows and James tackles hair loss head-on in an eight-hour transplant. (S)
9.00 8 Out Of 10 Cats Does Countdown Jimmy Carr hosts the comedy words-and-numbers quiz with Jon Richardson and Roisin Conaty taking on new team captain Rob Beckett and Kiell Smith-Bynoe. (R,S)
10.00 Big Fat Quiz: Best Bits There's quizzing disaster in every form imaginable, as our hilarious cast come unstuck in some of the finest moments from the Big Fat Quiz. Question master Jimmy Carr is joined by Jack Whitehall, Kevin Bridges, Jonathan Ross, Mel Giedroyc, Katherine Ryan, Rob Beckett, Romesh Ranganathan, Babatunde Aleshe, Micky Flanagan, Mel B, Chris McCausland, Daisy May Cooper and more. (S)
11.05 Sarah Millican: Chatterbox Live Stand-up show recorded at London's Bloomsbury Theatre in 2011. (R,S)
12.10 Bill Bailey Live: Part Troll (R,S) **1.35** Ramsay's Hotel Hell (R,S,SL) **2.25** Four In A Bed (R,S) **4.35** Couples Come Dine With Me (R,S,SL) **5.30** Kirstie's House Of Craft (R,S) **5.40-6.05am** A Place In The Sun (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis The broadcaster and guests discuss the issues of the day, with phone-ins and viewers' correspondence. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 My Husband's Seven Wives FILM Maggie meets a woman who claims to also be married to her husband, and the two uncover a web of lies surrounding him. Thriller starring Kristi Murdock. (2024) ✪✪ (S)
4.00 Castle A mysterious recurring dream drives Castle and Beckett to seek answers. (R,S)
4.55 Love Nature Winter on Islay, Scotland's southernmost Inner Hebrides island. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Ibiza: Jewel Of The Med A visit to the Balearic island known for its nightlife and rich cultural history. (R,S) Followed by **5 News Update**
7.00 Tom Read Wilson's Grand Tour (2/3) Having travelled across the Alps, Tom finds solace in the beauty of Lake Como. (R,S) Followed by **5 News Update**
8.00 Alexander Armstrong In Sri Lanka (1/3) Alexander heads for the paradise isle of the Indian Ocean, exploring its golden sands and historic culture, from the Sinhalese areas in the central and southern regions to the less-travelled Tamil north. His first port of call is the fortress town of Galle, built by the Portuguese in 1588. Later, he finds out about captive elephants at a foundation where he meets a majestic elephant that has been rescued. (R,S)
9.00 The Big Drought Of 1975 A look at a record-breaking spell of erratic weather in the UK that lasted for 16 months from May 1975, culminating in 1976 when thousands of households had to rely on standpipes. (R,S)
10.30 Piers Morgan Uncensored: Trump Dumps Air Force One? News and debate. (S)
12.05 Fare Dodgers: At War With The Law (R,S) **1.00** Teleshopping (R,S) **2.00** Entertainment News On 5 (S) **2.10** GPs: Behind Closed Doors (R,S) **3.00** Castle (R,S) **3.45** Friends (R,S) **4.35** Cruising With Susan Calman (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **12.00** Newyddion S4C A'r Tywydd **12.05** Pysgod I Bawb **12.30** Heno **1.00** Y Ci Perffaith **1.30** Dan Do **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Ty Ffit **4.00** Awr Fawr: Octonots **4.10** Og Y Draenog Hapus **4.20** Misho **4.30** Joni Jet **4.45** Parc Glan Gwil **5.00** Stwnsh: Lego Ffrindiau: Amdani Ferched! **5.10** Bwystfil **5.20** Prys A'r Pryfed **5.35** Ar Goll Yn Oz **6.00** Gerddi Cymru **6.30** Garddio A Mwy **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Mike Bubbins: Un Mewn Miliwn **8.55** Newyddion S4C A'r Tywydd **9.00** Am Dro! **10.00** Y Deis **10.30-11.35pm** Miwsig Fy Mywyd ITV WALES: **7.00-7.30pm** Coast & Country

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

By ROD McPHEE
TV Editor

With
FELICITY CROSS
Deputy TV Editor
and
JANINE YAQOOB
TV Reporter

The Sun TV biz

rod.mcphee@the-sun.co.uk

PURPLE REIGNS . . . 2026 logo

BB GOES EASY ON THE EYE

BIG Brother superfans always feverishly await the unveiling of the latest version of its signature eye logo.

And with a month to go before the launch of its new series, ITV has revealed this year's design.

The photo mosaic featuring a purple iris is made up of more than 400 eyes – taking the catchphrase "Big Brother is watching" to a new level.

It is the first time the motif has resembled a real eye since series one in 2000. Previous years used graphics including shattered glass, paint and a kaleidoscope.

With more than 157million streams on ITVX, Big Brother is still one of its big hitters and the upcoming series, hosted by AJ ODUDU and WILL BEST, will be extended to eight weeks.

ITV teased: "This year's Big Brother house will keep housemates on their toes with unexpected twists and game-changing moments."

● NICOLE KIDMAN and ELLE FANNING have begun filming new legal thriller, Discretion. The eight-part Paramount+ series is based on Chandler Baker's book about an intern who uncovers a secret. Also starring COLTON RYAN and STEPHAN JAMES, it will air next year.

HELEN'S BACK ON MOB JOB

A LEOPARD doesn't change its spots, so expect Dame HELEN MIRREN's gangster-family matriarch Maeve to be just as ruthless when MobLand returns for a second series.

The actress was pictured in an animal-print top and faux-fur jacket as Paramount+ confirmed the crime drama will be back.

BOSS . . Maeve

The new run arrives on September 18, with telly hardman TOM HARDY returning as loyal fixer Harry Da Souza alongside former Bond actor PIERCE BROSNAN.

The first series proved to be a runaway hit, with more than 2.2million global viewers tuning into episode one on the day of its release. Within a fortnight, those figures jumped to almost 10million.

More listings: Pages 32 & 33

STRICTLY'S ROBB COULD SPARK EXODUS

Will BBC waltz off with ITV soaper stars?

SOAP bosses have got a serious case of the jitters, I am told, following Strictly Come Dancing's recent signing of Emmerdale hunk LAWRENCE ROBB.

That's because an exodus of his fellow actors on the Dales drama, as well as Coronation Street, could now be on the cards.

Lawrence, *pictured*, is one of the first actors on an ITV soap to be allowed to take time off to appear on a big BBC show.

It is a concession from execs who were forced to reduce Emmerdale's schedule and the actors' contract hours earlier this year.

A TV insider said: "Lawrence's trajectory after going on Strictly will be closely watched by his co-stars and may affect the career choice they make next.

"Previously they had to quit their ITV show before they could go and appear on a huge Beeb one, but now they can be written out of storylines temporarily, with the blessing of the bosses.

"If Lawrence is a sensation and sees himself swamped with other career opportunities, that might prompt his peers to follow suit. You could see Corrie big names competing with Emmerdale veterans to get on programmes like Strictly, not to mention The Celebrity Traitors, MasterChef or major quiz shows.

"That is likely to ruffle feathers among cast members at EastEnders, who will have to sit and watch as the Beeb is swamped by their ITV rivals.

"But it all pivots on what happens to Lawrence. He could just do his turn on Strictly and return to soapland. But that has rarely happened in the past."

Former Emmerdale stars have done very well on the dance contest, including KELVIN FLETCHER, who won the show in 2019, and last year LEWIS COPE was one of the outstanding competitors.

Other ITV soap stars have also done well, including ELLIE LEACH in 2023, but she had already left Corrie months before signing up.

It was a similar situation with KYM MARSH and CATHERINE TYLDESLEY who had also quit the soap.

But that could all change after this year's Strictly.

UNLUCKY ESCAPE . . . mobster Michael is dragged back from Spain

DIGGING DEEP . . . Michael wields spade, *above*, while Felipe, *right*, is out for revenge

FRESH START . . . Michael and Diana

GRITTY CITY'S ROUND TWO

GANGSTER Michael Kavanagh looks deep in thought as his plans for a new life come crashing down in This City Is Ours.

The gritty Liverpool crime drama returns to BBC One this autumn – and my first-look pictures suggest viewers will be on tenterhooks over the tense storyline.

Michael (JAMES NELSON-JOYCE) has fled to Spain with partner Diana (HANNAH ONSLOW), but their dreams of escaping trouble are thwarted by a dangerous fallout. They are dragged back into the fold to be quizzed about the death of Colombian cartel member Ricardo, who was killed at the end of series one.

One snap shows Michael frantically digging while Diane and fellow gangster moll Cheryl (SAOIRSE-MONICA JACKSON) rest up on a nearby boulder.

Another shows Ricardo's brother Felipe (ALVARO MORTE), contemplating his options as he seeks revenge.

Star of Netflix hit Money Heist, Alvaro is not the only newcomer. Endeavour actor SHAUN EVANS joins the cast as former gangster Ozzie, who has just been released from prison and wants compensation from the firm.

JULIE GRAHAM is back as Elaine Phelan, the widow of murdered gang leader Ronnie (SEAN BEAN).

Also returning are LAURA AIKMAN as accountant Rachel, JACK McMULLEN as Elaine's son Jamie, and MIKE NOBLE and BOBBY SCHOFIELD as gangsters Banksey and Bonehead.

CELEB'S KICK-OFF DELAYED

THIS year's I'm A Celeb is being delayed by ITV bosses due to a clash with the Uefa Nations League.

The tournament kicks off on September 24, with England taking on World Cup winners Spain on November 15, which was likely to be the show's launch date.

Instead, the reality series, hosted by ANT McPARTLIN and DECLAN DONNELLY, will now start on Monday, November 16.

HOSTS . . . duo

A source said: "I'm A Celeb has always benefitted from the Sunday night prime-time slot. But now ITV has the rights to the Uefa Nations League, bosses have had to go back to the drawing board. I'm A Celeb will now start on November 16 at 9pm."

A second source added: "Bosses have pulled out all the stops to ensure I'm A Celeb's launch show is a must-see.

"Following the huge success of this year's World Cup, they are overjoyed to have such a stellar line-up of entertainment and sport this autumn on ITV."

● A NEW More4 series will celebrate Scotland's Golden Coast. It'll take in eastern treasures, from the Moray Firth down to Eyemouth, and follow those who live there. Channel 4's Deborah Dunnett said viewers will get to see the region "through the eyes of the lucky souls" who call it home.

ANOTHER DISASTER FOR C4

BRAVE participants will be plunged into an apocalypse on Channel 4's latest bold social experiment.

They will have to survive for 28 days in an abandoned town, as if a civilisation-ending disaster has struck.

The contestants will battle to survive without running water, heating or electricity and must scavenge for food and supplies.

BRAVE . . . cast

Apocalypse will launch next month – and the broadcaster is so confident it is going to be a hit, it is already casting for series two.

The channel's reality shows haven't fared too well recently, though, with Scared Of The Dark, The Hunt, Open House and Love Triangle all axed.

Dare I ask – can Apocalypse survive?

Friday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Shaun The Sheep: The Shirleyverse **7.30 FILM** Spider-Man: Into The Spider-Verse. Student Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. Animated adventure with the voice of Shameik Moore. (2014) **9.00** Death In Paradise **10.00** Ghosts Australia **11.15pm-2.10am** He Had It Coming

BBC FOUR freeview 9

7pm Beethoven's Seventh At The Proms **8.35** TOTP: 2000 **9.35** TOTP: 1985 **10.05** TOTP: 1986 **10.35** Ultimate Cover Versions At The BBC **11.35** Ultimate Cover Versions At The BBC: Volume 2 **1.35-2.05am** TOTP: 2000

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Beverly Hills **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club **9.00 FILM** John Wick: Chapter 2. When an Italian crime lord holds him to a blood oath, hitman John Wick goes on another murderous rampage. Action sequel starring Keanu Reeves and Ian McShane. (2017) **11.25** Family Guy **12.25** American Dad! **1.25-2.15am** Bob's Burgers

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.05** Classic Coronation Street **9.10** Poirot **11.35** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Doc Martin **10.00** Grantchester **11.50** Trial & Retribution **1.55-2.20am** George And Mildred

ITV4 freeview 26

6am Magnum, PI **8.00** Live World Series Of Darts. The Auckland Masters. **12.00** Dramatic Finishes **12.10** Magnum, PI **3.15** Boon **4.15** The Professionals **5.25** British Touring Car Championship Highlights **6.55** Sharpe **9.00 FILM** RoboCop 2. The cyborg law enforcer battles a deranged drug lord, unaware the corporation that created him is planning to replace him. Sci-fi thriller sequel with Peter Weller and Nancy Allen. (1990) **11.15** All Elite Wrestling: Dynamite **1.15-2.05am** Dark Side Of The Ring

E4 freeview 13

6am Modern Family **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **8.00** The Great Celebrity Bake Off for Stand Up To Cancer **9.00** Gogglebox **10.00 FILM** American Reunion. Old friends make disastrous attempts to relive their teens. Comedy sequel with Jason Biggs. (2012) **12.10** Naked Attraction **1.10-2.15am** Gogglebox

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** Carpe Diem **10.05** 24 Hours In A&E **12.15** 999: On The Front Line **1.15-2.20am** 24 Hours In A&E

BIG PICTURE . . . Steph's art competition show gets off to good start

THE BIG DEAL WITH STEPH McGOVERN

BBC Two

MY favourite characteristic of this new TV competition is it involved 14 contestants and, within five minutes, had introduced us to all of them.

Sensational.

There was none of this laborious bleeding heart backstory nonsense.

It was pretty obvious they were all just taking part in The Big Deal for a bit of a hoot – and it is rather a hoot, to be fair.

Seven pairs of pals, siblings, parents and children come together to try to make as much money as they can buying and selling artworks. The producers won't thank me for saying this but it's somewhere between Dickinson's Real Deal and The Apprentice.

That's because all of the duos, who are described as being "art curious", have to try to find various pieces they think will do well at auction.

The results, predictably, were mixed.

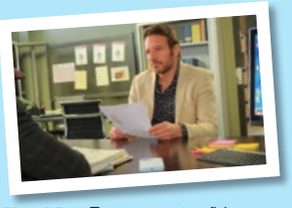
It started off, a lot like Lord Sugar on The Apprentice, with the key mission outlined by the show's star Steph McGovern, who is actually a natural in her new role. Suitably, their objectives were explained as they stood inside London's Royal Academy of Arts.

They then quickly moved on to the Royal College of Art where they had to find some interesting pieces from graduate art collections.

It was in this process that we really got to know the pairings. Some of them were a tad lacklustre, others sneaky, some cynical and naive but all clever choices by producers. There

SKY MIX freeview 11

7am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00 FILM** Vendetta. Action thriller starring Bruce Willis. (2022) **11.00** Grimm **12.00** Fantasy Island **1.00-2am** Police 24/7



More4 9pm Tom represents a fisherman who admits to murder in Carpe Diem

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein's Cornwall **11.25** Yukon Gold **12.20** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy Martin: Proper Jobs **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's Cornwall **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **8.20** QI XL **9.25** Would I Lie To You? At Christmas **10.00** Magnum P.I **12.00** Mock The Week **12.40** Would I Lie To You? **1.20-2am** Would I Lie To You? At Christmas

U&DRAMA freeview 20

7.15am The Bill **8.10** Doctors **9.20** Classic Holby City **10.40** Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** Classic Neighbours **3.00** Whitstable Pearl **4.10** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** Father Brown **10.00** New Tricks **11.20** Luther **12.40** Lovejoy **1.50-2.50am** Sister Boniface Mysteries

REALLY freeview 44

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters: The Restorers **12.00** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Who Do You Think You Are? **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** My Lottery Dream Home **10.00** Help! I Wrecked My House **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Great War Stories **11.00** The World At War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Great War Stories **5.00** The World At War **6.00** Antiques Roadshow **7.00** A Perfect Planet **8.00** Canal Boat Diaries **10.00** Bangers & Cash **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.00** Pete Wicks: For Dogs' Sake **11.00** Gavin & Stacey **1.00** Butchers Of The Bayou **1.45** Teleshopping **1.55-3am** Body On The Beach: What Happened To Annie?

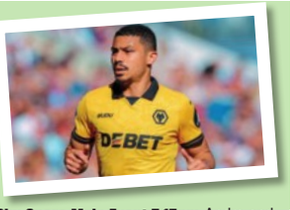
QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Drive It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** The Yorkshire Auction House **9.00** The Repair Shop **11.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.15** Rising Damp **8.50** Duty Free **9.20** Never The Twain **9.50** On The Buses **10.20** Bread **10.55** Steptoe And Son **11.25** Oh, Doctor Beeching! **12.05** Rising Damp **12.35** Man About The House **1.05** Goodnight Sweetheart **1.40** When The Boat Comes In **2.45** Minder **3.50** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.15** Rising Damp Xmas 1975 **6.45** Steptoe And Son **7.20** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **9.55** Shameless **10.55** Man About The House **11.25** Mind Your Language **11.55** Benidorm **12.55-2am** Minder

SPORT



Sky Spors Main Event 7.15pm Andre and Wolves take on Blackburn Rovers

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Sky Sports FC **11.00** LIVE NRL. Canterbury-Bankstown Bulldogs v South Sydney Rabbitohs. Kick-off at 11.00. **1.00** Lunchtime **2.00** LIVE The Hundred. SunRisers Leeds Women v Southern Brave Women. Start-time at 2.15. **5.30** LIVE The Hundred. Manchester Super Giants Men v SunRisers Leeds Men. Start-time at 6.00. **7.15** LIVE EFL. Wolverhampton Wanderers v Blackburn Rovers. Kick-off at 8.00. **10.30** LIVE Tennis. The Cincinnati Open. Coverage of day two of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio. **12.00-4am** LIVE Tennis. The Cincinnati Open. Further coverage of day two.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** Premier League Best Goals **8.00** PL 100 Club **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** Brazilians In The Premier League **2.00** City: PL Champions Again **3.00** Brazilians In The Premier League **4.00** Fantasy Show **4.30** Premier League Stories **5.00** PL Years **7.00** The Transfer Show **8.00** Arsenal Champions Show **9.00** Fantasy Show **9.30** Transfer 360 **10.00** Brazilians In The Premier League **11.00** PL Years **1.00-3.30am** PL Retro

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.00** SPFL **9.00** SPFL Greatest Games **9.30** EFL Greatest Games **10.00** Championship Season Review **11.00** SPFL Greatest Games **11.30** EFL Greatest Games **12.00** EFL Preview Show **1.00** Championship Season Review **6.00** EFL Preview Show **7.00** LIVE EFL. Wolverhampton Wanderers v Blackburn Rovers. Kick-off at 8.00. **10.30** EFL Cup Highlights **11.30** EFL Greatest Games **12.00-2am** Championship Retro

SKY SPORTS ACTION

6am Betfred Super League **9.00** State Of Origin Rugby League **11.00** LIVE NRL. Canterbury-Bankstown Bulldogs v South Sydney Rabbitohs. Kick-off at 11.00. **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NFL Highlights **6.00** NBC's Pro-Football Talk **8.00** NFL Bitesize Highlights **8.30** NBA Basketball **10.30** NFL Bitesize Highlights **11.00** NFL Highlights **12.00** LIVE Zuffa Boxing. Aaron McKenna v Etinosa Oliha. **1.00** NFL Highlights **2.00-6am** LIVE MMA: One Championship. One Fight Night 46.

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.50** My Icon: Linford Christie **11.00** Sky Sports FC **12.00** Transfer Talk **1.00** LIVE PGA Tour Golf. The FedEx St Jude Championship. **5.00** LIVE Tennis. The Cincinnati Open. **12.00-4am** LIVE Tennis. The Cincinnati Open.

SKY SPORTS CRICKET

6am The Hundred **9.15** The Hundred Bitesize **9.45** The Hundred Bitesize **10.00** The Hundred **1.30** The Hundred Bitesize **2.00** LIVE The Hundred. SunRisers Leeds Women v Southern Brave Women. Start-time at 2.15. **5.30** LIVE The Hundred. Manchester Super Giants Men v SunRisers Leeds Men. Start-time at 6.00. **9.00** The Hundred Bitesize **9.15** The Hundred Bitesize **9.30** The Hundred Bitesize **9.45** The Hundred Bitesize **10.00** The Hundred **1.30** The Hundred Bitesize **1.45-2am** The Hundred Bitesize

SKY SPORTS GOLF

6am Roots **7.00** PGA Tour Golf **11.00** HotelPlanner Tour Golf Highlights **11.30** Roots **12.00** LIVE DP World Tour Golf. The Danish Golf Championship. **5.00** LIVE PGA Tour Golf. The FedEx St Jude Championship. **7.00** LIVE PGA Tour Golf. The FedEx St Jude Championship. **11pm-2am** LIVE LPGA Tour Golf. The Standard Portland Classic.

ENTERTAINMENT

Sky One 10pm The team try to make the summer camp slasher-proof in Grimsburg

SKY ONE

6am Mornings With Jones And Melbourne **8.00** Stargate SG-1 **10.00** Will & Grace **11.00** The Simpsons **12.00** Big Cats Small World **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **8.00** An Idiot Abroad 2. Karl Pilkington prepares for a 15-hour trek. **9.00** Frank Skinner: 30 Years Of Dirt. A show in which the comedian looks back at his career. **10.00** Grimsburg. Three episodes. Flute and the team try to make the summer camp slasher-proof. Next, Marvin needs a new partner to catch the Cartwheel Killer. Then, Stan stages his disappearance. **11.30** An Idiot Abroad 2 **12.30** Grimm **1.30-2.30am** The Force: Manchester

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.15** House Of The Dragon **12.35** Homicide: Life On The Street **2.30** Billions **4.35** The Last Of Us **6.40** House Of The Dragon **9.00** Station Eleven. Kirsten travels back to the apartment she once shared with Jeevan and Frank to finally confront the source of her deepest trauma. **10.00** Station Eleven. Kirsten arrives in Severn City to rescue the Travelling Symphony, only to find herself trapped in a family conflict that began 20 years previously. **11.00** House Of The Dragon **1.40-2.40am** Billions

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** Brit Cops: Law & Disorder **10.00** Stop, Search, Seize **11.00** Police 24/7 **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Chicago Med. The doctors deal with the fallout from the citywide blackout. **9.00** Chicago Fire. Mouch and Pascal seek innovative solutions as they face budget cuts. **10.00** Chicago PD. Voight and the team race to solve the Bell case to prevent further deaths. **11.00** The Rookie **12.00-2am** FBI

U&GOLD

7.05am Don't Wait Up **7.50** Dad **8.25** Only Fools And Horses **9.05** The Green Green Grass **9.40** Are You Being Served? **10.20** Last Of The Summer Wine **11.40** Dad **12.20** Only Fools And Horses **1.00** Keeping Up Appearances **1.35** Dad's Army **2.20** The Green Green Grass **3.00** Are You Being Served? **3.40** Dad **4.20** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances **7.00** Dad's Army. Mainwaring and Wilson are trapped in the bank vault with an unexploded bomb. **7.40** Only Fools And Horses. A decorating disaster befalls the Trotters. **8.20** Are You Being Served? A vacancy comes up in menswear. **9.00** Porridge. Fletch tries to shirk his duties. **9.35** Fawlty Towers. Manuel's pet rat escapes. **10.20** Not Going Out. A skiing trip turns into a disaster. **11.00** Mrs Brown's Boys **11.35** Porridge **12.15** Fawlty Towers **1.00** Not Going Out **1.40-2.25am** Mrs Brown's Boys

COMEDY CENTRAL

8am Impractical Jokers **9.00** Everybody Loves Raymond **11.00** The Upper Hand **1.05** Friends **9.00** Bradley & Barney Walsh: Breaking Dad. The pair arrive in Panama. **9.30** Kevin Bridges: The Brand New Tour. The comedian gives his take on the modern world. **11.25** Whose Line Is It Anyway? USA **12.30-2.05am** 8 Out Of 10 Cats

U&ALIBI

7.10am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof **7.00** Private Eyes. Everett and Shade investigate suspicious activity in suburbia. **8.00** Death In Paradise. A game of bingo at a care home ends in murder. **9.00** NCIS: Sydney. A Navy compliance officer is found dead in a waterhole from a snakebite. **10.00** Father Brown. The cleric seeks a missing holy relic. **11.00** Private Eyes **12.00** Shakespeare & Hathaway: Private Investigators **1.00-2am** Death In Paradise

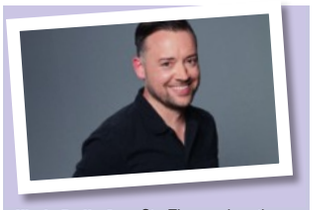
SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** Upright **11.20** Will & Grace **12.20** The Rehearsal **1.40** Upright **3.00** Will & Grace **4.00** The Office Movers **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Office Movers **9.00** Sarah Silverman: Someone You Love. Stand-up comedy performance, filmed at the Wilbur Theater in Boston. **10.15** Yvonne Orji: A Whole Me. Stand-up comedy performance. **11.30** The Rehearsal **12.50** The Office Movers **1.50-2.20am** Community

DISCOVERY

6am How It's Made **7.00** The Aquarium **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Gold Rush: Mine Rescue With Freddy & Juan. Freddy and Juan must divide forces to save rookie miners. **9.00** Expedition Files. Josh Gates reveals evidence solving a 50-year cold case. **10.00** Mystery At Blind Frog Ranch. Charlie consults local experts to expel powerful forces lingering on the ranch. **11.00** Expedition X **12.00** Deadliest Catch **1.00-2am** Expedition Files

RADIO



Virgin Radio 6pm Stu Elmore plays the best soundtrack to start your weekend

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Stu Elmore **10.00** Goldierocks **2.00-6am** Jen Thomas

TALKRADIO DAB talkradio.co.uk

6am Ian Collins **10.00** Alex Phillips **1.00** David Bull **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **9.00** What Just Happened? **10.00** Andre Walker Ft. Ash **1.00-5am** Ben Fletcher

TALKSPORT 1053, 1089MW talksport.com

6am Alan Brazil **10.00** Sam Matterface & Alex Crook **1.00** Hawksbee And Jacobs **4.00** TalkSPORT Drive **7.00** Kick Off **10.00** The Sports Bar Weekender **1.00-6am** Extra Time

TV GUIDE

4-PAGE SECTION

are no boneheads like you'd get on The Apprentice – heaven forfend, this is BBC Two, after all.

The exception was perhaps best mates Gavin and Liam who kicked things off saying: "A lot of people would look at us and think we know nothing about art – and we don't."

The best bit was when they were trying to convince one of the artists to let them sell their creation and made the mistake of admitting they chose her over a rival with a quick round of rock, paper, scissors.

Suffice to say, it went downhill from there. Now this is up there among my favourite shows.

ROD McPHEE

MILESTONE . . . Alex and Roman

THE ONE SHOW AT 20, BBC One, 7pm: In 2006, The One Show launched with a four-week trial, hosted by Adrian Chiles and Nadia Sawalha.

After 20 years, a change of location and lots of presenters sharing the sofa, Alex Jones and Roman Kemp lead the team fronting the weeknight staple.

Tonight's super-sized anniversary show sees them out in force, highlighting inspiring stories that have shaped the programme, from its Children In Need fundraising initiatives to the impact it's had on viewers.

As the hosts recall standout moments, there will be reunions, special guests and music to make the bash go with a swing.

Sun tv picks

And it seems the party is only getting started for the crew as we watch the end credits roll. "I think 20 years deserves some fizz," says Alex with a grin.

CHICAGO MED, Sky Witness, 8pm: The wait is finally over for fans of the interconnected One Chicago TV shows as tonight sees the return of Chicago Med, Chicago Fire (9pm) and Chicago PD (10pm), and the action picks up right where we left off.

Following the blackout at Gaffney Chicago Medical Centre, Dr Lenox faces a terrifying situation as she attempts to save herself and a domestic violence victim from the woman's husband.

Meanwhile, Dr Archer must continue his life-saving surgery in total darkness…

THE HAIRDRESSER MYSTERIES, BBC One, 2pm: Lily and Clary witness the theft of an antique engagement ring during a proposal in the cafe, but their investigations tend to lean towards the more macabre…

When Lily arrives at Mrs Marigold's to give her a new 'do', she checks on the "people living upstairs".

She finds the attic full of stuffed animals – or "antique road kill" – and the ring thief's body in a freezer.

Let the investigation begin.

FRANK SKINNER: 30 YEARS OF DIRT, Sky One, 9pm: It's almost 40 years since Frank's live stand-up career began in 1987, and to many, he has become best known for his Three Lions footie anthem with fellow comedian David Baddiel.

Frank rolls back the years in this special, filmed in front of a live audience in London, having filthy minded fun with just a mic and a crowd.

KATE NOBLE

TNT SPORTS 1

6am LIV Golf **7.00** LIVE Snooker China Open **10.30** TNT Sports Reload **11.00** Discovery Golf **11.30** UIM F1H2O World Championship Highlights **12.00** UEFA Champions League – Classics **12.30** LIVE Snooker China Open **4.00** Serie A – Full Impact **5.00** TNT Sports Reload **5.30** MLB Plays of the Week **6.00** MLB Highlights **7.00** The Fantasy Show **7.30** AFL **9.00** Serie A – Full Impact **10.00** Premier League Preview **11.00** Original Documentary **11.15** MLB Highlights **12.15** LIVE MLB. Atlanta Braves v Arizona Diamondbacks. Start-time at 12.15. **3.30-6.30am** LIVE AFL. Richmond v St Kilda. Bounce-up at 3.35.

TNT SPORTS 2

6am UIM F1H2O World Championship **6.30** MotoGP **7.30** UEFA Super Cup **9.00** Supercars Championship **11.00** LIVE AFL. Fremantle v Adelaide Crows. **2.00** MLB Plays of the Week **2.30** LIVE Cycling: Tour Of Czechia-Stage 2 **4.00** CPL **4.30** Discovery Golf **5.00** UEFA Super Cup **6.30** Sign Up – Into Football **7.30** Premier League Stories **8.00** Cycling **9.00** UFC Countdown **10.00** The Verdict **10.45** Original Documentary **11.00** CPL **11.30pm-3.45am** LIVE CPL. Saint Lucia Kings v Antigua & Barbuda Falcons.

TNT SPORTS 3

6am UEFA Europa League Goals Reload **8.30** FIM Speedway Grand Prix **9.30** LIV Golf **10.30** LIVE European Athletics Championships **1.15** CPL Highlights **1.45** MLB Highlights **2.45** Formula E Unplugged **3.45** LIVE ABB FIA Formula E World Championship **5.00** Cycling **6.00** Original Documentary **6.45** Original Documentary **7.00** UIM F1H2O World Championship Highlights **7.30** LIVE European Athletics Championships **10.00** Snooker China Open **12.00** Serie A – Full Impact **1.00** LIVE NWSL. Gotham FC v Kansas City Current. Kick-off at 1.00. **4.00-6am** LIVE AFLW

PREMIER SPORTS 1

6am NASCAR **7.00** Top 14 Rugby Union **9.00** Show Jumping **10.00** Brasileiro Serie A **12.00** UEFA Europa Conference League **2.00** FIM Quadcross Championship **2.30** NASCAR **3.30** Sporting Greats **4.00** 3Ice Hockey **7.00** Football's Greatest **7.30** LIVE Premier Sports Cup. Kilmarnock v Ayr United. **10.30** Temples Of Sport **11.00** FIM Sidecarcross Championship **12.00-1am** NASCAR Highlights

TALKSPORT2 DAB talksport.com

8am Following On **9.00** Howzat For A Podcast! **10.00** Fight Night Extra **11.00** EFL All Access **12.00** The EFL Fan Network **1.00** Racing Live **3.00** The Social **5.00** PGA Tour Live **11.00** William Hill Sports Book Club **12.00-8am** My Sporting Life

TIMES RADIO DAB thetimes.co.uk/radio

6am Rosie Wright And Calum Macdonald **10.00** Ed Vaizey **1.00** Dom Joly **4.00** Carolyn Quinn **7.00** Geoff Norcott **10.00** Henry Bonsu **1.00-6am** The Best Of Times Radio

RADIO 1 97.6-99.8FM bbc.co.uk/radio1

7am Greg James **10.00** Anthems With Nat And Vicky **11.00** Group Chat With Nat And Vicky **12.45** Newsbeat **1.00** Mylo And Rosie **3.00** Dance Party Starters **4.00** The Official Chart On Radio 1 With Jack Saunders **5.45** Newsbeat **6.00** Dance Party With Danny Howard **8.00** Future Dance With Sarah Story **10.00** Pete Tong **12.00** Essential Mix **2.00** Dance Presents **3.00** Danny Howard's Club Mix **4.00** Dance Party Starters **5.00-6am** Happy Anthems

RADIO 2 88-91FM bbc.co.uk/radio2

6.30am Sara Cox **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** Mark Goodier **4.00** Joel Dommett **7.00** Michelle Visage **8.30** Michelle Visage's Handbag Hits **9.00** Sophie Ellis-Bextor's Kitchen Disco **11.00** The Rock Show With Shaun Keaveny **12.00-1am** Romesh Ranganathan: For The Love Of Hip-Hop (R)

MOVIES

Sky Cinema Premiere 8pm Paul Mescal stars in period drama Hamnet

SKY CINEMA PREMIERE

12.05pm Tom And Jerry: Forbidden Compass (PG, 2025) ★ **1.55 Love Me** (15, 2024) ★★★★ **3.40 Heretic** (15, 2024) ★★★★ **5.40 Song Sung Blue** (12, 2025) ★★★★ **8.00 Hamnet** (12, 2025) ★★★★ **10.15 Normal** (15, 2026) ★★★★ **12.00-2am Mortal Kombat II** (15, 2026) ★★★

SKY CINEMA ANIMATION

11.10am Playmobil: The Movie (U, 2019) ★★★ **12.55 Chicken Run** (U, 2000) ★★★★ **2.25 Fantastic Mr Fox** (PG, 2009) ★★★★ **4.00 Spider-Man: Into The Spider-Verse** (PG, 2018) ★★★★★ **6.00 The Ant Bully** (U, 2006) ★★★ **7.35 Shaun The Sheep Movie** (U, 2015) ★★★★★ **9.05 A Shaun The Sheep Movie: Farmageddon** (U, 2019) ★★★★ **10.35 Shark Tale** (U, 2004) ★★★★ **12.10-1.45am Rock Dog** (PG, 2016) ★★★

SKY CINEMA ACTION

10.40am The Lord Of The Rings: The Return Of The King (12, 2003) ★★★★★ **2.00 Transformers: Dark Of The Moon** (12, 2011) ★★★ **4.40 Hancock** (12, 2008) ★★★★ **6.20 Normal** (15, 2026) ★★★★ **8.00 Mission: Impossible – The Final Reckoning** (12, 2025) ★★★★ **10.55 Transformers: Age Of Extinction** (12, 2014) ★★ **1.45-3.45am The Meg** (12, 2018) ★★★★

FILM4 freeview 14

11am Cleopatra (PG, 1963) ★★★★ **3.45 Siege Of The Saxons** (U, 1963) ★★ **5.30 The Battle At Apache Pass** (PG, 1952) ★★★ **7.15 Horizon Line** (15, 2020) ★★★ **9.00 Fury** (15, 2014) ★★★★ **11.40 The Invitation** (15, 2022) ★★★ **1.45-4am Infinity Pool** (18, 2023) ★★★★

TALKING PICTURES freeview 82

11.30am The Broken Horseshoe (PG, 1953) ★★★ **1.05 The Edgar Wallace Mystery Theatre 2.15 The Adventures Of Robin Hood 2.45 Brandy For The Parson** (U, 1952) ★★★ **4.20 Look At Life 4.30 The Cheaters 5.00 A Family At War 6.00 Rumpole Of The Bailey 7.00 Z Cars 8.00 Public Eye 9.05 Cellar Club With Caroline Munro 9.10 Supernatural 10.10 Cellar Club With Caroline Munro 10.20 Tales Of Frankenstein 10.55 The Devil Bat** (PG, 1940) ★★ **12.15-12.20am Cellar Club With Caroline Munro**

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Morning Show Mysteries: Murder Ever After (PG, 2021) ★★ **11.50pm-1.45am Murder, She Baked: A Deadly Recipe** (PG, 2016) ★★★

GREAT! ACTION freeview 42

2pm Burn Notice 4.00 Sniper Elite (15, 2014) ★★ **6.00 The Unit 7.00 Burn Notice 9.00 The Transporter Refueled** (15, 2015) ★★ **11.05 The Avengers 12.05-1.05am The New Avengers**

dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

HIS ANNUAL BUSINESS TRIPS MAKE ME ANXIOUS

Dear Deidre

MY husband's annual work trip is already causing rows and he hasn't even packed his suitcase yet.

I'm 38 and he's 40. We've been married for 11 years and, normally, we're really happy together.

Once a year, his job takes him away for a week, and I absolutely dread it. I know he has to go but being apart from him makes me incredibly anxious.

As soon as he broke the news, my stomach dropped. I asked if he really had to go, and he accused me of starting the same argument we have every year.

I told him I hate being left alone and that he always seems so excited about getting away from me. He couldn't understand why I was making such a big deal of it and said I was overreacting.

We've barely spoken since, and the atmosphere at home has been awful.

I know I can't stop him going but I can't handle the anxiety that comes with it.

■ DEIDRE SAYS: It's understandable to feel anxious when your husband is away but if it's causing the same rows every year, it is important to look at what's behind those feelings.

Talk about what you need to feel more secure rather than trying to stop him going. Agree how you will keep in touch while he is away and make your own plans for the week.

Couple's counselling through Relate (relate.org.uk) could help you work on the trust in your relationship.

My support pack, Dealing With Jealousy, also offers advice.

I'm pregnant... by hubby's pal

Dear Deidre

I SLEPT with my husband's best friend — with my spouse's blessing — but now I'm pregnant with his pal's baby.

I'm 35, my husband is 38, and we've been married for nine years.

We're happy and have always had a very adventurous sex life. Last summer we were on holiday with his best friend, when we started joking about whether we could ever bring someone else into our relationship.

A few drinks later, the conversation became more serious, and his friend admitted he was interested.

In the heat of the moment, we decided to give it a try and were all surprised by how much we liked it.

Initially I was worried about what it would do to our relationship but surprisingly it actually brought my husband and I even closer.

We trusted each other completely, and, after a while, his friend and I started seeing each other separately too. It continued for a couple of months and we were all happy with the arrangement. Then I found out I was pregnant.

My husband has already had a vasectomy, so there was no question about whose baby it is.

Telling my husband was terrifying, but after the initial shock, he told me he wanted to be there for me and raise the baby together. I was so relieved – and then I broke the news to his best friend.

He was thrilled about the pregnancy at first but that quickly gave way to jealousy.

Now he doesn't want me sleeping with my husband while I'm expecting and says knowing we're still intimate is consuming him.

The last thing I want to do is upset him but I don't think it's fair to put my relationship with my husband on hold because of his feelings.

Where do I go from here?

■ DEIDRE SAYS: It is understandable that your friend is struggling with jealousy, particularly now he knows he is going to be a father.

Give him space to talk honestly about his feelings and what role he wants to have in the baby's life.

But he also needs to understand that your husband is your partner and he cannot dictate what happens in your marriage.

You and your husband need to agree on your boundaries and decide together what feels right for your relationship.

My support pack, Unplanned Pregnancy?, can help guide you through the emotional and practical decisions ahead and show you where to find support.

HERE TO HELP YOU

IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response.

deardeidre@the-sun.co.uk

AGED 54 AND NO ONE WILL HIRE ME

Dear Deidre

NO matter how hard I try, getting back into work has become impossible.

I'm a 54-year-old man and I was made redundant from my job as a warehouse supervisor three years ago after the company closed.

As I have years of experience, I thought I would find something else fairly fast.

But I have applied for hundreds of jobs, from warehouse work and delivery driving to supermarket shifts and admin roles.

At this point I would take almost anything but I'm lucky if I even get an interview.

Even when I do make it further in the process, I'm often told they've gone with someone else. A couple of recruiters have even hinted that employers are looking for younger candidates.

I've tried everything, from rewriting my CV to signing up with agencies and spending hours filling in applications, but nothing seems to pay off.

The longer this goes on, the more embarrassed and useless I feel.

■ DEIDRE SAYS: Constant rejections can leave you questioning yourself but keep applying for roles.

Your experience and skills have value, and there are employers who will give you a chance.

Online applications are an important part of getting a job but so is meeting employers and making contacts in person. Try all methods to get noticed.

My support pack, Help For Job Seekers, has useful tips to aid you.

Rest Less (restless.co.uk) also offers people over 50 advice on this.

THE Sun

YOUR FREE TV MAG

The heat is on in Celebrity MasterChef as Giorgio Locatelli and Grace Dent watch 15 stars battle it out for kitchen glory.

EVERY SATURDAY ONLY IN THE Sun

stories deidre's photo casebook | HANNAH'S FAUX FRIEND: DAY 5

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

FOR many people, having sex for the first time can feel exciting and nerve-racking in equal measure.

It's easy to put pressure on yourself but first experiences are often awkward, not perfect.

What matters most is that you feel comfortable and able to go at your own pace.

If you're anxious or unsure, my support pack, First Time Fears, can help.

Dear Deidre

GETTING away from my turbulent relationship felt like a huge relief but now our unborn baby has tied us together for life.

I'm 31 and my ex is 29. We were together for two years and things were great at first. But over time, her mental health became difficult to manage.

She has depression and bipolar disorder and there were periods when it all seemed to spiral.

She would disappear for days, stop answering anyone's calls and get herself into situations that left her family frantic.

Once she quit her job on the spot after a row with her manager, then spent weeks refusing to leave the house because she was convinced everyone hated her.

I tried to support her but eventually I couldn't cope with the constant ups and downs and ended the relationship.

A few weeks later, she told me she was pregnant. It was a huge shock but I knew straight away that I wanted to be there for my child.

The problem is that we are already arguing about how things will work once he arrives. She changes her mind constantly about when I can see him and says if I don't follow her rules, she will make sure I have barely any contact.

EX MAKES BEING A DAD SO HARD

■ DEIDRE SAYS: Ending a turbulent relationship shouldn't mean forfeiting the right to being present in your child's life.

Keep communication with your ex calm and focused on your baby rather than your past.

Try to put clear arrangements for contact in writing and consider mediation if you cannot agree. You can arrange this through National Family Mediation at nfm.org.uk (0300 4000 636).

You can find further support through Both Parents Matter (bothparentsmatter.org.uk, 0300 0300 363), who can offer advice on your rights.

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Fab DAILY

I'M 44 AND DITCHED MY HANDBAG LIKE GEN Z... IT AGED ME BY A DECADE

As young women abandon their handbags for fear of "looking dated", writer **SAMANTHA REA,** 44, from London, left hers at home . . . with dire consequences

WORK IT OUT . . . with all her baggage at the gym

I'M a woman who loves a huge handbag – and I need one for the many items I rely on.

As a constant water drinker, I'm never without a bottle. After washing my hands, I need hand cream or I'll be distracted by the dryness of my skin.

I'm addicted to lip balm, which I reapply almost as often as I breathe.

I have flyaway hair that needs brushing, even when the wind is barely whispering.

Unpredictable periods (or my inability to keep track) mean I always carry a toiletry bag filled with sanitary essentials and spare knickers in different styles and colours.

My habit of leaving late, then rushing, means that deodorant is a must.

Then, of course, there's my make-up bag, purse, keys, perfume, sun cream, hair grips, phone, sunglasses, selfie ring light, tissues and a pair of ballet pumps or flip-flops to change into out of my heels on the way home.

So, you see, I can't leave the house without a big bag.

The trouble is, I'm worried it makes me look dated because, apparently, only the over-40s are heaving handbags about.

Almost a third of 18 to 29-year-olds don't take a handbag when they're out socialising, according to a study by wine brand Echo Falls.

A third of young women (34 per cent) say ditching their handbag makes them feel freer. Meanwhile, 44 per cent see handbags as old-fashioned. Ugh.

There is clearly a generational divide, with 45 per cent of Gen X and baby boomers refusing to leave home without a handbag, and 60 per cent using it to carry "everything".

Oh dear . . . I might as well be wearing a big badge with "old lady" on it. But how on earth are younger women coping without at least a clutch?

It turns out they are simply carrying all the items that would be in a handbag in their hands. Known as "girl grip" or "the everything claw", younger women keep their possessions in the palms of their hands with any excess items stuffed down their bra.

Instagram account GirlsCarryingSh*t is dedicated to women carrying everything they can. Posts include pics of women lugging combinations of coffees, keys, cigarettes, sangria, books, wine, phones and flowers.

Snakes, bagels and rubber chickens also make appearances on the account, which has already amassed more than 450,000 followers.

I don't want everyone seeing the secrets I stash in my bag, but clearly my handbag habit is putting me in the "older" category. And I do carry far too much stuff.

So I challenge myself to ditch my handbag for a day and try the "girl grip" instead.

Non-negotiables

Starting my day at the gym, I quickly realise I've taken on the ultimate organising consultant Marie Kondo makeover. Some items I leave at home: the unused selfie ring, perfume, make-up, hair grips and deodorant. I don't need my spare flats as I'm wearing my trainers.

But my hand cream is coming with me because I always wash my hands after using the gym equipment, and my lip balm is non-negotiable – as are my keys, phone and hairbrush, along with a bottle of water.

I've put on factor 50 at home, but it is a hot, sunny day and I'll need to reapply after sweating, so that's coming, too. Ditto my sunglasses.

It's not my time of the month, but I never leave the house without my period bag in case it starts unexpectedly, so I'm worried about leaving this behind – only I'll have to as I literally can't carry anything else.

As I struggle to lock the front door, I drop my water and my lip balm. The lid of my lip balm ricochets off

Continued on next page

'As I struggle to lock the front door, I drop my water and my lip balm'

HANDS FULL . . . Sam struggling without her bag

Picture by SONJA HORSMAN

Fab DAILY

Edited by SARAH BARNS and **JOEL COOPER**

NOT SO CHIC . . . Samantha's items clutter the table at posh drinks spot Sofitel London

'I DON'T KNOW WHETHER TO LAUGH OR CRY'

From previous page

and rolls into pigeon poo. Aargh. I already hate this.

I make my way to PureGym Piccadilly on the Tube, but when I get to the ticket gate, I drop my sunglasses as I swipe my card on the reader at the barrier.

I still haven't mastered "the everything claw" and end up dropping my hairbrush on the pavement outside.

Now I can't brush my hair because the bristles have touched the ground and that is disgusting.

I'm not even in the gym and I really hate today.

Once inside, I find a bench to unload my hands. I don't really want everyone seeing my personal items, but here they are, scattered like an art installation by Tracey Emin.

Luckily it's a quiet time, but my lack of a bag means I'm stuck in one spot as it's far too much effort to lug all of my individual items around to different workout areas. That would be a workout in itself.

I head home to shower and change before making my way to meet my friend Sonja for alfresco drinks at the chic hotel Sofitel London St James.

We have a table reserved at the hotel's outdoor Bistrot On The Terrace, which is as close as I'll get to the French Riviera this summer.

While the setting is stylish and elegant, I've suddenly made our beautiful table look a mess with my belongings strewn over it.

It honestly looks like someone's done a smash-and-grab in Boots, then emptied their haul.

Using the loo, I have to put my things on the cubicle floor, which is not ideal. As I open the door, I remember I've run out of toilet paper at home.

Usually, I'd put a loo roll from the cubicle into my handbag to take with me – only I don't have my bag and there's no way I can return to my table and dump loo roll on it.

I will have to stop at Tesco on my way home and I'm now stressing about how I'm going to juggle a four-pack along with everything else.

My friend wants an ice-cream and a stroll in nearby St James's Park, but the last thing I want to do is walk around in heels.

If I had my handbag, I'd have my ballet flats to change into.

I want to say no but, trying not to be a spoilsport, I agree.

However, my heels are not meant for walking and every step irritates me.

Next, trying to hold an ice cream in addition to all the other bits and bobs is virtually impossible. I don't know whether to laugh or cry.

'The wind blows my hair in my face and with no finger free to move it, I use a knuckle and end up dropping my phone. I'm done.'

The wind blows my hair in my face and I don't even have a finger free to move it out of my eyes. Awkwardly, I try to use a knuckle and end up dropping my phone.

Luckily, the screen doesn't smash, but the ice cream is dripping sticky sauce over my hairbrush.

I am really done for today. Never again am I leaving the house without a handbag. I do not care if it dates me.

However old-fashioned a handbag makes me look, it won't age me as much as the frown lines I'd get from struggling to manage without one.

So I'll leave "girl grip" to the girls – I'm keeping my old lady bag.

THE SUIT

From oversized to skinny oval, there's a pair of glasses to suit every face shape – and frame expert Bianca Swan says your current pair might secretly be dragging down your features

DIAMOND

like Vanessa Hudgens

ROUND FRAMES

DIAMOND faces are defined by a narrow forehead, prominent cheekbones and a narrow chin.

Bianca says: "Round frames will work beautifully for you, softening angles while drawing attention to your stunning cheekbones rather than hiding them.

"You can also make a statement with cat-eye styles.

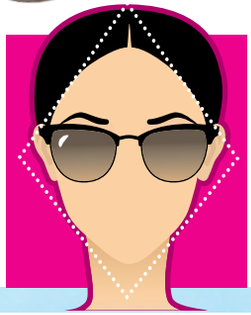
"The key is choosing frames that celebrate your bone structure, rather than downplaying it."

She adds: "Avoid really narrow frames or styles that are much smaller than the width of the cheekbones.

"Diamond-shaped faces are widest at the cheekbones, with a narrower forehead and jawline.

"Narrow frames can make cheekbones appear even wider, while softer or slightly wider styles help balance facial proportions."

● **Sunglasses, £18, Marks & Spencer, *below***



SQUARE

like Margot Robbie

SKINNY OVAL

A SQUARE face features a broad forehead that aligns with your jaw.

Bianca says: "I'd recommend narrow oval frame styles to balance those angular features beautifully.

"Alternatively, if you want to make a bolder statement, go for cat-eye or geometric shapes that play up your strong jawline.

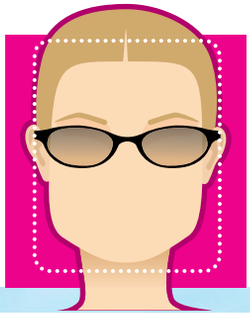
"Either way, you're working with great bone structure and your frames should enhance it."

But there are some styles best avoided.

She explains: "Swerve boxy, geometric or heavily angular frames. Square faces tend to have a broad forehead and strong jawline.

"Sharp-edged frames can exaggerate these angles, while rounded styles help soften features and create balance."

● **Sunglasses, £10, Pretty Little Thing, *below***



RIGHT SHADES TO YOUR FACE SHAPE

By EMILY REGAN

THERE'S a reason A-listers like Victoria Beckham and Kim Kardashian never leave the house without their signature shades.

The right pair can elevate your style in seconds. But get the shape wrong, and they can completely overpower your features.

With hundreds of frames to choose from, finding a pair that actually flatters your face can feel impossible.

According to Specsavers frame stylist Bianca Swan, finding frames that complement your face shape is just as important as following the latest trends.

"While trends will always come and go, the most stylish sunglasses are usually the ones that feel balanced and effortless on you," she explains.

"A frame that complements your features can enhance your natural proportions and make a statement for all the right reasons, whereas a shape that doesn't work as well can sometimes overpower your features or draw attention away from your overall look."

If you're unsure of your face shape, Bianca says you can work it out using a handy a five-second mirror trick.

She explains: "Start by pulling your hair back and looking straight into a mirror. Think about the widest part of your face, whether that's your forehead, cheekbones or jawline, and compare the length of your face to its width.

"You can even trace the outline of your face in the mirror with a washable marker or take a selfie and look at the overall proportions."

Today, Bianca shares her expert tips on how to find the perfect pair of sunglasses to suit your face shape.

Our writer's verdict

GOOD AND BAD . . . Emily trials shades

AS a stylist, I love experimenting with different sunglasses shapes, but my oval face lends itself particularly well to an aviator style.

Luckily, they've been trending again for the past few years, so there's plenty of choice for me on the high street.

I love these tortoiseshell frames, *above left*, which feel more modern than traditional gold or silver aviators, and they're a great way to add a little print without going too bold.

On the other hand, those with an oval face shape may want to avoid really skinny frames, like this cat-eye pair, *above right*.

As much as I love the green colour, the narrow shape disrupts the natural symmetry of an oval face and can make features look disproportionately long, so it's one I'd steer clear of.

ROUND

like Selena Gomez

RECTANGLE FRAMES

TYPICALLY, a round face is defined by full cheeks, a curved chin and a broad hairline.

Bianca says: "Rounder faces benefit from structure and length, which is why rectangle sunglasses work so well for you.

"The geometric lines create definition and elongate your proportions beautifully.

"Rather than mirroring your natural softness, rectangles add a contemporary edge that balances your features perfectly.

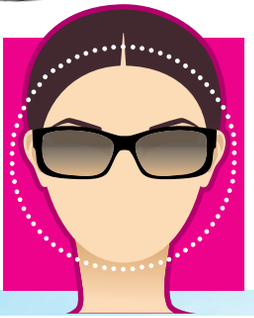
"It's a simple switch that makes a real difference to how the whole look comes together."

But Bianca says you should avoid very small round frames or circular styles.

"Round faces tend to have soft curves and similar proportions in width and length," she explains.

"Circular frames can emphasise this roundness, while angular shapes help create contrast and definition."

● **Sunglasses, £14, River Island, *below***



OVAL

like Jessica Alba

AVIATOR

A FACE that is longer than it is wide, with a subtly narrower jaw than cheekbones, is an oval.

Bianca says: "If you have an oval face, most frames will suit you brilliantly.

"That said, pilot-style glasses are particularly flattering as they complement your naturally balanced proportions without overwhelming your features.

"The angular design adds a touch of sophistication while maintaining harmony with your face shape.

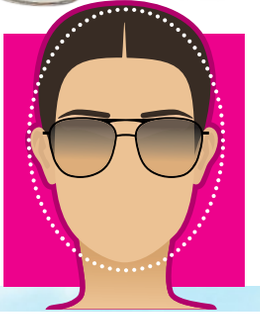
"Classic for a reason, they're the perfect no-fail choice that works season after season."

She adds: "Avoid extremely oversized frames or very narrow frames.

"Oval faces are naturally balanced, so the goal is to maintain those proportions.

"Frames that are too large or too small can overwhelm the face and disrupt its symmetry."

● **Sunglasses, £27.99, H&M, *below***



HEART

like Victoria Beckham

CHUNKY AVIATOR

IF your forehead is the widest part of your face and your chin is quite pointed, you fall into the heart-shaped category.

Bianca says: "Your broad forehead benefits from balancing and that's where extra chunky pilot-style comes in.

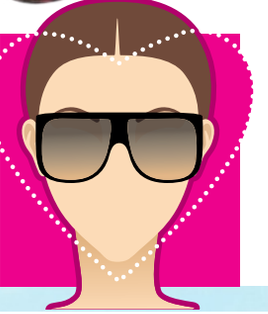
"The wider frame distribution helps anchor your upper face while the classic aviator shape adds softness through the chin area.

"It's a style that works with your natural features rather than against them, creating visual equilibrium – bold, confident and genuinely flattering for heart-shaped faces."

But she warns that you should avoid slim rectangular frames, especially if they have low lens heights.

She explains: "These shorter styles can visually widen the face and draw attention to the broader upper half, whereas deeper or softer frame shapes tend to create a more harmonious balance."

● **Sunglasses, £25.99, Mango, *below***



@the-sun.co.uk letters

The page where you tell Britain what you think

IT is absolutely ridiculous that ITV removed Emmerdale and Corrie on Wednesday night to show a friendly football match.

Don't they think that after the World Cup we have had enough for a short while?

With the new season on the horizon, it's a bit OTT to televise a friendly – and that's from a football fan.

TREVOR PEACE
Huddersfield, West Yorks

GETTING Sophie Khan Levy, who plays Priya in EastEnders, *pictured*, to wear the baggiest jumper and getting her to act behind the world's biggest shoulder bag doesn't hide what appears to be Sophie's pregnancy.

It is also making fans speculate the character is hiding a pregnancy after a fling.

Either way, it does make the soap more entertaining to watch.

WENDY KING
Bognor Regis, West Sussex

SO creditors will not see a penny of the £2.9million that Cosmoss, the failed company owned by Kate Moss, owes. Kate, *pictured*, is reportedly worth £55million and could cover the debt easily.

DEAN MILLARD
Walworth, South London

EUROVISION says it will ban any country at war from hosting the contest. Looks like only Switzerland will be left to do the honours then.

PETE LAMBELL
Daventry, Northants

CLIMATE change is not a hoax, but Earth's climate is controlled by the sun, not by humanity.

COLIN MACDONALD
Bottesford, Notts

Levy victims so let down

£50 LETTER

IT is shocking that Simon Levy, a known sex offender who was supposedly being monitored, was allowed to prowl the streets without supervision.

Opportunities were missed by two police forces, two courts and the Crown Prosecution Service.

The poor girls who were murdered, raped and groped by this evil monster might never have suffered such horrors if the agencies involved had taken his threat seriously.

Once again, the public has been let down by the very people who were meant to protect it. Tough questions need answering as to why so many agencies failed completely in this case.

PADDY MAXWELL
Southampton

THE long catalogue of blunders and communication failures that allowed serial sex offender and killer Simon Levy to remain at liberty and to reoffend time after time beggars belief.

The danger he represented to women should have been crystal clear. Even behind bars he sexually assaulted a female prison officer. Yet he was repeatedly released on bail, free to continue his predatory behaviour.

Even a failure to show up at court didn't trigger an arrest warrant or stop him being freed on bail – yet again – when he did finally show up.

It is a relief that he has finally been handed the life sentence he should have been given long ago.

LESLEY EVANS
Walsall, West Mids

SEX FIEND . . . blunders left Simon Levy free to carry out series of attacks

OUR PM Andy Burnham's answer to the invasion of illegal migrants is to house them in middle-class areas, not just poorer ones. House them **ALL** around MPs' homes – the backbenchers would soon be demanding the boats be stopped.

BRIAN LEA
Nottingham

SO asylum seekers are now going to be housed in middle-class areas too. What's wrong with upper class? Have a general election and get Reform in and illegal migrants will be deported.

KENNY MARTIN
South Tyneside, Tyne and Wear

IF all the migrants were genuine, the UK might have some empathy for them as they arrive on boat after boat from France.

But, let's face it, they are **NOT**, as Angela Rayner says, mostly vulnerable women and children.

Every 14 minutes an illegal migrant lands on our shores. Who does Andy Burnham think he is to lecture us on our responsibilities, having a go at "middle-classes" for not being welcoming to these migrants? He has a responsibility to the public to stop the boats.

AMBER JACOBS
Frodsham, Cheshire

AS Andy Burnham welcomes illegal immigrants, increases benefits and conjures up more ways to implement stealth taxes, the people shouldering the burden receive nothing but potholes, lack of law and order and a PM who, in true Labour fashion, can't answer direct questions but can perform a U-turn when it suits.

NIGEL COLEY
Leicester

OUR new PM Andy Burnham has not distinguished himself too well with his lack of action to date. What with illegal immigrants now using mega-dinghies to swarm into our country and police killers potentially due for early release.

MICK HARGREAVES
Wrexham

TWO of PC Andrew Harper's killers got just 13 years jail. It's time for a new law giving double or treble terms to those who attack or harm any of our first-line responders – police, ambulance, fire brigade.

It would act as a deterrent.

JOHN CUTHBERT
Prudhoe, Northumb

THE old quote says "the sun never sets on the British Empire" but it did for about half an hour to much fanfare.

Eclipses are fascinating and seemingly inevitable but should also be treated with respect.

DENNIS FITZGERALD
Melbourne, Australia

HERE'S an old one. A boy looks up to his dad and asks, "Do you know anything about an eclipse?" The father replies: "No son".

RICHARD MILLIGAN
Bishop's Sutton, Hants

email, fax, write, text or comment online

We pay £50 for our Star Letter of the day: Email letters@the-sun.co.uk. Fax us on 020 7782 4170 or write to Dear Sun, The Sun, 1 London Bridge Street, London, SE1 9GF. Include your full name and address. Text us on 07537 410199, don't forget to include your name and where you're from. Standard text rates from your provider apply. You can share your views at thesun.co.uk.

THE Sun BINGO 8! PLEASE PLAY RESPONSIBLY
Play smart with Sun Bingo by setting Deposit Limits and using Reality Checks. Visit sunbingo.co.uk/smart-tips to find out more. 18+ GamCare.org.uk

Mystic Meg

with MAGGIE HYDE

ARIES March 21 – April 20

Get the boring jobs out the way so the rest of the day flies by. Momentum builds quickly with every task you tick off. A lucky charm makes the perfect gift for someone who is always in your corner. Don't ignore that reminder to book an overdue appointment. Health is wealth, and your energy is your greatest asset.

TAURUS April 21 – May 21

A favour at work leaves you free to enjoy yourself later. Showing up, day after day, is paying off at long last. An old photo reminds you just how far you have come and planning a trip back to somewhere familiar is exactly what you need. Looking for love? Watch who goes out of their way for you today.

GEMINI May 22 – June 21

The world is on your doorstep. You don't have to travel far for your next adventure. Being involved in outside interests connects you to like-minded people – there's no such thing as too many friends. A child's enthusiasm is impossible not to catch. Single? The one everyone has their eye on has their eye on you.

CANCER June 22 – July 22

Home is your sanctuary but this is no time to retreat into your shell. At work the rewards start to show, especially where money is concerned. Someone high up notices your efforts even if they haven't said so. Don't dismiss a practical suggestion. Love life? Avoid that tempting workplace flirtation.

LEO July 23 – August 23

You expect the best from yourself because you know what you are capable of but if the dust is still settling after the eclipse in your sign, don't let doubts creep back in. If a mid-afternoon wobble makes you question your worth, a neighbour or colleague helps you find your roar. Wear gold accessory for extra luck.

VIRGO August 24 – September 22

With the moon in your sign, trust your instincts and the pieces will fall into place. Keep your criticism constructive. Not every hill is worth dying on. Someone close trusts you with something they've never said out loud before. Make sure you're there to listen, not to solve. Luck is in a scratch card or bingo game.

LIBRA September 23 – October 23

Attention is welcome but you can have too much of a good thing. Don't be afraid to take some time to yourself to recharge. Relationships have demanded more than usual lately, making today's chance to catch your breath feel well deserved. Find a penny? Pick it up. All day long you'll have good luck.

SCORPIO October 24 – November 22

While everyone is soaking up the sun or heading to the pub, your focus is firmly on getting ahead. The upside? Less competition. You are being talked about in rooms you have yet to walk into. Make time to reset. Planning a spa day at home or a quiet weekend away with your biggest supporter ticks all the right boxes.

SAGITTARIUS November 23 – December 21

You are a visionary, so keep your eye firmly on the horizon instead of getting lost in the details. A special someone has a surprise up their sleeve, or the people who know you best will make something exciting happen. A child comes to you with big plans that need more than encouragement – they're following your lead.

CAPRICORN December 22 – January 20

Get important paperwork in order. If your partner is preoccupied with travel or study, make the most of the time to get life sorted. You can give them your full attention when they return. An older person appreciates a little extra care. Single? Your top clue is being drawn to someone different from your usual type.

AQUARIUS January 21 –February 18

Pooling your resources pays off. Whether it's splitting a bill, sharing an idea or combining talents, two are better than one. Ask a friend for a podcast recommendation, you may discover a whole new way of thinking. An honest conversation lets you know exactly where you stand. Travel deals are up for grabs.

PISCES February 19 – March 20

Something has been draining your energy for far too long. Whether it is work, stress or a habit that's run its course, now is the time to turn things around. Book that appointment or speak to an expert. Don't let money hold you back. Someone close is more than willing to help if you ask. White flowers bring you luck.

Phone Meg's psychics for a chat on 0905 005 8102

Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406

Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

Something for the Weekend

MOVIES ● GAMES ● MUSIC ● BOOKS

BIG WHIGS . . . *from left to right*, Rick G. Nelson, Greg Dulli, Bryan Lee Brown, John Curley and Christopher Thorn

'I kept my house in permanent night... living the vampire life'

The AFGHAN WHIGS

DUVETYNE, or in this case the alternative spelling Duvateen, is a twill fabric with a matt finish that makes it ideal for blocking out light.

In its black fire-retardant form, it has widespread use in the film industry to ensure the right controlling effect.

In the first season of the original Star Trek for instance, exterior shots of space, "the final frontier", were created by gluing glitter to it.

As you'll discover, it was also used by The Afghan Whigs' frontman Greg Dulli – and now it's the name of a pivotal song on the band's tenth studio album, Soft Control.

It is 40 years since he formed the Whigs in Cincinnati, Ohio, later moving to Seattle to become Sub Pop label mates with grunge pioneers Nirvana, Mudhoney and Soundgarden.

But Soft Control, their first LP in four years, has to be one of their most urgent, textured and captivating efforts yet.

When he calls from America's West Coast, it's the first time I've spoken to Dulli since 2008.

He was in London then during an extended Whigs' hiatus, promoting The Gutter Twins' album Saturnalia, made with the late Mark Lanegan, one of the grunge movement's defining singers both with the Screaming Trees and as a solo artist.

Lanegan died aged 57 in 2022, a year after battling a severe case of Covid at his adopted home of Killarney, Ireland. "Mark is someone

By SIMON COSYNS

I miss . . . every day," Dulli tells me.

He returns to the subject in hand and provides a fulsome explanation of his song Duvateen.

"There was a time in my life when I put it on all my windows," he admits. "I kept my house in permanent night, living the vampire life.

"I had a friend in the movie business so I went with her to get some. I saw what it could do for me."

So, what **DID** it do for you? I venture with a degree of trepidation.

'Symbolic nature'

"It was decades ago and I just didn't have any use for sunlight or for being outside," replies Dulli, before adding with a knowing sigh, "It was clearly not a healthy time for me."

By calling the piano-led song Duvateen, Dulli, who delivers the lyrics with white-knuckle intensity, is using it as a metaphor for the infinite void – or, if you like, mortality.

He admits: "The symbolic nature of it is not lost on me."

With lyrics that span his childhood, "teacher gonna chase us down the hall", to the grave, "dig somebody's hole", it encapsulates the circle of life and serves as the album's heartbeat.

Its sound is in stark contrast to the more rock-heavy numbers, drawing this response from Dulli: "When I get a piano song like that, it's an exciting moment in my life. It's the sort of thing I could play to my mom." As for the idea that Duvateen is the album's centrepiece, he says: "You write songs and, as some emerge, they state their alpha-ness.

"Duvateen got my attention very quickly. It started out differently – a bit like Honky Tonk Women for a minute – but I completely changed it.

"It was one of those songs when you feel as if your hand is being guided from beyond."

I suggest to Dulli that listening to Soft Control's ten tracks "feels like an emotional rollercoaster".

"Well, life in general is an emotional rollercoaster for me," he replies. "It would stand to reason that any art I put forth would be a similar thing."

Next the single-minded singer describes his path to the album: "We did a Covid record that came out in '22, then we toured it for a year.

"Then I took some time off and travelled. I didn't start working on a new record until '25.

"But once I began writing songs again, they were happening fast and furious. I did 20, 22. Cut them down to ten. And here's the ten."

the BIG **INTERVIEW** GREG DULLI

The result is a concise, dynamic punch of an album. "I like 40 minutes or less and I like ten as a round number," says Dulli. "I've been landing on it for the past four or five records.

"They're like a little family and sometimes they waiting for a little brother or sister to show up. I wrote the final song, Loose Talk, earlier this year."

The album comes bursting out of the blocks with taut Jungle Roux and riff-heavy House Of I.

Elsewhere, My Lover leans into the band's R&B credentials while stately The Deepest Part Of The Darkest Shadow serves as a companion piece to Duvateen.

There's a song called Memphis, Texas, not as strange as you think because there is such place, along with the famous Memphis in Tennessee where Elvis made his name.

The album ends with A Simulation, 70 seconds of ambient beauty segueing into one of Dulli's most tender vocals and a gorgeous string arrangement.

He calls it one of his "most existential songs". "I get overwhelmed by injustice, sadness, and people and animals being hurt. I know I'm not the only one wondering, 'What the f*** are we doing here?'"

But now, before we go any further, it's time to tell Dulli's story beginning with his teenage dream of fronting a band, inspired by a legendary psychedelic soul band.

He recalls: "I went to see The 5th Dimension. When (singer) Billy Davis Jr. took off at the end of Let the Sunshine In, it was the most electrifying thing I'd ever seen. I knew I wanted to be a lead singer."

Having dropped out of studying film at the University Of Cincinnati and flirted with the idea of becoming an actor, Dulli formed his first band, The Black Republicans, in the mid-Eighties.

Did they find it hard to get noticed at first? I ask. "When you're 20 years old, nothing's hard, man," he answers. "You're literally immortal.

"We all had regular jobs. I drove a taxi. I cooked in a restaurant. I painted houses, put roofs on houses. I was a roadie-type guy at the big theatre in town."

Crucial to Dulli's trajectory was the recruitment to The Black Republicans of bassist John Curley, the only Whigs founder member still by his side today.

'Jumping-off point'

He says: "We would see this bearded dude at our shows. We all thought he was about 40.

"Then one night after the show, he walked up and introduced himself to me, saying, 'I'm better than your bass player.' John came by our rehearsal place and played his way into the band."

Dulli describes what happened next: "I moved to Arizona for six months and wrote a bunch of songs.

"Then I came back to Cincinnati and started the Whigs with John, Rick McCollum (guitar) and Steve Earle (drums)."

He remembers the Midwestern city on the Ohio River being a "great jumping-off point" because so many towns "weren't that far away from us".

Dulli rattles off the places in the manner of Johnny Cash singing

Continues over page

sftw MUSIC

TOP GIGS **THE WEEKND**, tonight, tomorrow and Sunday, Wembley Stadium, and **ARIANA GRANDE**, Sat and Sunday, The O2 London, both ticketmaster.co.uk; **ANY YOUNG MECHANIC**, Oct 27, The Deaf Institute, Manchester, and **KURUPT FM**, Dec 2, Chalk, Brighton, both gigsandtours.com.

THE AFGHAN WHIGS
Soft Control
★★★★½

Soft Control is out August 21. The Afghan Whigs' UK tour begins on September 19 in Leeds, with dates in Nottingham, Glasgow, Manchester, London and Brighton.

'During grunge, we were the outsiders'

From previous page

I've Been Everywhere – "Louisville, Lexington, Kentucky, Columbus, Athens, Cleveland, Toledo, Detroit Chicago, Indianapolis, St. Louis, Pittsburgh."

But most inspirational to Dulli was a venue in Newport, Kentucky, just across the river from Cincinnati, The Jockey Club.

"Back in the day, the jazz dudes Frank Sinatra, Dean Martin, Sammy Davis Jr. played there," he says.

"Then it fell into disrepair before opening again as a punk rock club. When I got to college, my roommates were deep in that scene and that's how I got into The Jockey Club.

"I saw The Damned, Ramones, Johnny Thunders, Violent Femmes, Hüsker Dü, The Replacements, Killing Joke, so many great people.

"And everybody in the area cut their teeth there. If you were in a band, you played The Jockey Club and you played it multiple times a month."

In 1989, the Whigs self-released debut album Big Top Halloween caught the attention of Seattle-based Sub Pop's boss, Jonathan Poneman, who offered them a contract.

Suddenly, they were label mates with grunge pioneers Nirvana and Mudhoney – but they were a very different beast.

'Psychedelic Shack'

Dulli says: "We were outsiders in more ways than one. We were from Cincinnati and we weren't from the Northwest.

"Our covers were R&B covers instead of Stooges'. I love The Stooges but we had bonded over The Temptations. At our first rehearsal, we played Psychedelic Shack.

"We formed in October, 1986, and played our first gig in January the following year – and I guarantee you we played Psychedelic Shack at that show."

Dulli was also infatuated with a Midwestern powerhouse in the shape of genre-defying Minneapolis-based Prince.

"We weren't trying to sound like Prince," he says. "But you could grab elements of him and stick them in your quiver."

So what was it like heading to Seattle and mixing with Kurt Cobain and Co?

"It was like seeing people our age doing cool things," says Dulli. "When Nirvana knocked Michael Jackson off No.1 on Billboard, I thought, 'Wow! One of our own is at the top'.

'WILD SIDE' . . . young Dulli

"It was an exciting time, certainly in Seattle, where we had a front-row seat to it all.

"We loved all those guys and we loved those bands, played with everybody, and got to know everybody."

When it came to meeting his biggest buddy from the scene, Mark Lanegan, it was via a different route.

"I met Mark in Boston when the Screaming Trees, Primus and the Whigs were on the same bill but we didn't start hanging out until around 2000."

The Whigs enjoyed a stellar Nineties, navigating their way through the music industry "machine" on various labels but coming up with at least three first-rate albums, Congregation (1992), Gentlemen (1993) and 1965 (1998).

In 2001, frazzled Dulli decided to take a step back and the Whigs disbanded. Aside from a brief recording reunion in 2006, the hiatus lasted ten years.

He says: "I had absolutely no intention of being in the Whigs ever again. In my creative life, I'm so proud of the things I did during that time – The Twilight Singers and The Gutter Twins.

"But when the door opened to the Whigs again, I was a different person and ready to step through it."

Dulli remembers the times he would pass through his home town of Cincinnati where bassist Curley and his wife were raising their two daughters. "We were all pretty cooked from the Whigs experience but John would come to the shows and would get up on stage and play with either one of my bands – and everybody loved it."

In 2010, when Dulli was on a solo tour, Curley did his usual thing but was then persuaded to do the next night in Chicago, a five-hour drive away.

He says: "It was the first time in 11 years that anyone had seen John Curley and I on stage together outside of Cincinnati.

'I'm a lucky fella'

"When I introduced him, the ovation was so unexpectedly loud and long. That, effectively, was the catalyst for the Whigs reforming."

Since getting back together, they have made four studio albums, Do To The Beast (2014), In Spades (2017), How Do You Burn? and the imminent Soft Control.

The current line-up is Dulli, Curley, multi-instrumentalist Rick G. Nelson, Christopher Thorn (guitars) and Bryan Lee Brown (drummer who recently replaced Patrick Keeler who tours with Jack White).

Forty years on since the Whigs formed, Dulli says: "I'm still smiling at my good fortune. Still putting out music, playing live, the whole works. I'm a lucky fella."

He accepts that he used to be "an angry young man" but, at 61, he has found a degree of peace.

"I had an imaginary chip on my shoulder that I needed to get rid of," he says.

"You can tame yourself but you can always go back to the wild side – just in case you need to explore."

It's fair to say that The Afghan Whigs' latest album is one of his walks on the wild side.

NEW RELEASES

THE SCRIPT
The User's Guide To Being Human

A SOLID collection of emotional pop shows why Irish band The Script are still creating hits two decades into their career. Made for arena singalongs, it's a polished celebration of everything that makes us human.

Continuing as promised after the death of founding member Mark Sheehan, the band's resilience runs through the record.

Living Our Life Without Me touches on the pain of grief, Grow Old With Grace is a reflection on ageing, while uplifting Alive provides one of the brightest moments.

The Crowd Was Singing Wonderwall, inspired by the Gallagher brothers reunion, celebrates the healing power of friendship. ★★★½ **JS**

LAURA VEIRS
Temple Songs

FOR nearly three decades, Veirs has quietly gone about assembling a fine body of work – richly textured, thought-provoking and beautifully realised folk.

On album No.14, the singer from Portland, Oregon, ups the ante with one of her most intimate yet vibrant collections, which just so happens to be the first she has recorded, arranged and produced entirely on her own.

Although there's a sense of unease about lead single Flying Into Darkness which permeates through other songs, this album is all about resilience and, ultimately, finding the light. ★★★★ **SC**

JAMES ELLIS FORD
Lost In Another World

MADE in two weeks while Ford had chemotherapy for blood cancer this collection is never self-pitying. Written with synths propped up beside his hospital bed, tracks like 'Till Our Days Are Gone are serene and otherworldly, contemplating life and death.

As a producer he has worked with the likes of Blur, Foals and The Pet Shop Boys, but for this second album, there was no post production. The rawness of tracks such as Parallel Dimension, while he ponders whether treatment will work is full of fear, acceptance and hope.

Honest, direct and cycling through every emotion, tracks such as Silver Lining are life-affirming. ★★★★ **JS**

Q & A

ELIZABETH COOK

'I'm a storyteller…I'm drawn to that craft'

ELIZABETH COOK and authenticity go hand in hand. Her brand of country rock is rich in great storytelling and honest sentiment. She also has an incredible back story – the subject of a 2024 biopic, The Easy Kind, starring herself. Her latest album, Great Television, represents some of her finest work, taking a deep dive into the American psyche as well as demonstrating her fighting spirit. Here, she tells all to SIMON COSYNS . . .

TELL us about the thought-provoking Girls Of Atomic City, inspired by the thousands of women who worked on America's nuclear weapons programme in World War Two?

There's a book with the same title by Denise Kiernan. I was driving down Pacific Coast Highway on the way to the studio and listening to the radio. The author and the book, new at the time, were being featured.

I was so blown away by the experience these girls had and how it shaped their own lives and essentially the course of history for the entire world.

What's the story behind Thiokol Tripwire?

Essentially, it is about a chemical plant explosion in Woodbine, Georgia, in 1971. They were building tripwires for the Vietnam War.

The plant was the only place in town that would employ black women. This was a great opportunity for them and their families. But it also meant that this segment of an already tiny community tragically suffered the greatest fallout. Thirty victims in total.

The Government did at least help open a daycare centre since many were young mothers. The incident spurred the invention of 911 and desegregated walk-in services. Their story and its impact is criminally overlooked.

ELIZABETH COOK
Great Television
★★★★

What about producer Shooter Jennings' (son of the late Waylon) contribution to the album?

He oversaw the tracking and made musical suggestions. I adored getting to spend time with him because I love him a lot.

Great to hear you cover 19th Nervous Breakdown, have you always been a Rolling Stones fan?

Yes, I am Stones before Beatles – and that's just how it is. I started loving them when I was a teenager. Their work that showcases the influence of Gram Parsons and country music, is some of my favourite music ever.

What was it like having Wynonna Judd on The Easy Kind song?

It was jaw-dropping for me to hear her sing words that I wrote, and to now hear her voice on a record with me. One of the most enchanted moments of my career.

What was your experience putting together your film The Easy Kind, about your life?

It took eight years. It was a huge leap of faith. There was a beautiful creative partnership and friendship born with the director Katy Chevigny because of it.

The journey was harrowing. A film about perseverance tested the limits of perseverance. I love film and began digging into that world to learn about the classics and the great contributors to the format about 15 years ago. So it has been thrilling to get to participate in it.

On that note, what are your memories of singing in your parents' band from the age of four?

A lot of alcoholism, and grown-ups fighting, and bad sound systems – and places that a little girl honestly didn't want to be.

I read a quote describing you as the "daughter of a hillbilly singer married to a moonshiner" – can you tell us a bit about your parents and being the youngest of 11 children?

My mother was from West Virginia and an immensely gifted musician, bereft of opportunities or privilege to pursue it.

She had five children by her first marriage which left her impoverished. He was a dead-beat dad. It was the 1950s in Appalachia and she was rescued and brought South by a family that had moved to Florida to get out of coal mining and into railroad work.

She met my dad there, shortly after he was released from prison for running moonshine with an organised crime ring. He played upright bass in the prison band and was much more entertainer than musician. Before his jail time, he had five children by his first marriage. So there are 11 total, including me.

You return to your home state of Florida on Okeechobee Mud – what's the story behind that lovely ballad?

I started that song on banjo probably ten years ago. I had the first verse forever. I met a young man from Okeechobee and wrote the rest around the idea of him. The "Jumping Frenchmen of Maine" (an extreme, exaggerated startle reflex) is a medical condition I read about in a book on nutritional healing.

Did you always want to be a singer despite taking degrees in accounting and computer information systems?

I have seldom wanted to be a singer. It's an occupational hazard and I'm obsessed with getting better at it, but I'm really just a storyteller, and I have always been naturally drawn to that craft.

After more than 400 appearances, do you still get a thrill from performing at the Grand Ole Opry?

Yes, I do. When I look out from the stage and into the Opry audience, I feel so much love for the institution and what they have brought to our country's history and to rural culture and to country music fans for over 100 years. What a remarkable thing to be a part of.

sftw MOVIES

TOP 5 FILMS THIS WEEK **1.** Spider-Man: Brand New Day. **2.** The Odyssey. **3.** Paw Patrol: The Dino Movie. **4.** Toy Story 5. **5.** Minions & Monsters.
Source: filmdistributorsassociation.com

TONY
(15) 106mins ★★

IT'S not easy to make movies about real-life figures who have a cult following, which puts pressure on this story of how celebrity chef Anthony Bourdain became a culinary icon.

So instead of getting into the film about Bourdain becoming the great man the world knew, it's more of a coming-of-age story that could be about anyone.

Tony (Dominic Sessa) has flunked school and travels to Provincetown, Massachusetts, to chase Nancy (Emilia Jones), a crush he barely knows.

Skint and with nowhere to live, he soon finds himself washing dishes in the restaurant of a local chef (Antonio Banderas) and sleeping in his hammock.

Working alongside him is drug-loving ladies' man Sal (Leo Woodall), who regularly vomits in a bin on shift.

Tony apparently becomes inspired.

Tony spends a really long time staring at things in a daze and not saying much.

When he does speak, it's pretty infuriating. With no real direction, this becomes more of a buddy movie than an insight into how the now sadly deceased great man became such a hit around the world.

FILM OF THE WEEK

LADY
(15) 95mins ★★★★

KOOKY characters in film can quickly become tiresome, but not so in this bizarre and brilliant mockumentary about a flamboyant lady of the manor.

Lady Isabella (Fleabag's Sian Clifford) rattles around with her housekeeper in the vast Ravenhyde Hall, until she becomes the subject of a documentary, allegedly for Netflix, calling herself "aristocracy's answer to the Kardashians".

Going at high octane all the time, she is in truth achingly lonely – one companion is a raven called Ricky.

This changes with the arrival of a camera crew led by director Sam (Laurie Kynaston), a trendy filmmaker.

But he is soon put in his place by the hilarious Isabella, who ignores his directions, calls "cut" regularly and even tries to seduce him with some milk when he is lactose intolerant. The madcap satire soon turns into a study filled with empathy and intriguing, unconventional relationships.

Clifford gives a cracking performance, never pushing into caricature, and Kynaston is the perfect juxtaposition as the seemingly sane but hugely insecure director.

Surreal, sweet and seriously funny.

Dulcie Pearce AT THE MOVIES

Medioakre nod to Eighties sci-fi

SINCE the explosive success of Stranger Things, the style of Spielberg's Eighties sci-fi films is trendy – and this film leans into that nostalgia.

You know – the American small town where kids play out on the street and strange goings-on happen while the parents are too busy to notice.

That is certainly the feel of this action-horror movie, which combines ET with Jurassic Park.

It follows the Platt family, who are living in American suburbia in the Eighties – a more innocent time when neighbours had street barbecues and teens spent hours on their Walkmans.

Dad Greg (Ewan McGregor) and mum Denise (Anne Hathaway) appear to be a perfect union, but behind closed doors they are discussing divorce.

Their kids, Audrey (Maisy Stella) and Brian (Christian Convery) are concerned, but the foursome paper over the cracks by eating pizza and chatting about their naughty dog, Starbuck.

Soon though, their home life is thrown into disarray when a mysterious cosmic event rips through the neighbourhood and surrounds it with time before the Big Bang.

This brings tropical temperatures, terrifying water levels and lashings of really hungry dinosaurs that couldn't care less if you own a gun. The family have to stick together to work out how they can transport themselves out of this seemingly broken time machine – while avoiding being chomped on by a T-Rex.

There are a few jumpy moments early on and, like many "mysterious goings-on" films, it's scarier when you don't see the enemy.

But the build-up is intriguing and there are some nice, nostalgic Eighties moments thrown in for the millennials to enjoy.

Sadly, it's a lacklustre performance from McGregor in a bad wig, who looks like he would rather become dino-feed than be in this film, as he has zero chemistry with the rest of the family.

While Hathaway is more watchable, she appears so distractingly young, she could swap roles with the actress playing her daughter.

Director David Robert Mitchell does a decent job showing his commitment to the genre and gives a few nods to Spielberg's camera techniques for film geeks.

But, while perfectly entertaining, the story gets a little overcomplicated and the characters are not engaging enough for it to join the ranks of a truly great monster movie.

SACKED OFF . . . the Platt family find themselves in a parallel universe

END OF OAK STREET
(12A) 99mins ★★★

FILM NEWS

ADAM DRIVER and Miles Teller battle Russian mobsters in Paper Tiger.

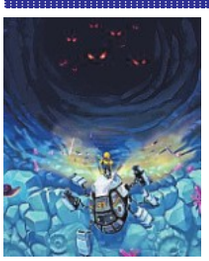
DUE to "creative differences" Gareth Edwards will not be directing the Jurassic World Rebirth sequel.

KIT CONNOR could play Cyclops in Marvel's X-Men movie.

GAMES

Edited by OWEN ANSLOW

It's brilliant to go back to the Wall



WALL WORLD 2
All formats £12.99 ★★★★

WALL World 2 is a mining masterpiece you will absolutely dig.

This super sequel takes the wonderfully odd concept of the 2023 original and bores down a bit more.

It combines mining, roguelite progression, exploration and tower-defence combat – as you control a tiny exosuit-wearing explorer travelling across an enormous vertical wall, aboard a mechanical spider.

The story sees you venturing into the mysterious depths of the Wall in search of lost technology, artefacts and answers to its many secrets.

The narrative is more developed than the first game, with the journey taking you through increasingly dangerous environments. But you don't need to have played the original, with a recap helping newcomers.

The concept is straightforward – mine the walls or blocks ahead of you, but be sure to switch up to better weapons when an enemy breaches the divide and tries to kill you.

It is a sensationally addictive cycle of exploring, mining, defending and upgrading as you uncover areas of mysterious caverns, harvest resources and discover new tech.

You can then head back to your robospider to upgrade equipment.

This sequel adds enemies inside the mines themselves, expanded exosuit and spider upgrades, new abilities and greater environmental variety.

Compared with the first game, WW2 feels more ambitious and polished. It's much more than just a graphical improvement. The core formula remains familiar but there is loads to do.

The gorgeous pixel art presentation is its biggest strength.

The different biomes, weather effects, lighting and atmospheric environments give the Wall much more personality, while retaining the distinctive retro aesthetic.

Alawar has done a brilliant job in taking a decent original and expanding its sequel to satisfy hardcore fans and impress noobs who missed out the first time.

BOOKS

Edited by NATASHA HARDING

THE GAMES WE PLAY
Claire Quinn, £9.99

PICK OF THE WEEK

ALI, Erin and Sophie are best friends, but their bond is held together by a secret.

As Ali's wedding approaches, they set off on their treasured annual trip.

But the past never really goes away, because a twisted game from way back rears its head.

As the pressure builds, lies begin to crack, but if one of them breaks, the others will go down too.

This thrilling novel sheds light on close female friendships and how our secrets shape us.

★★★★★ **KATY BRIGHT**

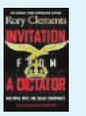
INVITATION FROM A DICTATOR
Rory Clements, £16.99

GERMANY, 1937, and The Duke and Duchess of Windsor visit Hitler at his Berghof mountain retreat.

Munich cop Sebastian Wolff is ordered to help with the security because a Communist terror cell he is investigating is planning an assassination.

Unfortunately, Wolff's ex-wife is involved with the conspirators.

A gripping, subtle and atmospheric thriller that focuses on a time when Hitler was seen as a necessary evil, rather than the ultimate evil that he would become.



★★★★ **SJC**

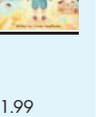
MY MARVELLOUS MUDDLED MIND
Christy Heathcote, £9.99

THIS thoughtful and educational children's book tells the story of a boy called Sam, who can find situations confusing or overwhelming.

Inspired by the author's experiences with Developmental Language Disorder, it explains how everyday tasks can be hard for Sam.

While DLD affects many kids, few people know how it impacts everyday life.

This is a gentle way for everyone to learn more about it in an accessible, warm way.



★★★★★ **JA**

SLEEPING BEAUTIES
Sam Holland, £11.99

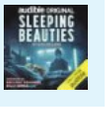
DETECTIVE Wilde is out of second chances and his career is under threat.

He is given one last assignment – to guard the sole survivor and witness to a terrifying serial killer.

She is in a coma, but as Wilde watches over her, another victim is strangled in broad daylight.

With the body count rising, it's up to the DS to dive into a deadly game of cat and mouse.

A heart-pounding, excellent thriller that never lets up.



★★★★ **JW**

Sunpuzzles

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TRIPLE SunDOKU

EASY

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TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

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TOUGHIE

Call 0905 757 0152 for clues or solutions
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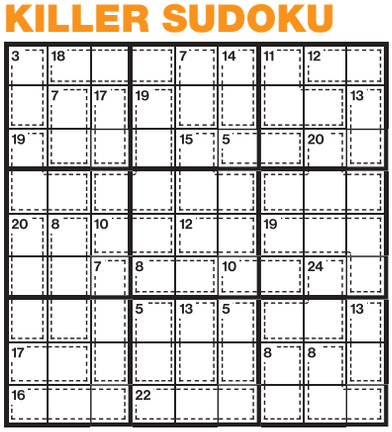
KILLER SUDOKU



The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

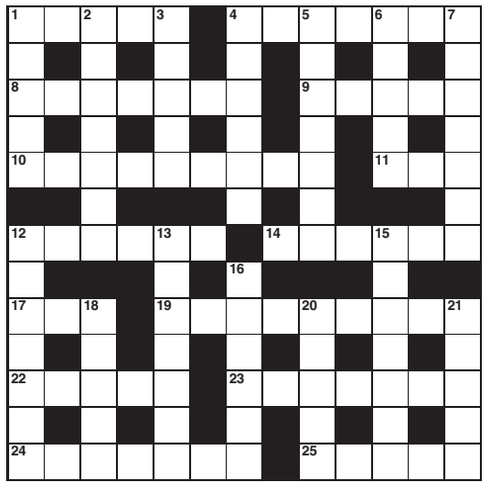
Cryptic

ACROSS

1 Eat quickly and traumatise female (5)
4 One-eyed monster's extremely clumsy clattering sounds (7)
8 Hard to follow single foreign language (7)
9 Lovely to welcome European relative (5)
10 Unload cigars he'd abandoned (9)
11 Capture a number on return (3)
12 Upset Dicky has knowledge (6)
14 Proust composed in a daze (6)
17 Some quirks irritate (3)
19 Seal to give birth to aggressive predator (5,4)
22 Quietly help Ian overcome guards (5)
23 One cold antelope a long way from its home? (7)
24 Determination of lovers dancing with energy (7)
25 No girl cut back in business establishment (5)

DOWN

1 Broadcast about Papa's waste (5)
2 Solemn American city (7)
3 Overweight husband welcoming current belief in God (5)
4 Group in company passionate about responsibilities, primarily (6)
5 Idea in music show right to be replaced by Penny (7)
6 Canoe around in large body of water (5)
7 Lets her broadcast in refuge (7)
12 Footwear ripples strangely (7)
13 Mix up male probing broken boiler (7)
15 Real VIP somehow to triumph (7)
16 Courteous Gothic poet takes in drunk (6)
18 Takes bananas for writer (5)
20 Requires massages, reportedly (5)
21 Organised inspiring study in natural gas (5)



Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Coffee Time

ACROSS

1 Neck warmer (5)
4 Mythological giant (7)
8 Like people from Norfolk, perhaps (7)
9 Sibling's daughter (5)
10 Acquit (9)
11 Important part of a tennis court (3)
12 Agitated (6)
14 Trance (6)
17 Distress (3)
19 Ursus arctos (5,4)
22 Keyboard instrument (5)
23 European island nation (7)
24 Work out (7)
25 Sitting room (5)

DOWN

1 Fork out (5)
2 City in Georgia (7)
3 Trust (5)
4 Band of warriors (6)
5 General notion (7)
6 Vast quantity (5)
7 Homeless charity (7)
12 Indoor shoe (7)
13 Involve (7)
15 Win through (7)
16 Refined (6)
18 Romantic poet who died at 25 (5)
20 Essentials (5)
21 Naturally occurring radioactive element (5)

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

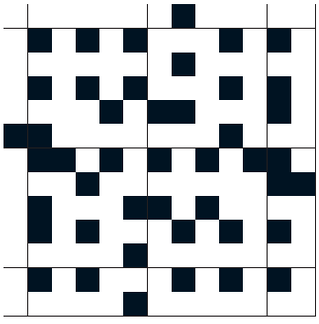
WORDSEARCH

Find seven words associated with the Sun. Words can run forwards, backwards or diagonally.

E	I	N	U	G	M	Y
E	R	E	I	N	S	O
B	E	A	M	A	N	S
T	R	E	L	R	L	T
O	I	A	U	O	N	A
H	S	B	Y	E	S	R
O	T	T	H	G	I	L

KRISS KROSS

Fit the words into the grid. Solution below right.



3 letters
Add
Ado
Hen
Ice
Key
One
Sew
Sue
Tow
Tun

4 letters
Baby
Bung
Dire
Etch
Neep
Sari
Tuba
Wont

5 letters
Apply
Filth
Lurid
Pious
Sepia
Theft

6 letters
Donate
Method
Ostler
Papaya
Swanky
Theirs

7 letters
Anybody
Emirate
Fateful
Marbled
Oceanic
Potable
Present
Scrubby

THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a singer/songwriter:

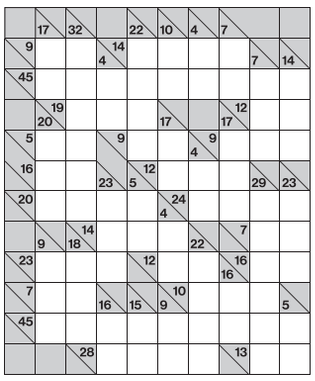
1	2	3	4	5	6	7	8

2 & 4	Mr Trafford, Manchester City and England goalie who was in the World Cup squad (second and fourth letters of name)
1 & 7	She had a No.1 hit with Don't Be So Hard On Yourself
6 & 8	Ms Chang, Chinese-British author of Wild Swans and Mao: The Unknown Story (second and last letters of name)
3	Ms Piper, acid-attack victim who became a panellist on Loose Women
5	Mr Rhymes, rapper who duetted with Mariah Carey on I Know What You Want

Yesterday: Folklore character TOM THUMB (Michael (Elphick), (Kobbie) Mainoo, Teyana Taylor, Bill Oddie, (Joel) Schumacher). Another Name Game in The Sun tomorrow.

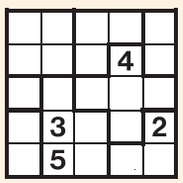
Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUGURU®



Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

SUNDIAL

Brilliant: 22. Excellent: 18. Good: 13. Great kids' score: 10.

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Deform, deft, drift, fetid, fiord, fire, fired, firm, firmed, foetid, ford, fore, form, formed, fort, forte, fret, fried, from, modifier, motif, orfe, refit, rife, rift, MORTIFIED.

30-SECOND NUMBERCRUNCH

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

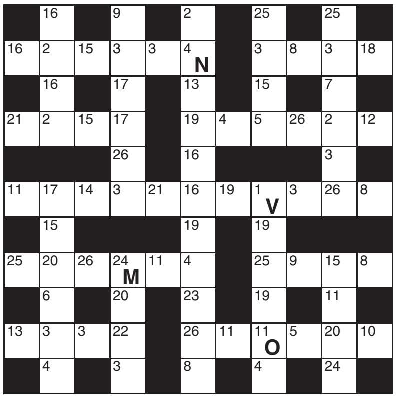
EASY **38**	+270	÷4	-29	÷8	×9	+256	÷10	+133	Half of it	ANSWER
MEDIUM **108**	÷9	×8	Third of it	+246	Half of it	-79	3/4 of it	-39	×10	ANSWER
HARDER **844**	-325	Third of it	+2329	5/6 of it	-578	÷11	+3395	50% of it	-1438	ANSWER

Check today's answers by calling **0905 757 0155** before midnight.
Calls cost £1 per minute plus your telephone company's network access charge.

favourite brain-teasers! from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT



A B C D E F G H I J K L ~~M~~ ~~N~~ ~~O~~ P Q R S T U ~~V~~ W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
V			N							O		
14	**15**	**16**	**17**	**18**	**19**	**20**	**21**	**22**	**23**	**24**	**25**	**26**
										M		

The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 5 is the letter A, write A in all the squares with a 5. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION

ACROSS: Trickling, Upset, Tonic, Tart, Versus, Bumper, Tuba, Excel, Opera, Feathered.

DOWN: Rostrum, City, Lather, Nan, Suitable, Castaway, Squeeze, Pellet, Joke, Cue.

For four extra WORD WORKOUT clues

CALL 0901 293 6299 **TEXT** SUNWORD to 64343

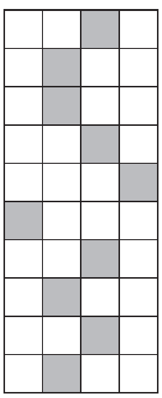
Cost £1 plus standard network charge

For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

MISSING LINK

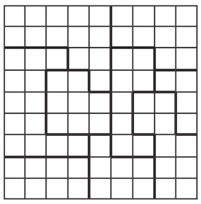
Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out a DIY tool. Solution below.

GUY — LADDER
CAMEL — RESTORER
LEFT — CHAIR
OXYGEN — PEG
BIG — GLASS
DUTCH — OWL
CITY — OUT
SUGAR — SUM
ROMAN — CONE
CHAT — OFF



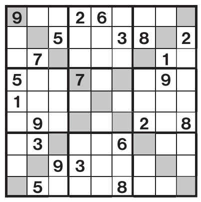
STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



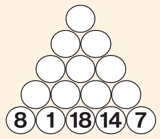
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.



ADD UP

If the number in each circle is the sum of the two below it, what is the top number? Solution below.

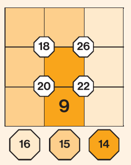


BRAINBUSTER

Insert vowels and spaces into this sequence of consonants to make a well-known quote.

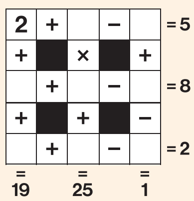
THPRFFTHPDDNGSNTHTNG

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

SET SQUARE



Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

SunDOKU

Easy

7	6	1	9	8	2	4	5	3
9	2	4	3	6	5	1	8	7
8	5	3	7	1	4	9	2	6
2	7	5	6	9	1	3	4	8
1	3	9	8	4	7	5	6	2
6	4	8	5	2	3	7	9	1
3	9	7	2	5	6	8	1	4
5	1	2	4	7	8	6	3	9
4	8	6	1	3	9	2	7	5

Teaser

2	8	3	7	9	5	1	4	6
1	9	7	4	6	2	8	5	3
6	5	4	3	1	8	2	7	9
3	2	1	5	4	6	9	8	7
9	4	8	1	2	7	6	3	5
7	6	5	8	3	9	4	1	2
8	1	6	2	7	3	5	9	4
4	3	9	6	5	1	7	2	8
5	7	2	9	8	4	3	6	1

Toughie

3	5	1	9	7	2	8	6	4
2	4	7	8	1	6	3	5	9
6	8	9	4	3	5	7	2	1
8	7	2	5	9	3	4	1	6
4	6	5	7	2	1	9	8	3
1	9	3	6	8	4	5	7	2
7	2	4	1	5	9	6	3	8
5	3	6	2	4	8	1	9	7
9	1	8	3	6	7	2	4	5

Two-speed crossword

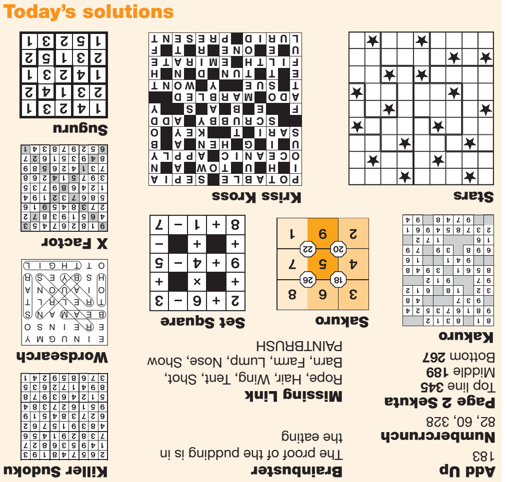
ACROSS: 1 Sh-ad-ow, 5 Bo(y)-dice, 8 Dis-c, 9 F-army-(m)ard(y), 10 Mandarin, 11 Numb, 12 Ch-or-us, 15 Tussle, 17 C-rib, 19 Path-etic, 22 Mongolia, 23 Idol, 24 Ang-l-er, 25 Tied-ye.

DOWN: 2 H-a-if-a, 3 De-cider, 4 Wa-fe-r, 5 Bar-o-net, 6 Do-yen, 7 Car-amel, 13 Harp-o-on, 14 Suppl(i)er, 16 Sterile, 18 Bag-el, 20 Tract (tracked), 21 Iron-y.

NEWSPAPERS SUPPORT RECYCLING

The recycled paper content of UK newspapers in 2025 was 34.7%

Today's solutions



Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3390** (9am-5.30pm). Service provider: Spoke, W1T 4HD

IN MORR DEBT

MORRISONS' debt has reached £7.5billion as the private equity-owned supermarket battles rising lease costs and competition.

Net debt at its parent, **MARKET TOPCO**, rose from £7.07billion in the year to October.

Lease obligations jumped by £220million to £1.97billion, partly due to investment in delivery vehicles and Channel Island stores.

Morrisons stressed that more than 80 per cent of its supermarkets remain freehold.

CLAUDE MONEY

AI giant **ANTHROPIC** is now gearing for a $2trillion stock market float this autumn.

The firm behind chatbot Claude reportedly intends to double its previous $1billion planned valuation amid soaring revenues and demand for its powerful models.

It would pile pressure on ChatGPT maker **OPENAI** to finally launch its own listing — but would test markets amid mounting fears that the AI boom has created a bubble.

Sun money daily

james.flanders@thesun.co.uk

EDITED By JAMES FLANDERS, Business Affairs Editor

STAKE THRU THE HEART

Taxes 'closing betting shops'

By JAMES FLANDERS

BRITAIN'S high streets face losing more betting shops as gambling firms buckle under Labour's tax rises, the boss of LADBROKES owner ENTAIN has warned.

Stella David said closures were "likely" across the industry after remote gaming duty jumped from 21 per cent to 40 per cent in April.

A new 25 per cent online betting duty, covering all sports except horse racing, will follow next year.

Entain has already shut about 70 outlets in the past year.

Rival **WILLIAM HILL's** owner **EVOKE** has cut its number of shops from 1,302 to 1,024 in a year.

More than 3,000 have vanished since 2019.

The FTSE 100 group expects the tax raid to cost £150million by the end of this year, then another £100million in 2027. That comes on top of the £500million it paid in UK taxes last year.

Ms David would not say how many of Entain's 2,300 shops could close, but insisted the company would protect them wherever possible.

Entain employs 14,000 UK staff and says its shops provide flexible, entry-level work, including opportunities for young people not in education, employment or training.

She also attacked black-market operators that pay no tax, warning that customers moving to unregulated websites would ultimately leave the Treasury worse off.

Yet Entain still posted solid trading. Net gaming revenue rose 5 per cent in the six months to June 30, while UK and Ireland revenue climbed 8 per cent.

Online growth of 13 per cent helped offset shop closures, and the World Cup attracted new punters.

40% Remote gaming duty — up from 21%

FTSE 100 10,772.67 DOWN 60.48pts 0.56%

$1.34 €1.17

SHARE PRICES

Company	Price	+/-	Change
21st Cent Fox Inc A	4683	-	
21st Cent Fox Inc B	3350	-	
Aberdeen Group*	243	-	7 ¾
Anglo American	3913	-	145
Assco Br Foods	2062	+	19
AstraZeneca*	11708	+	6
Aviva	712	+	8
BAE Systems	2239	-	31
BP*	522	-	8 ½
BT Group*	196¼	+	1 ¼
Barclays*	518½	-	0 ¾
Barratt Redrow	328½	+	7 ½
Bco Santander SA	1102	+	4
Brit Ameri Tobacco*	4243	+	93
British Land	437½	+	1 ¾
Bunzl	2736	-	18
Burberry Group	1099½	-	21
Compass	2388¾	-	52 ½
Currys	158½	-	1 ½
Diageo	1753½	+	21 ½
Drax Group	726	-	7 ½
Experian	2808	-	21
FirstGroup	183	+	0 ½
Frasers Group	816½	+	12
GSK*	1850	-	19
Greggs	1838	-	9
HSBC*	1521¼	-	16 ½
IMI*	3090	-	58
ITV	71¼	-	0
Imperial Brands	2640	+	42
InterCont'l Hotels	11803¾	-	22 ¼
Intl Consol. Airlines	444¼	+	2 ¼
Johnson Matthey	2180	-	32
Kingfisher	328½	+	6 ¼
Legal&General	298½	-	4
Lloyds Banking Gp*	115	-	0
LSE Grp*	8528	-	224
Man Group*	311¼	-	3 ¼
Marks & Spencer	390¼	+	4 ¾
Mitch & Butlers	284	+	2
Mitie Group*	207¾	+	1 ½
Mobico Group	25½	-	0 ¼
Mothercare	1	+	0 ¼
NatWest Group*	702¼	-	12 ¼
National Grid	1197½	+	1
News Corp A	2143	+	34
News Corp B	2432½	+	26 ½
Next	15355	+	25
Pennon*	468¼	+	0 ¼
Persimmon	1194	+	24 ½
Prudential	1014½	+	2 ½
Rank Group	105¼	+	5 ½
Reckitt Benckiser*	5134	-	4
Rentokil*	353¼	-	6 ¾
Rightmove	492¼	+	1 ¼
Rio Tinto Ltd*	9050	-	342
Rolls-Royce*	1528¼	-	17 ½
SSE*	2418	-	13
Sainsbury's	344½	+	6 ½
Segro*	966¼	+	9 ¼
Severn Trent	3106		-
Shell*	3283¼	-	39
Smith&New	1103	+	9 ½
Smiths News	70¼	-	0 ¾
Standard Chartered*	2217	-	8
Tesco	460½	+	8
The Sage Grp	1011	-	9
Unilever*	4612½	+	42
United Utilities	1426	-	4
Vanquis Banking Gp	78¾	+	0 ½
Vesuvius	397	-	4 ¾
Vodafone	120	+	0 ¾
WH Smith	436¼	+	9 ¼

* = ex dividend

UNITED ESTATES BOOSTER

PROPERTY giant SAVILLS has posted a 47 per cent jump in half-year profits after a strong recovery in North America.

Underlying pre-tax profit reached £34.3million in the six months to June 30.

The US operation delivered a £2.6million profit — compared with a £6.5million loss last year — helped by restructuring, strong leasing and booming US takeover activity.

Savills also completed its £1.1billion acquisition of investment bank EASTDIL.

But the firm said conflicts and interest rate fears had made investors cautious.

RYOBI

AS SEEN ON TV

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NO EXTENSION LEADS OR LADDERS REQUIRED

There's no need for an extension reel, plug socket or ladder with this new and improved 18V ONE+™ EZ REACH™ Cordless 3.05m Telescopic Pole Hedge Trimmer which will let you reach new trimming heights (up to 4m) without the hassle of constantly having to untangle, adjust ladder positioning or precariously balance to cut.
It's 17% lighter than previous models thanks to its sturdy aluminium pole and it's also telescopic, which means you choose the most suitable cutting height for your hedges to help shape them effortlessly with no bending or stooping.

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Sunemployment

Edited by Jane Hamilton

The section that helps you find work

Jobspot

START your career without going to uni. There are more than 400 job vacancies listed at notgoingtouni.co.uk/opportunities

TOP TIPS . . . Tracey Moss

LOTS OF HELP IN WORLD OF WORK

IT may feel daunting if you have chosen to start work at 16 but there is plenty of help at hand.

TRACEY MOSS, *above*, Advice Knowledge Manager at Citizens Advice, shares her top tips to get your career started.

1 BE WARY OF USING AI: When you are feeling the pressure to get out as many applications as possible, it can be tempting to turn to AI.

However, employers can usually tell when you have used it and it might put them off wanting to take your application any further.

In my experience, it is best to always use your own words.

2 DO YOUR HOMEWORK: Research both the role and the employer, and adjust your CV to align with the job you are applying for.

Never lie on your application but add emphasis to certain skills and experience that fit the role you are applying for. Take some time to look into who the company is and its values as an organisation.

3 STAND OUT FROM THE CROWD: Employers want people with experience, but if you have just left school, it is unlikely you will have much.

Gain some experience through volunteering. Not only will this help you build vital skills but it will make a positive difference to people's lives.

4 LOOK AFTER YOURSELF: Job hunting can take a real toll on your mental wellbeing. Endless applications, back to back rejections and being ghosted is tough. So if you need support, get in touch with Student Minds, YoungMinds or Mind.

5 PERFECT GETTING PAID: Secured your first job? Check if you are on the apprenticeship rate or National Minimum Wage using the National Minimum Wage calculator at gov.uk.

Your payslip is a record of what you have been paid and any deductions made. Find out more at acas.org.uk/payslips.

By law, your employer has to offer a workplace pension scheme and automatically enrol anyone who is eligible.

The earlier you start saving, the more money you will have in later life when you retire.

Jobspot

CHICKEN chain NANDO'S is hiring for its Level 2 Apprenticeship, open to school leavers. Find out more at nandos.careers/our-roles/early-careers

GEN Z NO TO CITIES

AFTER decades of young workers flocking to London and other major cities to start their careers, new research suggests that 47 per cent of Gen Z are looking to stay in their local communities after education.

The study, from Coca-Cola, found that being near family and having a more affordable cost of living are key factors.

In total, 58 per cent of Gen Z are considering more vocational job opportunities.

Dusan Stojankic, from Coca-Cola, said: "This research shows a clear shift in how younger people are thinking about work and ambition. Many are looking beyond the traditional path of moving to a major city and are instead choosing careers that offer practical skills, stability and a stronger connection to home."

DRIVING TECH

TECH retailer Currys is tripling the number of apprenticeships it has on offer, with 130 positions for driver apprentices.

The permanent roles are based across the UK – from Aberdeen to Plymouth – and cover both 7.5-tonne and 3.5-tonne vehicles.

Once trained, drivers will help deliver and install technology.

Anyone holding a basic driving licence is able to apply. Apprentices will receive on-the-job training alongside the chance to gain a C1 7.5tn LGV licence, while also earning £29,858 plus a bonus of up to ten per cent.

There are a further 170 jobs for delivery drivers and drivers' assistants.

For more details, and to apply, see curryscareers.co.uk.

ROAD MAP . . . delivery roles

AS MORE AND MORE PEOPLE SWERVE UNI DEBT...

Get the career motor running

DRIVEN . . . Leah, *above*, and hard at work, is BMW apprentice

WHEEL LIFE . . . Leah in Cardiff bodyshop

STARTING your career at 16 could be the smartest move you can make.

Leaving school after GCSEs fell out of favour due to a push to get more people into university. But nine in ten youngsters are now open to the idea of an apprenticeship over a conventional university degree.

And a new Checkatrade study shows that 62 per cent of parents say rising youth unemployment has made them more favourable about on-the-job training for their children.

Michael Houlihan, from employment non-profit organisation Generation UK, said: "More young people are choosing to enter work earlier because they're taking a more pragmatic view of their options.

"University remains a strong route for some but rising costs and uncertain returns mean it's no longer the default for everyone.

"For many, starting work or an apprenticeship at 16 or 18 offers a very attractive and practical alternative."

As GCSE results day approaches on August 20, student job site Higherin reports that one in five young people are applying for direct-to-work routes, rather than taking BTECs or A-levels.

For school leavers with no work experience, Level 2 Foundation Apprenticeships offer a route into work with recognised qualifications and are equivalent to five GCSEs. Level 3 apprenticeships are equivalent to two A-levels.

'Passion for the role'

Leah Sargent chose to take an apprenticeship in the motors sector after leaving school and is now a bodyshop technician apprentice with Sytner BMW in Cardiff, where she lives.

Leah said: "Choosing an apprenticeship means earning a salary from day one, gaining real industry experience and completely avoiding university debt.

"An apprenticeship typically requires only basic maths and English GCSEs. It is essential to demonstrate a strong work ethic, maintain a positive outlook, show initiative and be receptive to new ideas.

"As with any apprenticeship, passion for the role can significantly enhance your chances of success. My interest in cars and dedication to my trade have enabled me to access further opportunities, including receiving two awards."

Aimee Wallis, careers lead at Institute of the Motor Industry, added: "The sector is undergoing rapid transformation, from electrification and autonomous vehicles to the use of data and AI.

"There are over 200 job roles across a wide range of disciplines, encompassing everything from data analysis to cyber security, which means an automotive apprenticeship is a door opener to a hugely wide and varied career."

Education Secretary Lucy Powell said: "We're ending the snobbery around hands-on learning so that, no matter what path your child chooses – whether that's apprenticeships, T-levels, A-levels or a vocational course – they will be given the chance to succeed."

● Find out more at moretomotor.org.uk

FIVE POST-GCSE OPTIONS

1 **A-levels**: The traditional academic route allows you to study three or four subjects in-depth. Good choice if you intend to go to university or already have a specific career in mind.

2 **T-levels:** The technical route, focused on one sector. You mix classroom study with a work placement. It can lead to higher-level apprenticeships, university or a skilled job.

3 **Vocational course:** Includes BTECs or NVQs, practical qualifications designed to teach specific knowledge and hands-on skills for particular jobs.

4 **Apprenticeships:** This is a paid job with specialised training leading to a built-in qualification.

5 **V-level:** From September next year you can take the new vocational V-level. Each V-level is equivalent to one A-level. They are designed to let students mix practical, applied learning with academic subjects.

But what if I don't get grade 4 English and maths?

If you're close to a pass, you can resit your exams and study while you're taking A-level, T-level, a vocational course or an apprenticeship. If you need extra support to get the grade 4, look at functional skills qualifications to prepare you to resit the GCSE.

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CHARNLEY . . . superb

He's Josh the ticket

JOSH CHARNLEY blew the race for Super League's top spot wide open as Leigh pulled off an upset.

The winger made it 280 tries in the competition, created Umyla Hanley's score and had a role in one of Innes Senior's brace as the Leopards beat leaders Leeds 20-16.

Ryan Hall had given Rhinos the lead with a third-minute try, while Brodie Croft also crossed.

But sixth-placed Leigh held on to end Leeds' unbeaten home record.

England skipper George Williams returned after four months out but teammate Ewan Irwin stole the show with a try and five goals as WARRINGTON beat YORK 30-10.

And Jack Broadbent scored twice as HULL KR defeated CATALANS 28-10.

Rocket's Neil spur

NEIL ROBERTSON is close to becoming snooker's provisional world No1 — after being guilt-tripped by Ronnie O'Sullivan.

A 6-2 win over Si Jiahui in the China Open saw the Australian move into the quarter-finals, where he will face Mark Selby.

Robertson would overtake Judd Trump at the top of the rankings if he wins the tournament.

He has been practising hard — and that is all down to the Rocket.

Robbo, 44, said: "I've practised for hours. I was on a table in the hotel and Ronnie was there for 3½ hours.

"The longer he was there, I thought, 'I've got to stay as well'.

"He's 50 and putting in those kinds of hours."

No1 FOR TENNIS

I'M NOT ALL RIGHT JACK!

CINCINNATI BUNGLE . . . Draper crashes to defeat at the Masters event in Ohio

Dejected Draper at `rock bottom'

JACK DRAPER admitted he has hit "rock bottom" — as the Brit suffered another Masters meltdown.

By ROB MAUL

Just a week on from his tearful exit in Montreal, the Sutton southpaw blew **SIX** set points to gift Martin Landaluce victory at the Cincinnati Masters.

And Draper, 24, revealed that his waterworks in Canada *(right)* were because he had reached an all-time low in his game.

He explained: "I felt like I couldn't give any more.

"I was emotional because I didn't recognise the player I was out on court due to my injuries and due to probably the way I've been feeling for a long time." This was Draper's second successive first-round exit, following his 6-3 2-6 6-2 defeat to Frenchman Terence Atmane in the Masters event at Montreal.

And just over two weeks out from the US Open, his game, body and mind are in a worrying place.

Draper had six attempts to take Spaniard Landaluce to a deciding set in Ohio.

But the Brit looked lost as his opponent stormed back from 5-4 down in set two to win the match 6-3 7-5.

Draper — wearing a left-arm protective sleeve — arrived in Ohio state without coach Sir Andy Murray by his side.

The Scottish tennis legend had said he was not available for all tournaments in North America this month.

Draper pulled out of Wimbledon this summer at the last minute because of an ongoing arm problem.

Now 143rd in the world, having been as high as No4 last year, he is likely to tumble further down the rankings.

The leftie will require a wildcard to play at Flushing Meadows — unless he wants to go through qualifying.

British No2 **CAMERON NORRIE** made it through to the second round by beating Croatia's Dino Prizmic.

Norrie lost the first set but hit back to battle to a 3-6 6-1 6-4 victory.

And Brit No1 **ARTHUR FERY** is set to play his first match since Wimbledon this weekend at the sixth men's Masters 1000 event of the year.

SPORTS ROUND-UP: RESULTS & FIXTURES

UEFA EUROPA LEAGUE 3RD QUALIFYING ROUND 2ND LEG

HEARTS (0) 1 BENFICA (0) 1
Magnusson 78 — Lukebakio 79
Benfica win 7-2 on agg.

RANGERS (1) 1 BIALYSTOCK (0) 1
Shankland 20 (pen) — Prelec 66
Jagiellonia Bialystock win 3-2 on agg.

KF EGNATIA (4) 5 SHAMROCK R (0) 1
Adjessa 5, 39, Albanese 12, 59, Gruda 21 — Burke 75
KF Egnatia win 6-4 on agg

UEFA CONFERENCE LEAGUE 3RD QUALIFYING ROUND 2ND LEG

MOTHERWELL (0) 2 HJK (0) 0
Said 47, 60
Motherwell win 3-1 on agg.

SHKENDIJA (0) 0 HIBERNIAN (0) 0
Hibernian win 2-1 on agg.

MIDTJYLLAND (1) 3 BOHEMIANS (0) 2
Franculino 26 (pen), Johannesen 47, Iheanacho 78 — Myers 62, Rooney 89
Midtjylland win 5-2 on agg.

SHELBOURNE (1) 2 AJAX (2) 2
Freitas 24, Moore 85 — Brandt 20, Gaaei 39
Ajax win 5-3 on agg.

ATHLETICS

EUROPEAN CHAMPIONSHIPS (Birmingham): **Finals - Men's 200m:** 1 O Ansah (Ger) 20.04s, 2 W Reais (Swi) 20.35, 3 F Dezza (Ita) 20.35, 6 E Nwokeji (GB) 20.83. **800m:** 1 M English (Ire) 1m 45.26s, 2 M Bloudek (Cro) 1:45.62, 3 M Attaoui (Spa) 1:45.71, 6 B Pattison (GB) 1:46.14. **Discus:** 1 K Ceh (Slo) 72.51m, 2 M Alekna (Lit) 69.89, 3 H Janssen (Ger) 69.53. **Decathalon:** 1 L Neugebauer (Ger) 8,611pts, 2 J Tesselaar (Ned) 8573, 3 S Skotheim (Nor) 8,433.

Women, 200m: 1 A Hunt (GB) 22.19secs, 2 R Adeleke (Ire) 22.28, 3 D Asher-Smith (GB) 22.29, 6 S Eduan (GB) 22.66. **Triple Jump:** 1 D Derkach (Ita) 14.60m, 2 S Guisse (Bel) 14.46, 3 A Nacheva (Bul) 14.40. **Pole Vault:** 1 A Moser (Swit) 4.80m, 2 W Heltelae (Fin) 4.75, 3 M-J Bonnin (Fra) 4.70. **3000m Steeplechase:** 1 G-F Krause (Ger) 9m 12.69s, 2 A Finot (France) 9:14.24, 3 O Guerth (Germany) 9:15.33, 5 E Thorner (GB) 9:18.14.

CRICKET

FIRST TEST
Australia v Bangladesh
Darwin (day 1 close): Australia 198 (53.0 overs; S P D Smith 71; Hasan Mahmud 6-55). Bangladesh 96-1 (24.0 overs).

CYCLING

CZECH TOUR: Stage 1 (Praha to Karlovy Vary, 163.2km) **-** 1 R Sheehan (US) NSN Cycling Team 3h 45m 15s, 2 B Turner (GB) Netcompany INEOS Cycling Team at same time.**Overall -** 1 Sheehan 3h 45m 05s, 2 Turner +4s.

ARCTIC RACE OF NORWAY: Stage 1 (Evenes to Myre, 187.1km) **-** 1 G Lonardi (Ita) Team Polti VisitMalta in 5m 23s, 2 J Tesson (Fra) Team TotalEnergies at same time. **Overall -** 1 Lonardi 4h 5m 13s, 2 Tesson +4s.

GOLF

DANISH GOLF CHAMPIONSHIP (Kerteminde, Funen): **1st Rnd** (Gbr & Irle unless stated) **- 65** F Mory (Fra), **66** B Stone (Rsa), L Bjerregaard (Den), **67** F Schott (Ger), O Lindell (Fin), F Laporta (Ita), W Ding (Chn), F Celli (Ita), **68** B Wiesberger (Aut), D Frittelli (Rsa), B Watson (USA), M Mjaaseth (Nor), M Jordan, J Dean, D Horsey, J Buchanan (Rsa).

VP BANK SWISS LADIES OPEN (Risch-Rotkreuz): **1st Rnd** (Gbr & Irl unless stated) **- 64** K Arwefjaell (Swe), **65** L Sobron (Spa), A Latorre (Spa), **66** C Williams, A Uehara (Jpn), B Fernandez (Spa), A Foersterling (Ger), W Hillier (Aus),.

RUGBY LEAGUE

BETFRED SUPER LEAGUE

HULL K R (22) **28 CATALANS** (6) **10**
Hull K R - Tries: Broadbent (2), Litten, Burgess, May. Goals: Martin (4). Catalans - Tries: Staines, Makinson. Goals: Sexton.

LEEDS (14) **16 LEIGH** (14) **20**
Leeds - Tries: Hall, Croft. Goals: Connor (4).
Leigh - Tries: Charnley, Senior (2), Hanley. Goals: Cook (2).

WARRINGTN(18) **30 YORK** (10) **10**
Warrington - Tries: J. Thewlis, Stone, Irwin, Walker, Lindop. Goals: Irwin (5).
York - Tries: McShane, Bennison. Goals: Bennison.

	P	W	D	L	F	A	Pts
Leeds	23	18	0	5	784	346	36
Wigan	22	17	0	5	655	401	34
Warrington	22	16	0	6	598	360	32
Wakefield	22	16	0	6	609	376	32
Hull K R	22	15	0	7	660	349	30
Leigh	23	15	0	8	508	428	30
St Helens	22	12	0	10	502	492	24
Catalans	23	9	0	14	449	691	18
Toulouse	22	7	0	15	450	592	14
York	23	7	0	16	454	665	14
Castleford	22	7	0	15	390	702	14
Hull	22	6	0	16	385	481	12
Bradford	22	6	0	16	386	671	12
Huddsfield	22	5	0	17	375	651	10

SNOOKER

WST CHINA OPEN (Taiyuan City): **2nd rd -** A Zhang (Chn) bt C Wakelin (Eng) 6-4; M Selby (Eng) bt K Wilson (Eng) 6-1; S Bingham (Eng) bt H Vafaei (Irn) 6-0; N Robertson (Aus) bt J Si (Chn) 6-2.

SWIMMING

EUROPEAN AQUATICS CHAMPIONSHIPS (Paris): **Finals - Men, 100m Butterfly:** 1 K Milak (Hun) 49.48s, 2 M Grousset (Fra) 49.70, 3 N Ponti (Swi) 49.93, 5 E Mildred (GB) 51:06. **200m Breaststroke:** 1 F Nowacki (GB) 2m 7.70s, 2 C Corbeau (Ned) 2:07.78, 3 L Mladenovic (Aut) 2:08.91, 5 G Butler (GB) 2:09.45. **4x100m Freestyle Relay:** 1 Hungary 3m 10.3s, 2 Neutral Athletics B 3:10.12, 3 Croatia 3:11.08, 5 Great Britain 3:11.92. **Women, 50m Backstroke:** 1 S Curtis (Ita) 26.56s, 2 M-A Moluh (Fra) 27.06, 3 L Cox (GB) 27.15, 8 D Hill (Ire) 27.91. **200m Freestyle**: 1 B Seemanova (Cze) 1m 54.38s, 2 M Steenbergen (Ned) 1:54.65, 3 F Colbert (GB) 1:55.81, 8 L Schlosshan (GB) 1:57.48.

TENNIS

ATP NATIONAL BANK OPEN (Montreal): **Semi-finals -** B Shelton (USA) bt L Tien (USA) 6-2 6-3; B Nakashima (USA) bt R Jodar (Spa) 7-6 (7-3) 6-4.

WTA NATIONAL BANK OPEN (Toronto): **Semi-finals -** E Rybakina (Kaz) bt C Gauff (USA) 5-7 6-2 6-2; I Swiatek (Pol) bt E Svitolina (Ukr) 6-3 1-6 6-3.

TODAY'S SPORT

(7.45 unless stated)

SKY BET CHAMPIONSHIP
Wolves v Blackburn **8.0**
PREMIER SPORTS CUP SECOND ROUND: Kilmarnock v Ayr (Live on Premier Sports).
ENTERPRISE SOUTH: Dag & Red v Farnham Tn (8.0).
NORTHERN PREMIER: Emley AFC v Curzon Ashton.
FRIENDLY: Coventry v Monaco (7.0).
CRICKET
First Test Match—day 2 of 5: Australia v Bangladesh (Darwin, 1.30am).
The Hundred Eliminators (The Kia Oval): SunRisers Leeds Women v Southern Brave Women (2.15), Manchester Super Giants Men v SunRisers Leeds Men (6.0).
Metro Bank One-Day Cup - Qtr-finals: Lancs v Durham (Old Trafford, 11am), Yorkshire v Notts (York, 11am).
GOLF
Tour FedEx St. Jude Championship (Memphis, Tennessee).
Danish Golf Championship (Kerteminde, Funen).
Ladies European Tour VP Bank Swiss Ladies Open (Risch-Rotkreuz).
LPGA The Standard Portland Classic (Portland, Oregon).
USPGA Champions Boeing Classic (Snoqualmie, Washington).
RUGBY LEAGUE
Betfred Super League (8.0)**:** Hull v Castleford.

talkSPORT

EFL

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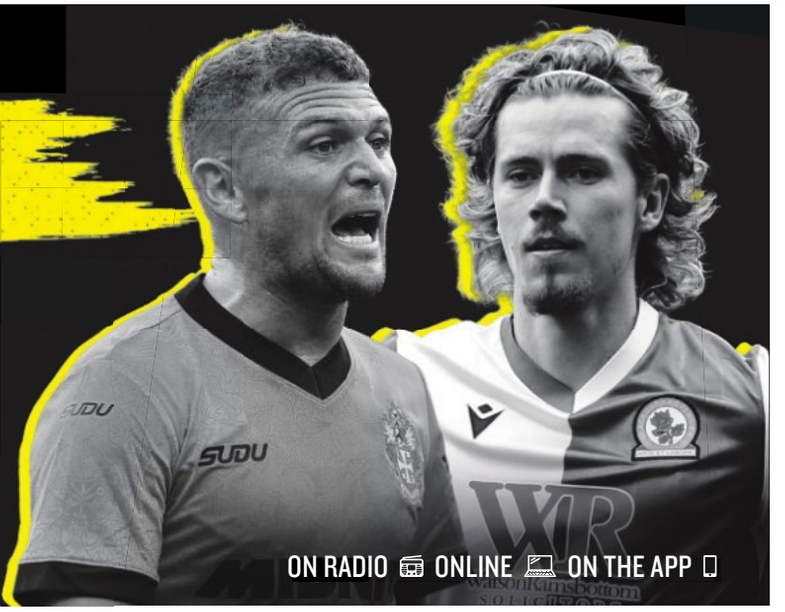
WOLVES VS BLACKBURN — TONIGHT 20:00 K.O talkSPORT
BOLTON VS PRESTON — TOMORROW 12:30 talkSPORT
MIDDLESBROUGH VS LINCOLN — TOMORROW 15:00 K.O talkSPORT2
SHEFFIELD UTD VS BIRMINGHAM — TOMORROW 17:30 K.O talkSPORT2



ON RADIO ONLINE ON THE APP

EURO ATHLETICS

KEELY RIVAL DRAMA

KERR . . . missing

Kerr gets Jak flak

By ROB MAUL

JOSH KERR has been told his decision to skip the European Championships is "ruining the sport".

Last month, the US-based Scot set a new world record for the men's mile, then won gold at the Commonwealth Games.

Kerr, 28, said: "You can't hold that peak for that long. I need to go back to the drawing board a little bit and give myself a bit of a rest."

But his big rival Jakob Ingebrigtsen, 25 — who won 5,000 metres gold on Monday — was asked if he was disappointed that Kerr was missing.

The Norwegian said: "Very. And I think a lot of people should be.

"We have these championships for the best athletes to compete — that is the whole point.

"So I definitely think it is ruining the sport if we are not participating."

SWISS ROLL

Favourite Werro into final despite fall

GOIN-G, GOIN-G GONE . . . Bourgoin's clip sends Werro to the floor

KEELY HODGKINSON is looking for a clean and fair fight tonight.

Her plea came after her biggest European 800 metres rival went tumbling – before getting a video-replay reprieve.

Hodgkinson, 24, the 2024 Olympic champion, is going for a hat-trick of continental gold medals at Birmingham's Alexander Stadium.

The biggest obstacle in her way is Audrey Werro but the Swiss star is fortunate to be involved in the now-expanded ten-woman final over two laps.

In semi-final one, Werro, 22, tumbled to the ground with 200m left and it looked like she was unable to advance.

Though she was winded and picked up some scratches, she sensibly got up and finished the race in a time of 2min 35.35sec – 28-year-old Scotswoman Jemma Reekie was first in 1:58.61 – and then the backstage protests were lodged.

Officials studied the race footage and it appeared that the left hand of Frenchwoman Anais Bourgoin, 29, clipped the right foot of Werro, which set her off balance.

By ROB MAUL

Forty minutes later, the third-fastest woman in history was reinstated along with Lithuanian Gabija Galvydyte, who had been sent tumbling by Werro.

Speaking before the decision was made, Hodgkinson – who was running in semi-final two – said: "I heard the 'Ooooh' [of the crowd], which is never a good sign. I don't know what it looked like.

"Obviously it's a real shame. I hope she's OK. And I hope she's in the final.

"I love a good challenge. It brings out the best in me.

"Hopefully it will be a really good race. A clean race. No one falling over.

"No wind please. I'm going to talk to the Etsy Witch and make sure there's no wind."

On one of the hottest days for a major athletics event in the UK – the temperature hit 36 degrees – Hodgkinson *(below)* won her semi in 1:57.38.

Pal Femke Broeders-Bol, 26, was second in 1:57.46 and she could bring an interesting wildcard dynamic into this Hodgkinson-versus-Werro battle.

Werro – who ran a personal best of 1:53.80 when she beat Hodgkinson in Stockholm in June – said: "I don't remember what happened just before the fall. I'm OK. I have a few scratches.

"I have to watch the videos before I can move forward."

Asked if it helped her that the focus was elsewhere, Dutch 400m specialist Broeders-Bol said: "Yeah, it's different. It's quite nice. I feel I've never slept so well and have never been this relaxed."

EURO ATHLETICS

MATT'S ENTERTAINMENT

Talking Hud

MHS TO STEP UP SOCIALS

SPRINT star Matthew Hudson-Smith plans to copy motormouth Noah Lyles and show off his quirky personality.

By ROB MAUL

The 31-year-old comes across in public as a quieter figure than he is in private, where he is a jokey lad.

Over the years Hudson-Smith has focused more on perfecting his running than promoting his 'brand'.

On Instagram he has only 45,000 followers – a fraction of the 1.6million of USA's Lyles *(right)*, 29, the 100 metres Olympic champion.

This week the Brit's victory in the 400 metres – on his home Birchfield Harriers track – saw him draw level with retired French sprinter Christophe Lemaitre as the most decorated male athlete in Europe.

Hudson-Smith – whose PB of 43.44 seconds is the sixth fastest in history – probably has until the LA Olympics in 2028 before he calls it quits.

He said: "I know I'm not the most vocal on social media. I need to start vocalising my story, so I'm going to start trying to do that.

"It's very hard to do both. You either want to be the best on the track or best on social media.

"I'm not like Noah. He's my good friend and he's good at both. That's not me.

"I'm trying to get there – and I will get there – but right now I'm just focusing on running.

"Have you seen how many 43-second runners I have to run against every damn week? Back in the day, there were only two. Now, everyone's running 43.

"Come on, man, I'm 31 and there are 22-year-olds running 43 every week. I've got to compete against these.

"I'm just focusing on the track. But I'll let my personality show more and more. The story's not finished.

"I think this is my last European Championships. I'm closing it in Birmingham."

With a gold paper crown on his head, Hudson-Smith quipped that he fancies becoming Mayor of his Black Country home patch when the spikes are hung up.

With silver medals over one lap at Olympic and World Championship level, Hudson-Smith has come agonisingly short of the top prizes.

After Sunday's relay, his next targets will be the Diamond League Final in Brussels and the Ultimate Championships in Budapest.

For Hudson-Smith – who had a painful hip injury last year – it was moments such as Wednedsay that make the sacrifice of being away from his family worthwhile.

In a message to his 11-month-old daughter, he said: "I'm sorry I missed all the big moments. But I did all this to set up your future."

SWIFT SMITH . . . Hudson-Smith wins European 400m crown

BRIT OF A RIVALRY . . . Hunt wins and Asher-Smith takes third

DOUBLES

From Back Page

things going on this year — some really, really low pressure.

"The 200s have been really scary. I have been nearly fainting after a lot of my 200s this year.

"I just had to get on the bend and be really brave. It was an amazing race."

Hunt matched the feats of Asher-Smith — who took bronze in 22.29 — from Berlin in 2018 when she claimed both titles.

The Cambridge-educated sprinter can now win an unprecedented quadruple of golds this weekend.

Hunt will go for glory in the women's and mixed 4x100m relays.

In front of 20,082 fans, she pointed two fingers to the camera and then held up four to show she wants a clean sweep. She also echoed Russell Crowe's Maximus character from movie Gladiator by roaring: Are you not entertained?

Hunt finished 0.09 clear of Ireland's Rhasidat Adeleke in second.

And she said: "That's two out of four. This is becoming a magical week and one I will remember for the rest of my life.

"There's no celebrating, no champagne until Sunday night, because I have a debt to the ladies.

"We have to make sure we show who is the best sprint nation in Europe."

MARK ENGLISH became the first Irishman to win European outdoor gold.

The qualified doctor won the 800m in 1:45.26sec.

Brit Ben Pattison was sixth but Max Burgin pulled out after suffering an injury in the warm-up.

Jack Keene

OUR COLUMNISTS ARE THE TALK OF SPORT

CHEERIO, ROMERO

He's made for Atletico

RED-LETTER DAYS . . . Romero is sent off at United in February and (inset) Europa League joy in 2025

SO ends the Prem career of one of the most infuriating, irritating, infamous yet completely fascinating players in recent memory.

It is hard to think of a footballer who divided opinion so starkly among his own fanbase as Cristian Romero, who is set to join Atletico Madrid.

For the rest of us it was straightforward – he was a pantomime villain, a master of the dark arts who was capable of brilliance one minute and calamity the next.

After five years at Spurs and one season as club captain, consensus among their supporters is as hard to work out as the man himself.

There have been undoubted high moments but with Romero it always felt like a disaster waiting to happen.

He played on the edge and put Tottenham fans on edge.

He could hardly have made a worse first impression after signing in 2021, when he disobeyed club orders not to travel to South America to play for Argentina.

The continent was still on a government red list during the final months of the pandemic, and it meant he had to isolate for ten days before rejoining the squad.

Romero missed a trip to Crystal Palace as a result of his insubordination – and Spurs were tonked 3-0.

Tottenham fans will have lost count how many times they've conceded as a result of him losing concentration, ball-watching and being caught out of position.

Then there are the disciplinary issues.

Since making his debut he was sent off six times in all competitions, more than any other Prem player in the same time span.

He started Spurs' meltdown in that mad home game with Chelsea in 2023, when they lost 4-1 and ended with nine men.

His most infamous sending off came in February. Just days after taking to social media to slag off the club and their lack of transfer activity, he went in high and late on Manchester United's Casemiro. Given Spurs were dealing with an injury crisis at the time, he badly let his team-mates down and a four-game ban meant he missed the North London derby.

His s***house side was on show at the World Cup as he celebrated in the faces of Marc Guehi and Jordan Pickford, just as he had done to Mo Salah after Argentina's comeback against Egypt.

He did something similar when poor old Harry Maguire scored an own goal at Old Trafford in 2022.

Apart from all that, he's an incredibly likeable fella.

But he is undeniably a superbly gifted footballer – and on his day was one of the better centre-backs in the league.

He has a World Cup and two Copa America winners' medals and was Spurs' outstanding player during their run to Europa League glory in 2025.

He was man of the match in the edgy 1-0 victory over United in the final and was crowned player of the competition.

And he always carried a goal threat, scoring 13 times during his time in North London including a stunning overhead kick in the last minute at Newcastle to salvage a point.

If anyone deserves to be slapped with the Marmite tag, it's him.

He makes your blood boil in one instant and does something spectacular the next.

There can be no better fit for Romero than Atletico, one of the most dogged and disliked teams in Europe where he teams up with Diego and Giuliano Simeone.

Imagine how irate those three will make Prem fans if you draw them in the Champions League this year?

It was fitting in his final days as Spurs captain he was said to be open to joining Arsenal, 25 years on from Sol Campbell's own 'Judas' moment.

Angering and intriguing, right down to the last.

ECB MUDDLE

THIS has to be one of the most forgettable summers in England cricket history.

After the soap opera involving Ben Stokes *(right)* that led to him quitting as captain and retiring from international cricket, absolutely nothing has happened.

Since the final ball was bowled in their defeat to New Zealand on June 29 there has been no Test cricket at the height of summer, with supporters having to make do with the awful, gimmicky Hundred.

And the master planners at the ECB, who would have had the sporting spotlight to themselves since the football World Cup, scheduled the start of the Pakistan series for the week the Premier League returns.

Make it make sense.

Cats take nap

WHAT a weird few months it has been for Sunderland fans.

They capped a brilliant season back in the top flight by qualifying for the Europa League on the final day.

And many will have been expecting them to invest heavily this summer.

So far, though, they haven't spent a single penny in the transfer market, which is utterly bizarre for Regis Le Bris' team, who are facing the additional burden of midweek European football.

The Black Cats seriously need to pull their fingers out over the next couple of weeks, otherwise this has a season of struggle, and a potential relegation battle, written all over it.

FALLING FLAT

FLAT racing was dealt a huge blow on Tuesday when it was announced Bow Echo was being retired with immediate effect.

The summer game has struggled to capture the imagination for a few years now, with a distinct lack of true stars and Aidan O'Brien's increasing domination.

But the success of the George Boughey-trained and Billy Loughnane-ridden three-year-old *(left)* had lit up the season so far, and now we have been robbed of a glorious autumn.

It once again highlights the downside of the Flat.

His owners will get even richer as he heads off to stud after just six runs but the sport is so much poorer for his loss.

Grim for Del boys

DEREK McINNES' reign at Rangers is in disarray after his side were dumped out of the Europa League by Jagiellonia Bialystok.

Boss McInnes is still winless after four matches following a 1-1 draw with the Polish minnows and a 3-2 aggregate defeat.

Lawrence Shankland levelled the qualifier with a penalty but Nik Prelec netted on 65 minutes.

There were loud boos from the Ibrox faithful at full-time and Rangers must settle for a Conference League play-off with Czech club Jablonec.

Hearts managed a 1-1 draw with Portuguese giants Benfica after a 6-1 first-leg defeat in their Europa League qualifier.

David Gray's side will now face Belgians Gent in another Conference League play-off.

Sport

BRIGHTON will take on Tromso in their Conference League play-off after the Norwegians sealed a 7-1 aggregate victory over Cluj.

The Seagulls visit the Arctic Circle for the first leg on Thursday.

SHORT

Foxes in sale talk

LEICESTER'S owners are looking to sell the club for at least £200million.

The Foxes — who won the Premier League title ten years ago — start life in League One at Notts County tomorrow.

Reports say Leicester have commissioned US investment bank Citigroup to help find a buyer and a sales brochure has been produced.

Thai owners King Power bought Leicester in 2010 in a £35m deal.

Following relegation from the Championship, chairman Aiyawatt 'Top' Srivaddhanaprabha said he should shoulder the blame for the shocking demise of the club.

But he also emphasised the "structure will change" under new manager Russell Martin.

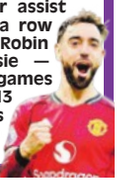
Leicester declined to comment on the reports.

PREM COUNTDOWN

1 DAYS TO GO

BRUNO FERNANDES last season became the first Manchester United player in 13 years to score or assist in SEVEN straight Prem games (four goals and four assists).

The last player to net or assist more in a row was Robin van Persie — ten games in 2012-13 (ten goals and two assists).



CH'SHIP WOLVES v BLACKBURN

8pm, sky sports main event talkSPORT

Pep EFL clones give away pathetic goals

MOWBRAY RAPS 'TRENDY' BOSSES

PEP GUARDIOLA copycats have ruined the EFL.

That is the damning verdict from veteran boss Tony Mowbray as his Blackburn side go to Wolves tonight for the Championship opener.

And Mowbray, 62, insists that a generation of bosses have been brainwashed into over-complicating the game with total-football passing tactics their players cannot pull off.

He told SunSport: "Pep Guardiola changed the landscape of football.

"People say it almost spoilt the game because everybody wants to play like Pep – but we can't all play like him.

"In 2011, he had a formidable team at Barcelona with Xavi and Iniesta, a generation full of talent playing a false nine.

"A generation of coaches have come through inspired by him, inverting full-backs and playing overloads in different areas.

"Yet every week in lower leagues we see teams giving pathetic goals away by the goalie trying to play a little triangle in his box.

"We can't all play like Pep. You need a fusion of football and pragmatism."

That obsession with trendy coaching metrics and extra tactical staff almost made Mowbray fall out of love with the game.

In early 2024, his world was turned upside down when forced to step down from Birmingham following a bowel cancer diagnosis.

And after undergoing surgery and treatment, he admits football's push toward technical directors interfering with squad selection made him question returning.

He said: "I started thinking I wasn't enjoying where football was going. I remember once trying to sign a young Gerard Pique for Hibs on loan from Manchester United.

"I was at a petrol station, looked at my phone that was ringing and it said Alex Ferguson. I didn't know whether to keep filling my car or take the call!

"I stopped and answered. He couldn't let me have Pique but told me, 'I'd advise you to have total control.

"The only way to succeed is to have control so players know who the boss is'.

"When I was at West Brom against Sir Alex, he'd come in for a drink and talk about control. That's gone now.

"There are too many layers. Do I want to get told by a technical director who to pick or why players ran too hard? It's about trust."

That search for respect drew Mowbray back to Ewood Park following his recovery.

Following a short interim spell at West Brom last season, a homecoming at Blackburn gave him what Sir Alex insisted on . . . freedom to manage.

Mowbray said: "The job has become harder for coaches. I've always felt the manager needs to manage and pick the team. I found both integrity and honesty in this ownership model.

"They look me in the eye and let me get on with it. The respect is there.

"There are different layers from when I was here before but I don't want total control. I want to do it together."

Mowbray points to Blackburn's academy products as proof that passing quality and direct power must coexist.

Crystal Palace and England midfielder Adam Wharton came through the ranks during Mowbray's last spell between 2017 and 2022.

He said: "Adam was only 14 or 15 but he'd train with the first team because he was so special with the ball. Jon Dahl Tomasson, who followed me, gave him his debut and Adam allowed the team to play an amazing passing game.

"I love seeing that but I see the benefits of a big centre-forward who can bring it in or flick it on, playing over pressing teams.

"It's a fusion of football. You have to figure it out."

Despite his wariness of all the layers of analysts and technical staff in football, do not brand Mowbray a dinosaur.

He added: "I like data pointing us to the right players.

"There might be a winger in Belgium's second division putting in the most crosses and I'd never know until data points at him.

"Then your wisdom correlates if he can step up to Championship level and has the right personality to fit your group. Ultimately, data cannot tell you that."

EXCLUSIVE by JUSTIN ALLEN

TONY'S TIKI-TAKA TAKEDOWN . . . Rovers boss Mowbray wants to see less Guardiola-style football

TEAM SPIRIT . . . chief Peixoto

CESAR'S THUMBS DOWN

WOLVES boss Cesar Peixoto promised the days of training-ground showdowns are over.

Tolu Arokodare, 25, was booted out on a season-long loan to Ajax after turning up to train last month when the giant Nigerian had been told to stay away.

Security was beefed up to ensure he could not return the following day.

Peixoto, 46, whose team host Blackburn in the Championship tonight, insisted: "It won't happen again. The situation was resolved. He was a player we didn't want in the team and he went to Ajax."

By TIM NASH

Ki-Jana Hoever, Sasa Kalajdzic, Hwang Hee-chan and Enso Gonzalez are training away from Wolves' first-team squad.

While World Cup stars Jose Sa, Ladislav Krejci and David Moller Wolfe, along with Sam Johnstone and Boubacar Traore could leave before the transfer window shuts on September 1.

Peixoto said: "For us it's not a problem. Sometimes I have to make decisions to build a strong team – and that's what I did with Tolu.

"I try to be honest with all the players and be respectful with them always.

"There is a good team spirit and no problems in the team."

Czech Republic captain Krejci, 27, is a £40million target for Leeds but Peixoto wants him for keeps.

The Portuguese said: "He's a player I like and want but we have to see what happens with the market."

KONSA . . . excelled

Mik guns for Kon in new talks

By SIMON COLLINGS

ARSENAL have held fresh talks over a move for £60million-rated Aston Villa defender Ezri Konsa.

The Gunners indicated earlier in the summer they value the England star at half of Villa's valuation.

But Unai Emery's Europa League winners do not plan to drop their asking price.

Arsenal boss Mikel Arteta wants to bolster his defence after William Saliba aggravated a back injury at the World Cup with France and is expected to be out for months.

Konsa, 28, remains Arsenal's preferred target but Barcelona defender Jules Kounde and Marc Pubill of Atletico Madrid have also been linked.

Centre-back Konsa would offer Prem experience.

But Villa would be reluctant to lose him after banking over £150m this summer by selling key trio Lucas Digne, Morgan Rogers and Youri Tielemans.

Meanwhile, Arsenal face a fight to sign Victor Osimhen — if they press ahead with a move for the Galatasaray striker.

They are in talks with the Turkish side as they look to offload Ethan Nwaneri and Gabriel Martinelli.

Osimhen's name is said to have come up but it is understood Galatasaray are determined not to sell.

They have already rejected an £111m offer this summer from an unnamed club for the 27-year-old hitman.

Dowman is so Fab

By LLOYD CANFIELD

CESC FABREGAS hailed Max Dowman — then joked he would love to sign Arsenal's wonderkid for Como.

Dowman, 16, who became the Prem's youngest goalscorer last term, faced the Serie A outfit in a friendly on Wednesday.

Arsenal icon and current Como boss Fabregas praised Dowman after the 1-1 Emirates draw.

Fabregas, who became the club's youngest-ever first-team player — at the time — under Arsene Wenger in 2003, said: "It's amazing because that's what it's all about.

"Hale End [Arsenal's academy] does an amazing job. There is a lot of talent, but if you don't play and give trust to this talent, it gets lost in the process and it's a shame.

"They play for one of the best clubs in the world now, where even Max with the talent that he's got, it's a challenge.

"If they want to give us some players as well . . . we can take them!"

Ju want Vic

JUVENTUS look to be focusing on a loan move for Tottenham keeper Guglielmo Vicario.

The Italian giants had earmarked Zion Suzuki, who is set to join Paris Saint-Germain from Parma.

But the proposal to then loan him to Juve seems to have collapsed and Vicario *(left)*, 29, is Plan B.

Ben joins Xabi's cull

By JACK ROSSER

NAPOLI have sealed a loan deal for Chelsea defender Benoit Badiashile.

Blues boss Xabi Alonso wants to cut five centre-backs from his squad this summer.

Trevoh Chalobah has already joined Italian side Como as part of the clear-out.

Chelsea will receive around £2.5million as a loan fee for Badiashile and Napoli have a £21.3m option to buy the France international.

The 25-year-old *(left)* joined the Blues from Monaco for £35m in 2023.

Tosin Adarabioyo could also depart this summer and Portuguese club Benfica are exploring a move.

When Chelsea added Maxence Lacroix in a £52m deal from Crystal Palace, Alonso confirmed he wanted up to lose five central defenders from his squad.

Axel Disasi, a target for clubs in Italy and ex-loan side West Ham, is also set to leave – with a £25m valuation on his head.

NEWS TICKER

STRIKER Enes Unal has quit Bournemouth to rejoin his old Spanish club Getafe.

The Turk, 29, leaves on a free — though the Cherries could receive up to £1.3million in bonuses as well as a slice of any future sale.

IPSWICH'S £17million bid for Bayer Leverkusen midfielder Exequiel Palacios has been rejected.

The Argentinian hit 15 goals in 185 appearances over seven seasons for the Bundesliga side.

Palacios, 27, was in his country's World Cup squad this summer and has 41 caps.

ANAN KHALAILI is closing in on a £21million move to Crystal Palace from Union Saint-Gilloise.

The clubs are finalising the paperwork for the Israeli right wing-back, 21, who has Champions League experience with the Belgian outfit.

All systems Jo

ARSENAL have agreed personal terms with wonderkid Vincent Joseph.

The striker, 16, left Liverpool earlier this summer after rejecting scholarship terms.

A tribunal will take place if the clubs cannot agree a settlement fee for Joseph, who has scored eight goals in nine appearances for England Under-16s.

The Gunners are also set to sign midfielder Axel Donczew, 16, the youngest player to ever represent Cardiff, and striker Mylo Bernard, also 16, who had been at Crystal Palace.

PREM LEAGUE TAKES

Centre of attention

MIDFIELD GREAT CARRICK HAILS 'DREAM' SANTOS

PREM RECORDS LAST SEASON

	Santos (Chelsea)	Tielemans (Villa)	Mainoo (Man Utd)	Mount (Man Utd)	Fernandes (Man Utd)
Games	27	25	28	23	35
Minutes played	1,255	1,862	1,653	1,018	3,066
Minutes per game	46	74	59	44	88
Goals/assists	1/0	0/4	1/2	3/0	9/21
Touches per 90 min	71	71	75	55	78
Passes per 90 min	57	54	58	35	59
Passing accuracy	90%	85%	89%	82%	82%
Win rate	41%	56%	68%	52%	54%

MAN IN MIDDLE . . . new boy Santos has impressed United boss Carrick so far

TWO MORE IN

From Back Page

there's the possibility to improve."

United made a fresh enquiry for Real Madrid midfielder Aurelien Tchouameni last month and have monitored Carlos Baleba at Brighton for over a year.

Manchester City, Tottenham and Chelsea have all spent at least £100million on a signing with Prem new-boys Ipswich outspending United this summer.

The Old Trafford club invested £85m on Andrey Santos and Youri Tielemans, after baulking at the valuations of £116m Elliot Anderson and £85m Mateus Fernandes, who moved to Manchester City and Tottenham respectively.

Carrick added: "Money's money. It's still about the football and that's where the competition lies.

"We feel like we've got to be pushing for everything that we're involved in, being realistic of what the recent history's looked like as well, and that's over a period of time.

"And that's the challenge, whether that's this season or the one after. We want it to be as soon as possible and that's what we're aiming for."

Carrick took over as temporary coach in January before presiding over 12 wins and only two defeats in 17 games as United returned to the Champions League by finishing third in the Prem.

He added: "I can't give you a definite answer on [can United win the title].

"But it's certainly what we're pushing to do because we have to, because that's the club we are.

"You have got to be going into the season thinking we can achieve something special.

"Don't be going into a season thinking this could be a struggle.

"We've definitely got the potential to achieve something really special."

ONE TO KNOW ONE

JACK'S BACK . . . Haaland and Grealish have a laugh in training

ENZ MEET

From Back Page

following their 18 months together at Stamford Bridge.

And Chelsea have slapped a time limit on their Prem rivals to make an offer for the Argentine, who scored in the World Cup semi-final win over England this summer.

City feel Chelsea are trying to offload the player while still holding out for a massive fee.

Relations between the clubs are strained after Maresca quit the Blues on January 1 with 3½ years left to run on his contract.

City later paid Chelsea £17m in compensation to appoint Maresca.

Rodri is expected back at training today following a break in the wake of Spain's World Cup win.

The Ballon d'Or-winning midfielder, 30, looks to be heading to Barcelona.

But City have snubbed two Barca bids and are holding firm in their £60m valuation.

The Spanish giants' latest offer was £55m including bonuses.

Reijnders, who was a target for Nottingham Forest, did not train yesterday ahead of City's Community Shield clash with Arsenal on Sunday.

The Dutch midfielder, a £46.5m buy from AC Milan last summer, made 47 appearances in his debut year, scoring five goals and adding two assists.

Savinho also skipped training and has been pushing for a move to Tottenham all summer.

But winger Jeremy Doku has signed a new five-year contract with the club that runs until 2031.

Belgian Doku, 24, said: "With Enzo here now I'm really excited about the new season.

"His style of football is the kind we love, so that's exciting for the players."

MICHAEL CARRICK is hopeful that "dream" signing Andrey Santos can help Manchester United reinvent their midfield.

United landed the Brazilian and Youri Tielemans for a combined £85million last month and Santos has started in all five of their pre-season games.

The ex-Chelsea star, 22, could provide the solution to the Old Trafford club's defensive midfield problem, although boss Carrick suggested he is still after one more signing in the middle of the park.

When a 25-year-old Carrick joined United from Tottenham in 2006, he nestled into their midfield alongside Paul Scholes, rebranded as a deep-lying playmaker, and United promptly ended their four-year title drought.

Santos, Tielemans, Kobbie Mainoo and Mason Mount are all technical players and Carrick's success as a player seems to be influencing the current overhaul.

Carrick, 45, explained: "We enjoy seeing different things and your eye naturally takes you to different parts of the game.

"We can all watch the game and see something a little bit different.

"Just being a midfielder, that's kind of how I've seen the game. In some ways, it helps because you're kind of connected to all parts of the team over time.

"I'm not saying you have to be a midfielder to be a good coach, but it's just how my reference points are in some ways.

"And what I feel has worked over the years, what kind of football I think the supporters want to see as well, and hopefully that fits together.

"Naturally, midfield is a big part of the teams that I've coached and been part of, because that's just how I see the game."

And Carrick has already spotted the talent in Santos, his £50m capture from the Blues.

The Old Trafford chief said: "Andrey, for such a young man to come in the way he has . . . his character, his personality is a dream. Literally, he is a dream.

"He's so positive, so mature, so switched on. He wants to learn. He comes in straightaway and he's trying to help other players and talk in games and communicate.

"And he has that personality where he's got a real substance to him. I'm delighted to have him."

From SAMUEL LUCKHURST
MAN UTD CORRESPONDENT IN IRELAND

Carrick was in contact with Mainoo during the World Cup after he failed to get a kick for England.

The 21-year-old *(below)* was the only outfield player Thomas Tuchel did not give minutes to – an identical experience to Carrick's under Fabio Capello during England's miserable World Cup in South Africa in 2010.

And Carrick, who also has skipper Bruno Fernandes in the engine room, said: "Mainoo's been great since he's come back.

"I know from the outside you can look in and everyone goes, 'You should be happy to be there'. And there's a part of that and not taking it for granted, for sure.

"But there's the other part as a human being and then as a professional, you want to be playing. So I've been there, I understand it.

"What did I say to him? Try and appreciate being there as much as you can and try and make the most of it, but keep doing the right thing and being ready.

"In the end, it worked out as it is. But then he comes back and he's quite happy to be home with us and he's been great this week, come straight back into it."

Carrick refused to criticise Tuchel's call not to use Mainoo. He said: "There's a whole squad of good players, that's why it's the World Cup and it's England, so it's not for me to say that.

"The biggest thing for me is Kobbie's in a really good place. I think he feels that, he's come back and he's come home and he's ready for a big season.

"And seeing him this week, it's been great to have him back."

Carrick was non-committal on the future of Marcus Rashford, who rejoined the group for the first time in 18 months on Sunday.

The forward, 28, is set to make his first United appearance since December 2024 in their final friendly against AC Milan in Wroclaw tomorrow.

Yet the Red Devils boss made it clear: "He's our player. He's part of the group like anybody else. He came in, he's trained really well.

"I've known him a long time, like I've known some of the others a long time, so I don't treat him differently to anybody else.

"But it's been good to have him around the group again this week. So I'm really positive with that.

"He's a very good player, Marcus, and if you are going to have a career over ten or 15 years, there's going to be times when things maybe go in a different direction.

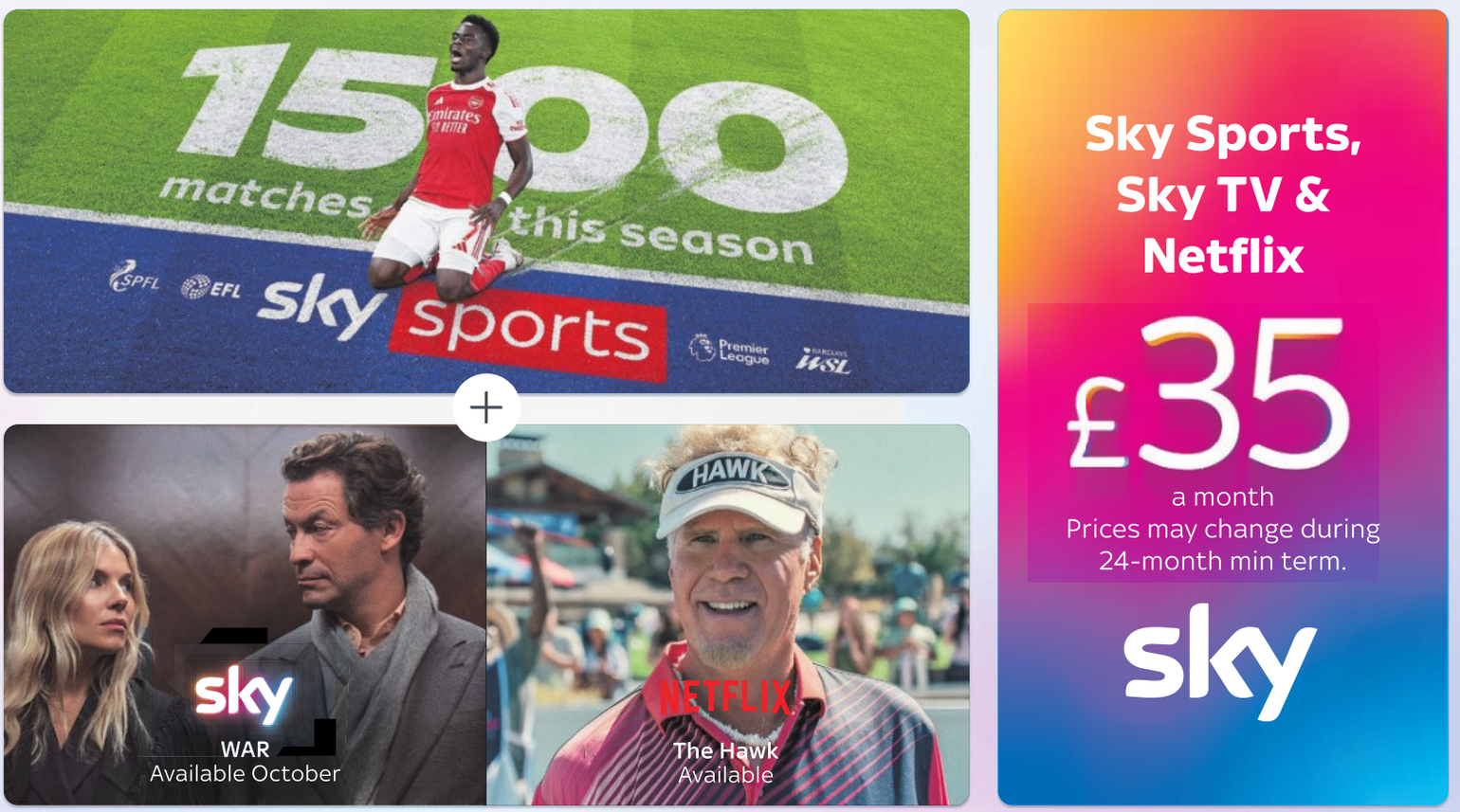
"All right, that happens. There are ups and downs.

"It's what happens over time and now we're in a positive place as a group. And Marcus can offer us so much.

"He has done, and he can do again, so in that respect, it's quite exciting."

When asked whether Rashford was for sale, Carrick replied: "He's our player and he's a good player and he gives us something a bit different in the group.

"And as I said, around this week, it has been great. The feeling within the group is good."



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TUGETHER . . . Tuchel plans a Lions Euro camp

TUCH PLOTS EUROPEAN GETAWAY

THOMAS TUCHEL is set to combine two England games with a mini training camp abroad — just ten weeks after the World Cup ended.

The Three Lions are at home to world champions Spain at a sold-out Wembley on September 26 in a Nations League game.

Atletico Madrid's Metropolitano Stadium has also been confirmed as the venue for England's final Nations League clash away to Spain on November 15.

Yet boss Tuchel, who spent seven weeks with his squad at the World Cup in North America, is going to take his team on a five-day trip after the home showdown with the Spanish.

The Three Lions will face the Czech Republic in the Nations League on September 29 with Prague the likely venue.

EXCLUSIVE by CHARLIE WYETT

Yet four days later, England are also away to Croatia in the coastal city of Rijeka and the squad look unlikely to return home. Instead, the players will spend extra days training abroad.

This could be in the Czech Republic or Croatia – the FA have yet to decide.

The October 3 match is behind closed doors due to a Uefa fan ban following repeated trouble involving Croatia supporters.

Straight after the Saturday game, England will head home to prepare for an October 6 clash with the Czechs at Wembley.

Boss Tuchel has received full backing from the FA – and the players – despite the manner of the team's World Cup semi-final loss to Argentina.

For the first time, **FOUR** internationals will be staged in this window.

That means fans go without Premier League football for three weeks.

However, there will be only one more international window.

England's November 12 clash with Croatia is followed by the trip to Madrid.

It will be England's first game in the Spanish capital since 2004 when the Three Lions' players suffered racial abuse at the Bernabeu, home of Real Madrid. England have played just three games in Spain since, two in Seville and one in Alicante.

The last time the teams met was in the Euro 2024 final in Berlin.

The Metropolitano, with a 70,692 capacity, has hosted three senior Spain matches since it was opened in 2017. It will also stage this season's Champions League final.

Spain's first home game as world champions is against Croatia in Seville on September 29 while the Czech Republic match on October 3 takes place in Oviedo.

England, who earned promotion back to League A, must aim to finish in the top two to qualify for the quarter-finals in March.

Tuchel looks certain to call up some younger players as he prepares for Euro 2028, which England are co-hosting.

Liverpool's Rio Ngumoha is in the running after his superb senior debut as a sub in the friendly 1-0 win over New Zealand before the World Cup.

Bournemouth's Alex Scott was also part of the squad for the World Cup warm-ups – while surprise omissions Cole Palmer and Adam Wharton will hope to come back in.

The draw for next year's Euro qualifiers is in Belfast on December 6.

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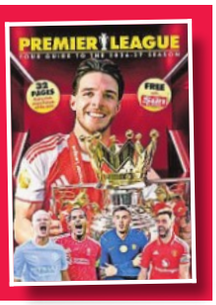


PREMIER LEAGUE NEW

MADJO

Brian, 17, bullies 'em like Erl and could be next Kane

BRIAN MADJO has gone from being an unknown quantity to the name on everyone's lips.

By SIMON COLLINGS

The striker burst on to the scene on Wednesday night, marking his Aston Villa debut by becoming the youngest scorer in the Super Cup in their 2-1 defeat.

Aged just 17 years and 212 days, he bullied Paris Saint-Germain's defenders in a manner reminiscent of Erling Haaland.

It was a performance that will have made people sit up and take notice – not least England boss Thomas Tuchel.

The Three Lions lack striker options beyond Harry Kane *(below)* – and Madjo emphatically showed in Salzburg he is one to watch.

Villa defender Tyrone Mings knows what it takes to play at the highest level – boasting 18 England caps – and is impressed by the 6ft 4in teenager after their tussles in training.

Mings said: "He is a tough person to defend against. He is about 100kg. He is a big old boy!

"He has a very high ceiling. He is very, very difficult to play against.

"I just hope he takes his goal and it fills him with confidence and he can go on and contribute to the team.

"He said he was nervous, of course. He's 17 and it's a huge game.

"But I did say to him, 'You get an amazing opportunity as a striker to just have one good moment and it can change everything for you'.

"I'm so glad that after missing a couple of chances, he got that goal.

"He's a very humble lad, hopefully he can contribute in a big way for us on the pitch."

Madjo may have to be patient for his England chance – but he is used to that.

After joining Villa in January from French club Metz for £10million, red tape stopped him being registered to play in competitive matches.

Fifa do not allow players under the age of 18 to move abroad, barring some exceptions like within the European Union, so Madjo could only train and play friendlies.

Villa argued the teenager should be exempt, given he was born in Enfield to Cameroonian parents before moving to Luxembourg as a boy.

It was there that he played for the academies of Marisca Mersch and Racing Union, eventually moving to Metz – where he was watched by Villa boss Unai Emery's chief scout Alberto Benito.

Madjo represented Luxembourg in three friendlies but switched allegiance to England and played for the Under-17s.

Villa eventually took their case to the Court of Arbitration for Sport and won the appeal last week.

Madjo reacted to the news on Instagram by posting: "No distractions, I'm free."

His celebration on Wednesday involved putting his hands behind his back, before setting them free and wagging his finger.

Villa captain John McGinn said: "Brian has had a terrible year. A player born in England should be able to play in England.

"He has the potential to be an unbelievable striker – and he showed that."

Madjo is clearly hungry to make up for lost time and could have scored a hat-trick against PSG.

One chance was made by simply running over centre-back Willian Pacho in the manner of rugby union legend Jonah Lomu.

And Villa defender Matty Cash said: "He is a beast. He is so good. All pre-season he has put his body around and scored goals."

Madjo's father Guy was also a professional footballer but much of his career was spent bouncing around England's lower leagues at the likes of Stafford Rangers and Crawley.

His son looks destined for the top, though, and should get plenty of chances to shine at Villa this season.

It felt telling Madjo got the nod ahead of Tammy Abraham on Wednesday and his main competition will be Ollie Watkins.

The England striker returns to training next week after being given an extended break following the World Cup.

Watkins has established himself as the main competition for Kane in recent years and could play a role in nurturing Madjo.

There is a lack of young English strikers so the opportunity is there.

Emery is not afraid to give young players a chance and he showed that a few seasons ago by rotating a teenage Jhon Duran with Watkins.

Mings added: "Brian has had to be very patient until he could play, so that says a lot about his character.

"Clearly, mentally he is able to deal with setbacks.

"He's trained with us for a long time. So when he eventually got his chance to play, he was ready to play. He knew our system, he knew how to press. I presume he watched a lot of Ollie Watkins and understood how we play.

"The manager is big on what we do off the ball – probably more than what we do on the ball.

"Ollie's a great person to watch because of his work-rate and what he brings to the team."

Madjo will be Watkins' apprentice for now but is surely one day destined to be the master.

STAR FOR THE NEW SEASON

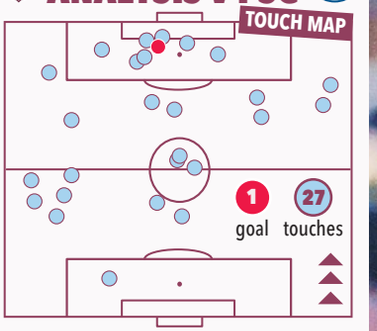
MANIA

VIL POWER . . . strong man Madjo celebrates his goal against the mighty Paris Saint-Germain

ASTONISHING . . . Madjo scores against PSG

TEEN'S MATCH ANALYSIS v PSG

TOUCH MAP



Minutes played	72	Passing accuracy	64%
Touches	27	Passes ending in final third	5
Passes	14	Fouls won/condeded	1/1
Succesful passes	9	Touches in opponent box	8

TOP FIVE YOUNGEST UEFA SUPER CUP SCORERS

Aug 12, 2026	BRIAN MADJO v PSG	17y 212d
Feb 6, 1996	Patrick Kluivert v Zaragoza	19y 220d
Aug 9, 2016	Marco Asensio v Sevilla	20y 201d
Nov 22, 1977	David Fairclough v Hamburg	20y 321d
Aug 24, 2001	John Arne Riise v B Munich	20y 334d

SHOT MAP

ABRAHAM . . . proud

Tam not worried by exits

By SIMON COLLINGS

TAMMY ABRAHAM says the departure of Aston Villa's key stars has not rocked the squad.

Lucas Digne, Morgan Rogers and Youri Tielemans were all sold this summer so the club can comply with Uefa's financial rules.

But striker Abraham believes the camp has coped with the upheaval, as shown by their spirited display in Wednesday night's defeat to Paris Saint-Germain in Salzburg.

Europa League winners Villa lost 2-1 to the Champions League holders in the Super Cup — but had plenty of chances.

And Abraham said: "In football, there's always going to be changes. As a team, we're really adapting well with the changes.

"We've lost key players in Morgan, Lucas, but that's not disturbed us.

"I only joined recently but seeing what the squad have been doing in training, working hard, we should be excited."

Abraham joined Villa in January from Besiktas for £18.25million — and is buoyed by what he saw against PSG.

He said: "I think the reaction of the fans tells you everything.

"We've just competed with the best team in the world for the past two years and, as a team, we should be very proud.

"As a young team, we left everything on the pitch, and in the last 15-20 minutes, they were on the back foot."

Abraham, who featured in two Super Cups with Chelsea, said: "I've played in this a couple of times — and this is one of the proudest I've ever been of my team."

thesun.co.uk/sport
Sun Sport

Amy's on doubles!

By ROB MAUL

AMY HUNT sealed the European sprint double with a stunning 200 metres gold — then revealed her fainting fears.

The Newark star, 24, stormed to victory at Alexander Stadium in 22.19sec, with fellow Brit Dina Asher-Smith in third.

It came 72 hours after Hunt was crowned 100m champion at the European Athletics Championships in Birmingham.

Yet she approached the 200m contest with trepidation, having suffered low blood pressure during training sessions.

She said: "The 100 is the hardest mentally. And the 200 is the hardest physically.

"I've had a lot of health

Turn to Page 49

Could teen Villan become England hero like Kane?

SEE PAGES 54 & 55

CARRICK . . . dual bid

Carrick wants 2 more in

From SAMUEL LUCKHURST in Ireland

MICHAEL CARRICK wants TWO more signings to turn Manchester United into title contenders.

And the Red Devils boss believes his side can achieve "something special" in his first full season in charge.

United are in the market for a left-back and a midfielder in their quest to win their first Premier League crown in 14 years.

Newcastle's full-back Lewis Hall and versatile Arsenal midfielder Myles Lewis-Skelly are targets.

Asked about signings, Carrick said: "We've got to push every boundary that we can, to be able to win again.

"We would like more, we need to keep pushing for more.

"There are one or two areas where we'd like to improve and we feel that

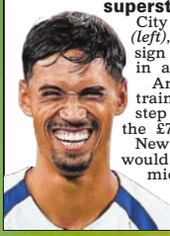
Turn to Page 52

AS 5PM DEADLINE LOOMS...

MAKING ENZ MEET

By KATHERINE WALSH

MANCHESTER CITY are closing in on a huge windfall ahead of Chelsea's 5pm deadline to bid £120million for superstar Enzo Fernandez.



City midfielder Tijjani Reijnders *(left)*, 28, was last night set to sign for Saudi side Al-Qadsiah in a £52m deal.

And Savinho, 22, sat out training due to illness as Spurs step up their attempts to land the £70m-rated winger.

New City boss Enzo Maresca would love to bring Blues midfielder Fernandez, 25, to the Etihad

Turn to Page 53

SMILES BETTER . . . City boss Maresca is a big fan of Chelsea's £120m-rated star Enzo Fernandez

City exits pave way for Fernandez swoop

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Man's Judd the job

By JACK KEENE

THE highly anticipated clash between Ombudsman and Constitution River at York is still on.

Both horses were confirmed at the five-day stage for the Juddmonte International on Wednesday.

John Gosden's Ombudsman (*right*) has been off since winning the Prince of Wales's Stakes by a wide margin in June, and he is the even-money favourite with the bookies.

But he will face arguably his biggest test yet in Constitution River (7-4), the Aidan O'Brien-trained three-year-old who bagged the Coral-Eclipse last month.

Dante winner Item also features in the 10-strong line-up.

The rematch between Christmas Day and Maltese Cross, the first and second in the Derby at Epsom, is also possible in the Great Voltigeur.

DIAMOND OFF TO FRANCE

DIAMOND NECKLACE will head to France for her next run. Trainer Aidan O'Brien has his eye on the Prix Romanet for his unbeaten filly who is 8-1 for the Arc. Stablemate Minnie Hauk will run in the Yorkshire Oaks at York.

George's sweet 16

By TOM PEPPER

GEORGE SCOTT hopes Efsixteen is ready for take off as she returns in the St Hugh's Stakes.

The unbeaten filly, who cost £350,000, hasn't been seen since winning cosily on her debut at Newmarket back in May.

Scott (*right*) has been patient and eyeing a big second-half campaign, starting at Newbury today (5.23). He said: "She's a tall filly, she's quite leggy so just needed that extra time really to strengthen up and be ready for this second half of the year, but I have been really pleased with her and I'm looking forward to seeing how she stacks up in this.

"She's been doing plenty and is ready to go. I think she will come on for the run mentally, but I would still like to see her on the premises."

Newbury colours — Page 3

THE Favourite
HOME OF RACING
Friday, August 14, 2026

EASY WIN

Church can be answer to punters' prayers at Thirsk tonight

CHURCH GOER . . . Winchurch can strike at Thirsk for canny trainer Mick Appleby (*right*)

By TEMPLEGATE

WINCHURCH (6.43 Thirsk, nap) can have punters singing his praises.

The four-year-old wilted in the white heat of a big-field handicap at Glorious Goodwood last time but will find this assignment much more to his liking.

A nudge down the weights will also help, as will the return to the minimum trip, as the last twice the son of Churchill has tackled five furlongs he's won both times.

Mick Appleby's stable is showing signs of coming back to form.

Moulin Booj will be a tough nut to crack. George Scott's gelding won well at Nottingham on Tuesday and could easily shrug aside a 5lb penalty.

But that possibility will likely be reflected in his starting price and Winchurch looks the value alternative.

FREE WORLD (8.10 Newmarket, nb) won as he pleased at Catterick last week, never seeing a rival and eased down for a seven-length victory.

Ian Williams' gelding is set to go up 9lb in future, so he is 4lb well in despite the 5lb penalty he carries tonight.

FIRST PAST THE POST FOR RACING

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YARMOUTH

GOOD TO FIRM

2.03 DOWNLOAD THE QUINNBET APP 'CONFINED' NOVICE STAKES (Class 4); winner £5,400; 1m. (2 runners)

1 (1) 1 MATINS 20 (D) W Haggas 3-9-11 .... Cieren Fallon
2 (2) EMPEROR AURELIUS I G-Leveque 3-9-4 .... Benoit Sayette

BETTING: 1-80 Matins, 25 Emperor Aurelius
WHERE FAVOURITES FINISHED: 1
2025: Snow Master 3-9-9 Pierre Jamin 4-6 Fav (T Dascombe) drawn 3, 7 ran.

2.38 BRITISH STALLION STUDS EBF NOVICE STAKES (GBB RACE) (3); 2-y-o; winner £7,020; 7f. (7 runners)

1 (3) DEL PEARO J Ryan 9-7 .... Silvestre De Sousa —
2 (4) JUNIOR AGAIN G Boughey 9-7 .... Jamie Spencer —
3 (7) 5 MAJESTIC JUDE 17 W Haggas 9-7 .... non-runner 98
4 (6) 65 MINO 22 M Botti 9-7 .... Benoit Sayette 84
5 (2) 6 ON TARGET 22 G Scott 9-7 .... Darragh Keenan 88
6 (1) ROCK MONTREAL R Varian 9-7 .... Ray Dawson —
7 (5) 4 STORMY WINTER 10 S bin Suroor 9-7 .... Jack Mitchell ●99

BETTING: 11-4 Junior Again, Rock Montreal, 15-2 Stormy Winter, On Target, 12 Del Pearo, Mino
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

3.13 DOWNLOAD QUINNBET APP HANDICAP (5) win £4,397; 1m 3f 104yds (4 runners)

1 35325V **ARCTURUS FLAME 28**
(1) J Owen 4-9-9 .... **Cieren Fallon** 96
Runs: 16 Wins: 1 (G) Places: 7 £20,894
First run for canny yard, market check best, no shock if improving

2 4/64 **ZACHARY HICKES 45**
(3) R Varian 4-9-8 .... **Ray Dawson** 93
Runs: 3 £1,192
Quiet in novices, bit to prove from mark, step up in trip helps, sniff

3 5-9020 **GOOD ONYA MATE J35**
(4) M Bell 4-9-1 .... **Silvestre De Sousa** 90
Runs: 6 Places: 1 £2,281
Last seen hurdling in Ireland, new yard today, hard to weigh up, watch

4 235711 **DIVOT 17 (C)**
(2) W Knight 4-8-13 .... **Jamie Spencer** ●99
Runs: 18 Wins: 2 (2F) Places: 4 £16,907
Cruised home twice over track and trip, another 5lb rise, hard to stop

BETTING: Evens Divot, 3 Arcturus Flame, 7-2 Zachary Hickes, 13-2 Good Onya Mate
WHERE FAVES FINISHED & 2025: No corresponding race.

Sunracing FORM

ARCTURUS FLAME (9-12) 7-2 midfield, headway 2f out, weakened 1f out, 5th of 10 (btn 9½l) to Timber Twelve (9-4) (Epsom 1½m hcap (4) £6,281 good).
ZACHARY HICKES (10-2) 5-1 mid-division, pushed along 3f out, plugged on same pace, 4th of 7 (btn 7½l) to Aleatrix (8-13) (Salisbury 1¼m mdn (3) £6,480 good to firm).
GOOD ONYA MATE (9-4) 22-1 led, headed after 6f, no extra, 13th of 14 (14l) to Our Lucky Lady (8-5) (Limerick 2m 1f hcap €7,200 yielding).
DIVOT (9-9) 10-11 fav made all, shaken up 2f out, ran on, bt Nuptown Girl (9-7) 1½l (6 ran) (Yarmouth 1¼m hcap (6) £3,768 good to firm).

3.48 QUINNBET CLASSIFIED STAKES (6); value to the winner £3,454; 1m. (10 runners)

1 (5) 6-30431 LETSBEATSEPSIS 11 G & J Moore 4-10-0 .... Jude Fernandes (7) 98
2 (9) 45-6252 HEER'S SADIE 17 (CD) J & S Birkett 8-9-9 .... Christian Howarth (3) ●99
3 (7) -884477 KEEPER OF SECRETS 32 I Williams 5-9-9 .... Faleh Bughanaim 82
4 (8) 9-27333 NICELY CURVED 12 H Burton 6-9-9 .... Sean D Bowen 95
5 (4) 40-8494 OH SO AUDACIOUS 12 (D) J Jones 7-9-9 .... Jack Mitchell 88
6 (6) 96-0870 CASTLEKEELY 70 J Owen 3-9-2 .... Cieren Fallon 84
7 (1) 95-9 DEE'S HONEY 155 M Keady 3-9-2 .... Darragh Keenan 81
8 (10) 2476-48 EL CARRUSEL 17 J Ryan 3-9-2 .... Stevie Donohoe 86
9 (3) 5370799 LORDSBRIDGE BAY 22 (B) S Woods 3-9-2 .... Silvestre De Sousa 85
10 (2) 9-44355 POETIC GRACE 31 (B) C Allen 3-9-2 .... Paddy Bradley 90

BETTING: 9-4 Letsbeatsepsis, 9-2 Castlekeely, 11-2 Nicely Curved, 13-2 Heer's Sadie, 8 Oh So Audacious, 11 Poetic Grace, Lordsbridge Bay, 12 El Carrusel
WHERE FAVOURITES FINISHED: 2 1 7 2
2025: Ribston Pippin 3-9-2 Silvestre De Sousa 13-2 (Lemos Souza) drawn 1, 12 ran.

4.25 QUINNBET BEST ODDS GUARANTEED HCAP (5) winner £4,397; 5f (8 runners)

1 069424 **LAZZAR 20**
(5) C Wallis 4-9-9 ... **Christian Howarth (3)** 90
Runs: 23 Wins: 4 (4A) Places: 4 £32,099
Hinted at something on stable debut, needs more again, e-way best

2 621773 **CREATIVE QUEEN 11 (B;C)**
(8) W Haggas 3-9-9 .... **Cieren Fallon** 96
Runs: 7 Wins: 1 (S) Places: 1 £10,907
Running out of excuses, this easiest chance for a while, risky bet

3 10-420 **LONDON IS BLUE 18 (P★;D)**
(6) R Cowell 3-9-9 .... **non-runner** 94
Runs: 10 Wins: 2 (2F) Places: 1 £11,776
Much better here in July than latest, cheekpieces on, ruled out yesterday

4 711414 **ZOUSTAR DREAMS 11 (D)**
(3) E Dunlop 3-9-8 .... **Jamie Spencer** 98
Runs: 12 Wins: 3 (S,2F) Places: 1 £17,820
Consistent at this level, yard and jockey do well here, big player

5 012430 **CAMELEY DAYS 20 (C,D)**
(1) C Dwyer 4-9-6 .... **Silvestre De Sousa** 93
Runs: 16 Wins: 3 (F,S,GS) Places: 2 £16,279
Shocker latest, went well enough here in June, not out of this

6 03141 **RUMBLE RUBY 2**
(2) L Souza 3-9-12 (6lb ex). **Liam Wright (5)** ●99
Runs: 4 Wins: 1 (G) Places: 1 £6,930
6lb penalty for Beverley win on Wednesday, could have more to come

7 453314 **ALWAYS PERFECT 22 (BF,C)**
(7) C Fellowes 3-9-4 .... **Paddy Bradley** 95
Runs: 6 Wins: 1 (F) Places: 1 £7,833
Cosy winner here June, didn't follow up at Newbury, on okay mark

8 -84112 **SUNLIT SEA 6 (B;BF,D)**
(4) Sir M Prescott 3-9-3 .... **non-runner** 98
Runs: 12 Wins: 2 (2F) Places: 4 £13,857
Beaten jolly in quiet race at Lingfield, this looks ideal, taken out yesterday

BETTING: 9-4 Rumble Ruby, 3 Always Perfect, 4 Creative Queen, 6 Zoustar Dreams
WHERE FAVOURITES FINISHED: 1 1 2
2025: Smooth Silesie 4-9-3, P Cosgrave 7-2 (L Williamson), drw 3, 5 ran.

Sunracing FORM

LAZZAR (9-10) 16-1 dwelt, in rear, pushed along under 2f out and minor headway, ridden and no impression 1f out, 4th of 7 (btn 4½l) to Diomed Duke (9-3) (Lingfield 5f hcap (5) £4,397 good to firm).
CREATIVE QUEEN (9-7) 7-2 tracked front rank, pushed along 2f out, kept on same pace, 3rd of 5 (btn 3½l) to Angel Numbers (9-9) **ZOUSTAR DREAMS** (9-6) 10-3 chased leaders, pushed along 2f out, faded 1f out, 4th (btn 4¼l) (Ripon 5f hcap (5) £4,711 good).
LONDON IS BLUE (9-10) 6-1 slowly away, in rear, ridden and minor headway over 2f out, never competitive, 10th of 11 (btn 5¼l) to Too Darn Good (8-12) (Windsor 5f app hcap (5) £4,397 good to firm).
CAMELEY DAYS (11-0) 40-1 tracked leaders, pushed along over 3f out, lost place over 1f out, 13th of 17 (btn 6¾l) to Kodiac Thriller (11-12) (York 5f hcap (4) £12,885 good to firm).
RUMBLE RUBY (9-9) 7-2 chased leaders, pushed along over 2f out and closed, ridden in second over 1f out, no extra final 110yds, 4th of 7 (btn 1½l) to Duskaura (9-7) (Lingfield 6f hcap (5) £4,397 good to firm).
ALWAYS PERFECT (9-5) 3-1 chased leaders, pushed along 2f out, ran on same pace, 4th of 8 (btn 3l) to Waistcoat (10-2) (Newbury 6f hcap (5) £5,757 good to firm).
SUNLIT SEA (9-4) 6-5 fav prominent behind leaders, pushed along 2f out, kept on, ridden final furlong, no impression on winner, 1¼l by Wyle Cop (9-5) (6 ran) (Lingfield 5f hcap (5) £4,397 AW).

5.00 DANNY FROST ELECTRICAL DISTRIBUTORS CLASSIFIED STAKES (6); win £3,454; 6f. (9 runners)

1 (6) 5747026 BULLINGTON BRY 19 (B) J Macey 4-9-9 .... Ray Dawson 93
2 (8) 4234-42 MISTER SANDMAN 66 (H;BF) G&J Moore 4-9-9. Jude Fernandes (7) ●99
3 (4) 6906853 MY MATE BEATTIE 17 S Dixon 4-9-9 .... Christian Howarth (3) 94
4 (9) 360-575 PAYFORANOTHER DAAY 14 (B★) S Hodgson 6-9-9 .... Darragh Keenan 85
5 (7) 900-086 THANKS DAD 48 (V;D) S Dixon 6-9-9 .... Mikkel Mortensen (5) 80
6 (1) 06-7831 VALADERO 8 (B) B Toomey 5-9-9 .... Liam Wright (5) 97
7 (5) 84073 MAYFLOWER ROCK 9 D Cunha 3-9-5 .... Stevie Donohoe 94
8 (3) 8132242 MY MATE MACKLEY 5 A Kirby 3-9-5 .... Oliver Carmichael (7) 93
9 (2) 874 RED LEGS 23 M Dunne 3-9-5 .... Silvestre De Sousa 90

BETTING: 10-3 Mister Sandman, 4 Mayflower Rock, 11-2 Valadero, 7 Bullington Bry, 15-2 Red Legs, My Mate Beattie, 8 My Mate Mackley, 14 Thanks Dad
WHERE FAVOURITES FINISHED: 5
2025: Caesars Pearl 5-9-9 Pierre Jamin 9-1 (Craig Lidster) drawn 7, 7 ran.

LONG SHOT

HAVANA LIGHTNING (5.23 Newbury) has been freshened up since Royal Ascot and her previous win at Yarmouth has worked out well. She looks overpriced.

TEMPLEGATE (Yarmouth)

2.03 .... Matins
2.38 .... Rock Montreal
3.13 .... Divot
3.48 .... Heer's Sadie
4.25 .... Zoustar Dreams
5.00 .... Mayflower Rock

TOM PEPPER (Yarmouth)

2.03 .... Matins
2.38 .... Junior Again
3.13 .... Arcturus Flame
3.48 .... Heer's Sadie
4.25 .... Creative Queen
5.00 .... Mister Sandman

■TIC-TAC: Left-handed oval, flat, galloping track of 1m 4f, straight mile course. ■DRAW: High numbers best on the straight course, especially in large fields. ■LEADING TRAINERS WITH RUNNERS (2021-2026): W Haggas 34-131, M Bell 26-147, G Boughey 25-143, R Varian 18-95. THIS SEASON: James Owen 6, G Boughey 5, D Cunha 5. ■TOP JOCKEYS WITH RIDES (2021-2026): J Mitchell 26-176, S De Sousa 24-149, B Sayette 17-146, C Fallon 17-145. THIS SEASON: S De Sousa 8, J Mitchell 6, C Fallon 5. ■LONGEST TRAVELLER: Keeper Of Secrets (3.48) trained at Alvechurch. Round trip of 388 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

NEWBURY

GOING: GOOD T

TEMPLEGATE (Newbury)

3.00 .... Decalogue
3.35 Dontlookbackinanga
4.10 .... Isabella De Vega
4.45 .... Spirit Of Lyra
5.23 .... Fast Track
5.58 .... Walson's Law

TOM PEPPER (Newbury)

3.00 .... Raintown
3.35 Dontlookbackinanga
4.10 .... Al Samsama
4.45 .... EVENFALL (nap)
5.23 .... Acting Lady
5.58 .... Zatsgood

TEMPLEGATE'S TRIO: Winchurch (Thirsk) and Free World (double, Newmarket) with Sir Garfield (Epsom).
TOM PEPPER'S DOUBLE: Evenfall (Newbury) and Principality (Newmarket).
SUNRATINGS' NAP: DIVOT (3.13 Yarmouth).
THE JUDGE: FAST TRACK (5.23 Newbury).

■TIC-TAC: L-H oval track of 1m 7f, straight mile joins main circuit 5f from home. ■DRAW: High best in large fields. ■LEADING TRAINERS (2021-2026): R Hannon 51-475, W Haggas 51-228, A Balding 42-270. THIS SEASON: R Hannon 8, A Balding 5, E Walker 4. ■TOP JOCKEYS (2021-2026): T Marquand 60-319, O Murphy 45-206, W Buick 43-231, S M Levey 22-246. THIS SEASON: W Buick 6, O Murphy 5, T Marquand 4. ■LONGEST TRAVELLER: Wateera (5.23) & Scutari (5.58) trained at Leyburn. Round trip of 490 miles. ■FIRST RUN SINCE WIND OP: None. ■JACKPOT: Races 1-6. ■LIVE ON SKY SPORTS RACING

3.00 CHAPEL DOWN APPRENTICE HANDICAP (Class 5); value to the winner £5,757; 1m 2f. (5 runners)

1 (2) 7834231 RAINTOWN 22 (CD) J Moore 6-10-0 .... Kyle McHugh (3) 97
2 (3) 549-662 GREY FOX 25 (C,D) E Lavelle 9-10-0 .... Taryn Langley ●99
3 (1) 86-843 DECALOGUE 8 J Osborne 3-9-9 .... Conor Whiteley 90
4 (4) 65-0241 WE RIDE AT DAWN 22 (D) R Edwards 3-9-7 .... Harry Vigors 98
5 (5) 05-46 LIVING IN HOPE 36 (P★) H Eustace 3-9-4 .... Travis Ford (7) 87

BETTING: 9-4 We Ride At Dawn, 11-4 Grey Fox, 7-2 Raintown, 5 Decalogue
WHERE FAVOURITES FINISHED: 5 3 1 2 1
2025: Nightsinwhitesatin 3-9-10 Archie Young 4-9 Fav (E Bethell) drawn 1, 6 ran.

3.35 TPT FIRE SUPPORTS ST MICHAELS HOSPICE MAIDEN STAKES (3); 2-y-o; winner £8,100; 1m. (7 runners)

1 (3) CAMELOT CASTLE C Hills 9-7 .... Jason Watson —
2 (1) 4 DONTLOOKBACKINANGA 42 R Hannon 9-7 .... Sean Levey ●99
3 (4) 4 KING HIGH 16 O Burrows 9-7 .... Callum Rodriguez 94
4 (7) MULVANEY'S RETURN B Meehan 9-7 .... Joe Leavy —
5 (2) QUICKEN AWAY A Balding 9-7 .... Oisin Murphy —
6 (6) 9 RUPERT THE BRAVE 13 O Cole 9-7 .... Tom Marquand 75
7 (5) SOCKDOLAGER R Varian 9-7 .... Robbie Downey —

BETTING: 9-4 Dontlookbackinanga, 10-3 Quicken Away, 9-2 Sockdolager, 7 King High, 10 Camelot Castle, Mulvaney's Return, Rupert The Brave
WHERE FAVOURITES FINISHED: 3 4 1-6
2025: Bow Echo 9-7 Billy Loughnane 2-1 JtFav (G Boughey) drawn 6, 7 ran.

4.10 HIGHCLERE HORSE FEEDS EBF FILLIES' NOVICE STAKES (3); 2-y-o; winner £8,100; 7f. (5 runners)

1 (3) 1 AL SAMSAMA 28 (C) R Hughes 9-9 .... non-runner 98
2 (4) ANGEL OF DESIRE A Perrett 9-2 .... Pat Dobbs —
3 (5) 62 ART OF LIFE 22 C Cox 9-2 .... Joe Leavy 93
4 (1) 3 ISABELLA DE VEGA 21 E Walker 9-2 .... Oisin Murphy 95
5 (2) 3 SWEETWONDERFULYOU 21 W Haggas 9-2 .... Tom Marquand ●99

BETTING: Evs Sweetwonderfulyou, 6-4 Art Of Life, 4 Isabella De Vega
WHERE FAVOURITES FINISHED & 2025: No corresponding race.

4.45 BETVICTOR FILLIES' CONDITIONS STAKES (2) 2-Y-O; winner £21,600; 6f (6 runners)

1 41 **COAT OF RED 16 (D)**
(1) S & E Crisford 9-6 ... **Callum Rodriguez** 94
Runs: 2 Wins: 1 (F) £7,050
More like it at Leicester but didn't beat much, plenty of speed, threat

2 1 **EVENFALL 22**
(5) G Boughey 9-6 .... **Billy Loughnane** 98
Runs: 1 Wins: 1 (F) £5,400
Money came hard on debut and looked smart, could be anything yet

3 1 **FERRYSTREAM 32 (D)**
(6) J Chapple-Hyam 9-6 .... **Oisin Murphy** 93
Runs: 1 Wins: 1 (F) £5,400
Form hasn't worked out from debut win, trainer rates, more to come

4 41 **SORRENGAIL 21 (D)**
(3) C Appleby 9-6 .... **William Buick** ●99
Runs: 2 Wins: 1 (F) £14,768
From top team that is starting to hit form, Ascot win solid, big player

5 41 **SPIRIT OF LYRA 20 (D)**
(2) W Knight 9-6 .... **Tom Marquand** 97
Runs: 2 Wins: 1 (F) £4,873
Lingfield win in rapid time, could be going under radar, not ruled out

6 6 **NONREM 103**
(4) B Meehan 9-2 .... **Joe Leavy** 81
Runs: 1 £0
Dead last on debut, pitched in deep end, can't make a case for here

BETTING: Evs Evenfall, 13-8 Sorrengail, 5 Spirit Of Lyra, Coat Of Red, 6 Ferrystream, 33 Nonrem
WHERE FAVES FINISHED & 2025: No corresponding race.

Sunracing FORM

COAT OF RED (9-2) 5-6 fav made all, asserted from over 1f out, ran on well, won going away, readily, bt Fairy Well (9-2) 2½l (4 ran) (Leicester 6f mdn (4) £5,757 good to firm).
EVENFALL (8-13) 4-6 fav handy, shaken up 1f out, led final furlong, bt Minster Man (9-4) 1¾l (4 ran) (Yarmouth 5f nov (4) £5,400 good to firm).
FERRYSTREAM (9-2) 11-2 chased leaders, ridden 1f out, soon switched left, led inside final furlong, kept on, bt Mithaaly (9-7) ¾l (12 ran) (Windsor 6f nov stks (4) £5,400 good to firm).
SORRENGAIL (9-2) 2-1 fav midfield, pushed along and progress 2f out, led 1f out, ran on well, bt Speed of Sound (9-2) 1½l (8 ran) (Ascot 6f nov (3) £13,500 good to firm).
SPIRIT OF LYRA (9-2) 6-5 fav chased front pair, driven 2f out, led 1f out and ridden, going away, bt Summer Triangle (9-2) 3½l (7 ran) (Lingfield 6f mdn (5) £4,320 good to firm).
NONREM (8-11) 10-1 towards rear, pushed along 3f out, ridden over 2f out, always outpaced, last of 6 (btn 11l) to Lover Girl (9-4) (Salisbury 5f 2yo fll stks (2) £9,990 good to firm).

5.23 VISIT MALTA ST HUGH… LISTED) (1) 2YO; win £…

1 1062 **ACCLAMATI…**
(4) J Owen 9-2 ......
Runs: 4 Wins: 1 (F)
Might have shown her hand but that…

2 31 **ACTING LADY…**
(10) C Appleby 9-2 ...
Runs: 2 Wins: 1 (F)
Job done at Newmarket latest, has to…

3 12 **ANGELS LAN…**
(2) H Candy 9-2 ......
Runs: 2 Wins: 1 (S)
Super Sprint second, entitled to have…

4 14 **BLUE FLIGHT…**
(12) J Fanshawe 9-2 ..
Runs: 2 Wins: 1 (F)
Good debut but didn't kick on much…

5 4U2 **COSMIC MYS…**
(3) A Watson 9-2 ....
Runs: 3
Expensive to follow so far, must be sh…

6 23013 **DUBAI CHAR…**
(13) R Hughes 9-2 ....
Runs: 5 Wins: 1 (F)
Finding life harder upped in grade, m…

7 1 **EFSIXTEEN 1…**
(1) G Scott 9-2 ......
Runs: 1 Wins: 1 (F)
Classy debut on Rowley Mile, must ha…

8 291 **ELEVATING 8…**
(8) R Hannon 9-2 ....
Runs: 3 Wins: 1 (G)
Sandown victory doesn't look strong,…

9 32012 **FAST TRACK…**
(9) A Balding 9-2 ....
Runs: 5 Wins: 1 (F)
Behind a smart one at Goodwood, go…

10 510 **HAVANA LIG…**
(5) G Boughey 9-2 ...
Runs: 3 Wins: 1 (G)
Tad unlucky at Ascot, freshened up, t…

11 1130 **LOVER GIRL…**
(6) K De Foy 9-2 .....
Runs: 4 Wins: 2 (F,A)
Held in similar last twice, connections…

12 251 **SEXY CHICK…**
(11) R Spencer 9-2 ...
Runs: 3 Wins: 1 (F)
Improved again Newmarket, this dem…

13 132 **WATEERA 4…**
(7) K R Burke 9-2 ....
Runs: 3 Wins: 1 (F)
Held in novice at Windsor on Monday…

BETTING: 4 Acting Lady, 9-2 Fas… Acclamation Star, 10 Sexy Chick, 11 Watee… 14 Lover Girl, 16 Havana Lightning, Blue Fl…
WHERE FAVOURITES FINISHED: 3 8…
2025: Hollywood Treasure 9-2, R Scott 16-…

Sunracing FORM

ACCLAMATION STAR (9-8) 7-1 rear, headway 1f out, no extra, ½l by Havana Sprite (9-4) (9 ran) (Newmarket 6f hcap (2) £20,616 good to firm).
ACTING LADY (9-2) 10-3 midfield, progress 2f out, driven 1f out, stayed on strongly to lead, ran on, bt Sierra Belle (9-2) nk (11 ran) (Newmarket 6f mdn (3) £10,823 good to firm).
ANGELS LANE (8-7) 10-1 tracked leaders, progress 2f out, shaken up 1f out, challenged final furlong, btn nse by Zigazig Ah (8-4) (24 ran) (Newbury 5f auct (2) £143,009 good to firm).
BLUE FLIGHT (9-9) 11-2 midfield, progress 2f out, ridden over 1f out, kept on same pace, 4th of 8 (btn 2¼l) to Sorrengail (9-2) (Ascot 6f nov (3) £13,500 good to firm).
COSMIC MYSTERY (9-2) 10-11 led, reduced advantage final furlong, no extra and headed finish, btn 1l by Glamorize (9-2) (5 ran) (Nottingham 5f nov stks (4) £5,400 good to firm).
DUBAI CHARM (9-9) 11-4 prominent, ridden to challenge 1f out, kept on one pace, 3rd of 5 (btn 1¼l) to Beauty Box (9-4) (Yarmouth 5f hcap (4) £5,339 good to firm).
EFSIXTEEN (9-2) 11-4 tracked leader, ridden 1f out, led narrowly 110yds out, kept on, just repelled challengers, bt…

5.58 CHRISTOPHER SMITH ASSOC… (STR) (4); value to the winn…

1 (1) /241732 ZATSGOOD 20 (P★;BF) G Boughey…
2 (3) 16-3004 WALSON'S LAW 21 (CD) E J-Hough…
3 (7) 31-6553 STRATOCRACY 21 (CD) K Frost 5-9…
4 (2) 6266-1 SCUTARI 218 K R Burke 3-9-10 ....
5 (5) -631579 ASSARANCA 35 (D) R Hannon 3-9-8…
6 (8) 703-934 LIGHTNING POLKA 27 (H;BF) E Wa…
7 (6) 73-4221 LYRA LEA 21 (D) B Millman 3-9-6 .....
8 (4) 523-5 MEDIA LEGEND 90 H Charlton 3-9-4…

BETTING: 5-2 Zatsgood, 4 Scutari, 9-2 Lyra Lea, 1…
WHERE FAVOURITES FINISHED: 4 1 5 3 2…
2025: Calyxoh 3-9-8 Saffie Osborne 8-1 (Charlie…

Sunracing FORM

ZATSGOOD (9-12) 3-1 fav mid-division, headway 1f out, led final furlong, btn hd by Victory Ace (8-10) (14 ran) (Newcastle 1m hcap (4) £5,653 AW).
WALSON'S LAW (10-3) 7-1 held up, effort 2f out, progress 1f out, stayed on, 4th of 11 (2¼l) to Tex (9-3) (Ascot 7f hcap (4) £13,425 good to firm).
STRATOCRACY (9-6) 8-1 mid-division, ridden chasing leaders 1f out, held towards finish, 3rd of 18 (btn ¾l) to Jonny Concrete (9-3) (York 7f hcap (4) £12,885 good to firm).
ASSARANCA (9-2) 40-1 midfield, pushed along 3f out, one pace final…

AND TONIGHT'S THIRSK CARD

GOING: GOOD

TEMPLEGATE (Thirsk)

5.33 .... Final Objective
6.08 .... Varzi
6.43 .... WINCHURCH (nap)
7.18 .... Shadow Run
7.50 .... Up The Jazz
8.20 .... Halimede

TOM PEPPER (Thirsk)

5.33 .... Knightbolt
6.08 .... National Honour
6.43 .... Winchurch
7.18 .... Substance
7.50 .... Military Leader
8.20 .... Halimede

■TIC-TAC: L-H oval track of 1m 2f, undulating with tight turns, straight 6f course. ■DRAW: High best on the straight course, low best at 7f & 1m ■LEADING TRAINERS (2021-2026): M Dods 32-309, D O'Meara 32-196. THIS SEASON: K Ryan 5, M Dods 4. ■TOP JOCKEYS (2021-2026): D Tudhope 31-138, P Mulrennan 25-182, Oisin Orr 19-143. THIS SEASON: D Tudhope 4, J Mason 3. ■LONGEST TRAVELLER: Work Like Hell (6.08), National Honour (6.08), Moulin Booj (6.43), Halimede (8.20) trained at Newmarket. Round trip of 370 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

5.33 MAIDEN STAKES (Class 4); 2-y-o; winner £5,757; 6f. (11 runners)

1 (5) 0 BLUE FAITH 42 M Appleby 9-7 .... T Eaves
2 (9) 274 FINAL OBJECTIVE 17 (BF) H Al Jehani 9-7 James Doyle
3 (8) FIVE STAR GEORGE J Camacho 9-7 T Kiely-Marshall (5)
4 (11) HOPE OF ACKLAM M & D Easterby 9-7 .... J Mason
5 (6) KNIGHTBOLT K Ryan 9-7 .... S Gray
6 (7) LES INVINCIBLES C Kellett 9-7 .... M Winn
7 (4) MELODY MAN J & S Quinn 9-7 .... J Sullivan
8 (2) PIVOTAL STAR M & D Easterby 9-7 .... B Garritty
9 (3) 4 ROYAL STRIKE 14 K R Burke 9-7 .... P Jamin
10 (1) SCENIC ROUTE R & P Fahey 9-7 .... O Orr
11 (10) NOVAH N Tinkler 9-2 .... F McManoman

Final Objective ●99, Royal Strike 88, Blue Faith 70.
8-11 Final Objective, 4 Knightbolt, 8 Scenic Route, 11 Royal Strike, 16 Melody Man, 25 Pivotal Star, Novah, Blue Faith

6.08 NOVICE STAKES (3); 2-y-o; winner £6,804; 7f. (6 runners)

1 (3) 3 BREAKING THE HABIT 10 T Easterby 9-7 ... D Allan
2 (5) 9 GOLD KEY 20 K Ryan 9-7 .... T Eaves
3 (4) 2 NATIONAL HONOUR 14 (BF) C Appleby 9-7 James Doyle
4 (2) 2 VARZI 93 (BF) K R Burke 9-7 .... P Jamin
5 (6) WORK LIKE HELL J Tate 9-7 .... D Tudhope
6 (1) MECCAPULCO M Dods 9-2 .... S Kirrane

Varzi ●99, National Honour 98, Breaking The Habit 92.
6-5 Varzi, 5-2 National Honour, 11-2 Work Like Hell, 10 Gold Key, 12 Meccapulco, 25 Breaking The Habit

6.43 HANDICAP (4); winner £5,234; 5f. (9 runners)

1 (9) 2521 MOULIN BOOJ 3 (CD) G Scott 6-10-1(5ex) D Tudhope
2 (7) 3051 ACCRUAL 13 (CD) R Carr 5-9-8 .... W Pyle
3 (3) 1236 EMERALD HARMONY 20 (CD) P Midgley 5-9-7. D Nolan
4 (5) 1410 WINCHURCH 16 (D) M Appleby 4-9-7 .... T Eaves
5 (1) 1214 ROCK OF ENGLAND 13 (C,D) P Midgley 6-9-5 L Morris
6 (8) 6021 EQUITY LAW 54 (CD) T Easterby 5-9-4 .... D Allan
7 (6) 5117 HOVER ON THE WIND 28 (D) P Midgley 6-9-4 P Mulrennan
8 (2) 8/53 MANAGING DIRECTOR 20 (CD) G Oldroyd 4-9-2 P McDonald
9 (4) 3791 OUR ABSENT FRIENDS 30 (D) T Davidson 8-8-12 S Gray

Equity Law ●99, Winchurch 98, Accrual 95.
3 Moulin Booj, 9-2 Managing Director, 11-2 Accrual, 7 Equity Law, 8 Rock Of England, Winchurch, 12 Our Absent Friends

7.18 HANDICAP (4); 3-y-o; winner £5,234; 7f. (8 runners)

1 (8) 1-6 ENCHANT 61 K R Burke 9-10 .... James Doyle
2 (5) 8214 RETURN OF THE GODS 20 (BF,D) E Bethell 9-8 D Tudhope
3 (2) 6370 ZARVALI 7 (D) R Fell 9-7 .... O Orr
4 (1) 4103 SUBSTANCE 70 M Walford 9-5 .... J Garritty
5 (7) 6315 RAGING RAJ 20 (D) M Herrington 9-4 .... T Eaves
6 (6) 2402 SHADOW RUN 13 (P★) S Dixon 9-1 .... L Morris
7 (4) 322 DERRYGARRAN LAD 26 (P★) J Camacho 9-0 R Sexton
8 (3) 5331 INDEFENSIBLE 26 (D) O Pears 9-0 .... H Russell

Shadow Run ●99, Substance 98, Derrygarran Lad 97.
10-3 Derrygarran Lad, 9-2 Shadow Run, Indefensible, 11-2 Return Of The Gods, Enchant, 15-2 Substance, Raging Raj, 25 Zarvali

7.50 HANDICAP (5); winner £3,926; 1m. (15 runners)

1 (3) 1130 ROARING RALPH 21 (B;D) M Dods 6-9-9 S Kirrane
2 (5) 25-0 STYLE OF LIFE 91 (CD) H Bethell 6-9-9 .. P McDonald
3 (10) -005 BLOODSWEATANDTYRES 18 B Ellison 4-9-8 B Robinson
4 (15) 3222 MILITARY LEADER 6 (B;BF,CD) P Makin 5-9-7 P Mulrennan
5 (9) 8672 ALESSIA FERNANDA 9 (D) D Carroll 6-9-6 Z Wheatley
6 (1) 5244 HARSWELL RUBY 16 (BF,CD) R Fell 4-9-6 J Mason
7 (14) 1444 DONNA NOOK 25 (V;D) D O'Meara 4-9-5 . D Tudhope
8 (12) 0535 GREEN PURSUIT 61 S Spencer 4-9-5 .... D Swift
9 (2) 3515 JESMOND DAWN 27 (D) G Tuer 5-9-4 O Stammers
10 (4) 6127 UP THE JAZZ 20 (D) R & P Fahey 5-9-3 E Tindall (5)
11 (6) 0853 DEGALE 15 (D) D & N Barron 5-9-1 .... O Orr
12 (7) 6512 MOUNT KING 19 (B;BF,CD) T Easterby 6-8-13 D Allan
13 (8) 1333 TRAVIS 14 (C) G Harker 5-8-10 .... W Pyle
14 (11) 5128 PALMARIAN 22 (H;BF,D) R Carr 4-8-9 ..... J Sullivan
15 (13) -002 MISS WILLOWS 59 S Whitaker 7-8-6 .... L Morris

Mount King ●99, Travis 98, Military Leader 97.
4 Military Leader, 13-2 Mount King, 8 Jesmond Dawn, 10 Roaring Ralph, Travis, Up The Jazz, 11 Style Of Life, Alessia Fernanda,

8.20 HANDICAP (6); winner £3,140; 1m 4f. (3 runners)

1 (1) 4578 PRINCE ACHILLE 148 J O'Keeffe 7-9-10 ... J Garritty
2 (3) 8811 HALIMEDE 6 (D) Sir M Prescott 3-9-9(12ex) L Morris
3 (2) 2512 RECOBELLA 4 P Kirby 5-9-4 .... T Kiely-Marshall (5)

Halimede ●99, Recobella 93, Prince Achille 82.
1-5 Halimede, 4 Recobella, 25 Prince Achille

DOG TIPS AND RETURNS

SELECTIONS

■TOWCESTER: 10.41 Swift Flourish (nap) (1-2-3) 10.58 Romeo Bravo (3-2-1) 11.14 Trapstyle Wee (nb) (5-3-1) 11.30 Kranky Paddy (4-2-3) 11.46 Clongour Duo (1-4-6) 12.03 Mustang Mania (3-6-1) 12.20 Salacres Logan (1-2-5) 12.37 Daleroad Adeleke (4-5-6) 12.53 Salacres Tipster (1-5-4) 1.11 Choices Mile (4-2-1) 1.26 Plaza Bruno (5-6-1) 1.41 El Prez Elsie (3-2-1)
■NEWCASTLE: 2.36 Howay Tonali (nap) (4-5-2) 2.54 Fardoe Sleek (nb) (6-2-4) 3.13 Fahrenheit Eve (5-6-1) 3.32 Swift Kylie (5-4-1) 3.51 Abit Of Mason (4-3-6) 4.09 Prettybrowneyes (4-6-5) 4.28 Howay Suarez (4-1-3) 4.47 Deejay Charlie (5-4-6) 5.06 Whitehills Louis (5-2-3) 5.24 Killeacle Denise (4-1-5) 5.43 Salahs The Goat (2-4-5) 6.02 Rowington Ruby (5-1-6)

RETURNS

■KINSLEY: 10.41 Noirs Coach 15-8jt (4-6-3 BAGS F £6.55 TC £19.92). 10.58 Swift Qay 5-1 (6-5-1 £21.67 TC £66.18). 11.14 Beaming Moscato 11-8f (3-4-1 £4.22). 11.30 Julies Treat 6-4f (5-2-4 £5.12). 11.46 Crossfield Nora 11-4 (2-6-1 £11.69 TC £52.37). 12.03 Fast Fit Mollie 4-1 (1-6-4 £36.84 TC £95.73). 12.20 Fleetwood Robbie 10-3 (6-1-4 £17.24 TC £38.78). 12.37 Ardsallagh Lady 7-4f (4-3-1 £9.59 TC £32.38). 12.53 Golan Zoe 10-11f (1-5-6 £4.55). 1.11 Heathsastriker 4-1 (3-5-4 £26.21 TC £71.29). 1.26 Race Void. 1.41 Race Void.
■SHEFFIELD: 10.30 Drumdoit Onana 3-1 (6-5-3 BAGS F £8.47). 10.47 Drumdoit Fern 3-1 (1-5-4 £28.66). 11.03 Thats Mikeys 5-4f (2-1-6 £7.55). 11.19 Twice On Sundays 7-4f (2-4-3 £7.44). 11.36 Mossend Magic 8-13f (2-1-3 £4.89). 11.52 Catunda Colonel 7-4jt (6-3-1 £5.72). 12.09 Conlig Boy 4-1 (4-5-3 £18.94). 12.26 Olwinn Win 5-4 (3-5-4 £2.84). 12.42 Letter Magic 11-4 (3-1-5 £14.34 TC £42.35). 12.59 Tumbledown 6-1 (6-2-5 £25.64). 1.16 Mid Tipp Sarah 11-4 (5-3-2 £14.61). 1.31 Slippy Marian 8-1 (5-1-3 £41.55).

S, FORM AND TIPS SEVEN DAYS A WEEK!

TO FIRM

'S STAKES (FILLIES' 28,355; 5f (13 run)

ON STAR 13
....Lewis Edmunds 90
Places:1 £15,676
is decent level, could get in mix

Y 35
.....William Buick 94
£12,510
step up, in right hands to do so

E 27 (D)
..... Nicola Currie 91
Places:1 £66,216
crack at this, versatile and hardy

T 21
..... Daniel Muscutt 87
£7,342
next time, needs more in this

STERY 41 (BF)
...Callum Rodriguez 86
Places:1 £5,555
howing up well at home, risky

M 9 (D)
.....Pat Dobbs 85
Places:2 £9,451
ight be vulnerable to a few here

03 (T★;D)
..... Tom Marquand 93
£20,616
ve had issue since, market check

3 (D)
.....Sean Levey 89
Places:1 £13,191
yard does well here but big ask

16 (D)
.....Oisin Murphy ●99
Places:3 £34,470
ood form prior, big threat here

HTNING 58 (T★;D)
.... Billy Loughnane 90
£6,574
tongue-tie on, each-way player

58 (D)
.....Sam James 88
Places:1 £22,922
won this last year, repeat tall order

14
.....George Wood 89
£9,916
ands more, might have up sleeve

(BF,D)
.....Clifford Lee 93
Places:2 £7,870
y, solid form prior, not ruled out

st Track, 7 Efsixteen, 8
era, Angels Lane, Elevating,
ight, 20 Dubai Charm

3 1 0 3
-1 (K De Foy), drw 11, 11 ran.

FORM

rite (9-2) 1½l (8 ran) (Newmarket
ov (2) £20,616 good to firm).
ATING (9-2) 9-2 chased leaders,
dway 1f out, ridden final furlong,
on and won going away, bt
ee In Havana (9-7) 2½l (9 ran)
down 5f mdn (4) £5,940 good).
TRACK (9-2) 10-3 led, briefly
ed after 1f, headed final furlong,
hung left, held finish, btn 1½l
Wild Blossom (9-2) (Goodwood
o stks (2) £51,540 good to firm).
TRACK (9-2) 50-1 mid-division,
en 1f out, no impression, 14th
7 (btn 5³/₄l) to Victorious (9-2)
ANA LIGHTNING (9-2) 80-1
ed leaders, short of room over 1f
weakened final furlong, 18th (btn
OVER GIRL (9-2) 100-1 chased
ers, ridden 2f out, weakened 1f
23rd (btn 15l) (27 ran) (Ascot 5f
2 (1) £99,242 good to firm).
CHICK (9-2) 2-1 in touch,
dway 1f out, clear final furlong,
on well, bt National Honour (9-7)
ran) (Newmarket 6f nov stks (4)
9 good to firm).
ERA (9-6) 8-11 fav led, pushed
g 2f out, headed over 1f out and
en, stayed on one pace, btn 2l
deal Bullet (9-8) (5 ran) (Windsor
ov stks (5) £4,320 good to firm).

CIATES LLP HANDICAP er £7,328; 7f.(8 runners)

4-10-2 ..... **Billy Loughnane ●99**
ton 5-10-0 ..... **Callum Hutchinson 97**
-11 ..... **Joe Leavy 95**
..... **Clifford Lee 98**
..... **Sean Levey 87**
lker 3-9-6 ..... **Tom Marquand 93**
..... **Oisin Murphy 97**
..... **Lewis Edmunds 88**
1-2 Stratocracy, 8 Walson's Law
-3
e Clover) drawn 5, 9 ran.

FORM

ong, never dangerous, 9th of 11
8l) to Ciarrai Abu (8-13) (Ascot
cap (3) £16,200 good to firm).
TNING POLKA (9-0) 9-4 fav in
h, ridden 1f out, kept on, 4th of 6
o All Moonshine (10-0) (Newbury
cap (3) £15,462 good to firm).
LEA (9-9) 11-8 fav prominent,
en and edged left 1f out, kept on
inside final furlong, bt Norfolk
(9-2) 13¼l (6 ran) (Sandown 7f
(5) £4,449 good to firm).
A LEGEND (8-10) 10-1 midfield,
t 2f out, stayed on, no threat, 5th
(btn 3¼l) to Euston Hall (8-13)
wbury 1m hcap (3) £18,319 good).

EPSOM

TEMPLEGATE		TOM PEPPER	
2.48	Sequel Star	2.48	Greek Symphony
3.23	Tiora Time	3.23	Tiora Time
4.00	Sir Garfield	4.00	Ruby's Profit
4.38	Offiah's Boy	4.38	Offiah's Boy
5.13	Chantelle	5.13	Chantelle
5.48	King Of War	5.48	King Of War

■TIC-TAC: L-H horse-shoe shaped undulating track of one and a half miles. ■DRAW: High best over 5f, low best from 6f to 1m 2f. ■LEADING TRAINERS (2021-2026): A Balding 21-115, J Boyle 14-174. THIS SEASON: E J-Houghton 4, R Beckett 3.. ■TOP JOCKEYS (2021-2026): P Cosgrave 8-85, H Crouch 7-55. ■LONGEST TRAVELLER: Sir Garfield (4.00) & Red Mirage (5.48) trained at Malton. Round trip of 482 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

GOING: GOOD TO FIRM

2.48 BETFRED 'NIFTY 50' NURSERY (Class 5); 2-y-o; value to the winner £4,449; 7f. (5 runners)

1 (3) 4210 **WISE AND WONDERFUL 15 (CD)** A Balding 9-9 ..... **David Probert 95**
2 (2) 34 **BINCIMBAL 34** H Charlton 9-8 ..... **Hector Crouch 89**
3 (4) 3213 **GREEK SYMPHONY 5 (D)** O Cole 9-7 ..... **Ashley Lewis (3) ●99**
4 (5) 420 **MINSTER BOY 27** E J-Houghton 9-6 ..... **Charles Bishop 98**
5 (1) 43 **SEQUEL STAR 28** E Walker 9-4 ..... **Kieran Shoemark 92**

BETTING: 5-2 Greek Symphony, 11-4 Wise And Wonderful, 3 Minster Boy
WHERE FAVOURITES FINISHED: 6 2 2
2025: Gascony 9-4 Tommie Jakes 5-2 (B Meehan) drawn 1, 6 ran.

3.23 BETFRED 'BET BUILDER' EBF FILLIES' NOVICE STAKES (3); 2-y-o; winner £7,020; 7f. (5 runners)

1 (4) 31 **TIORA TIME 13 (D)** T Clover 9-6 ..... **Charles Bishop ●99**
2 (5) 89 **DESERT SYMPHONY 22** J Boyle 9-2 ..... **Pat Cosgrave 70**
3 (2) 45 **DIPLOMATA 21** W Haggas 9-2 ..... **David Probert 80**
4 (3) 95 **SECRET FLITE 15** T Ward 9-2 ..... **Ashley Lewis (3) 78**
5 (1) 67 **TANSY LANE 35** J Owen 9-2 ..... **Kieran Shoemark 93**

BETTING: 10-11 Tiora Time, 2 Tansy Lane, 7 Secret Flite, 12 Diplomata
WHERE FAVOURITES FINISHED: 2
2025: Just Call Me Angel 9-2 Robert Havlin 12-1 (E Dunlop) drawn 4, 8 ran.

4.00 BETFRED 'THE CLASSIC BOOKMAKER' HCAP (4) winner £6,019; 6f (8 runners)

1 -04648 **RUBY'S PROFIT 62**
(2) T Ward 4-10-2 ..... **Kieran Shoemark 98**
Runs: 21 Wins: 3 (2A,G) Places: 4 £71,354
New yard now, likes it here, all speed, form is better than at a glance

2 7-1168 **SIR GARFIELD 16 (B;CD)**
(5) J & S Quinn 5-9-13 ..... **Jason Hart 96**
Runs: 32 Wins: 7 (S,F,5G) Places: 8 £54,275
Not beaten miles at Goodwood, won here at Derby meeting, player

3 21-483 **ANGEL GABRIEL 9 (BF,D)**
(1) R Beckett 3-9-10 ..... **Hector Crouch 92**
Runs: 6 Wins: 1 (A) Places: 3 £14,650
Drops back to 6f, mixed messages in formbook, capable but tad risky

4 -20840 **KOLKATA KNIGHT 15 (D)**
(6) T Dascombe 3-9-10 ..... **William Cox 86**
Runs: 10 Wins: 2 (F,GS) Places: 1 £18,359
Below last winning mark, not much to shout about this year, not today

5 218-13 **ON EDGE 52 (V;D)**
(4) C Mason 8-9-9 ..... **Gina Mangan 90**
Runs: 32 Wins: 8 (4F,GS,3G) Places: 11 £51,555
Has won some quiet races, consistent, track should suit, not ruled out

6 3-1300 **STELLAR VISION 83 (T★)**
(8) S Williams 3-9-8 ..... **Pat Cosgrave 85**
Runs: 5 Wins: 1 (A) Places: 1 £8,453
Lost way and quickly after early promise, might have had issues, risky

7 535631 **MODERN TIMES 18 (D)**
(3) J Owen 5-9-7 ..... **David Probert ●99**
Runs: 21 Wins: 2 (A,G) Places: 5 £30,645
Won on stable debut, this tougher but on the up, more to come

8 225933 **SANDSCREENDELIVERD 20**
(7) P Crate 4-9-3 ..... **Charles Bishop 89**
Runs: 17 Wins: 1 (G) Places: 7 £16,711
Losing streak mounting, mark is sliding, will have better opportunities

BETTING: 2 Modern Times, 11-2 Ruby's Profit, On Edge
WHERE FAVOURITES FINISHED: 3 4 4
2025: Winged Messenger 4-9-8, R Ryan 9-4 (J Camacho), drw 4, 5 ran.

4.38 BETFRED 'PLAY FRED'S 5 MILLION' HANDICAP (6); value to the winner £3,664; 1m 2f. (11 runners)

1 (4) 5341454 **MREMBO 21 (D)** J Portman 7-9-12 ..... **Hector Crouch 94**
2 (2) 167-7B3 **GRETNA DREAMS 22 (D)** S Williams 4-9-11 ..... **Pat Cosgrave 92**
3 (3) -005621 **OFFIAH'S BOY 10 (D)** J Tickle 5-9-11(5ex) ..... **Taylor Fisher ●99**
4 (10) 6215521 **HAVEAGOBEAU 20 (D)** J Boyle 7-9-8 ..... **Olivia Haines (7) 97**
5 (6) 55-0252 **CELTIC SPIRIT 20** K Jewell 4-9-7 ..... **David Probert 95**
6 (9) 7592255 **PANGBOURNE 95** R Teal 3-9-3 ..... **Ashley Lewis (3) 93**
7 (5) 4915323 **TIME TO SPARKLE 18 (BF)** J Keane 3-9-3 ..... **non-runner 92**
8 (1) 90-7543 **ALL ABOUT GEORGE 14** Kieran Burke 4-9-0 ..... **Josephine Gordon 90**
9 (11) 670-806 **LADY MARGRET 21** A Carroll 4-9-0 ..... **William Carson 85**
10 (7) 5-63093 **PRIVATE PROJECT 13** P Phelan 3-8-8 ..... **John Egan 91**
11 (8) 048554 **CORMORANT ROCK 13 (P★)** J Boyle 3-8-5 ..... **Tyler Heard 89**

BETTING: 6-4 Offiah's Boy, 4 Haveagobeau, 5 Mrembo, 13-2 Celtic Spirit
WHERE FAVOURITES FINISHED: 3 2-8 5
2025: Huggable 3-8-13 Morgan Cole 20-1 (D Cunha) drawn 3, 8 ran.

5.13 BETFRED 'DOUBLE DELIGHT' HANDICAP (4); 3-y-o; value to the winner £6,019; 1m 113yds. (4 runners)

1 (2) 1-122 **CHANTELLE 15 (BF)** Sir M Prescott 9-8 ..... **Jack Gilligan ●99**
2 (4) 6-63347 **LOBLOLLY 15 (P★)** S Woods 9-6 ..... **David Probert 88**
3 (1) -335711 **TRIO 15 (CD)** E J-Houghton 9-6 ..... **Charles Bishop 98**
4 (3) 337-658 **MYSTIC MOMENT 44 (C)** N Mulholland 9-4 ..... **Ashley Lewis (3) 83**

BETTING: Evens Trio, 11-8 Chantelle, 7 Loblolly, 25 Mystic Moment
WHERE FAVOURITES FINISHED: 2 3
2025: Play Me 8-3 Donagh Murphy 11-1 (J Boyle) drawn 3, 5 ran.

5.48 BETFRED 'FOLLOW US ON X' HANDICAP (5); value to the winner £4,449; 7f. (9 runners)

1 (6) 656/ **A LA NOCHE 1059** O Cole 5-10-2 ..... **Pat Cosgrave —**
2 (5) 4-36684 **RED MIRAGE 22 (B;D)** J & S Quinn 8-10-1 ..... **Jason Hart 90**
3 (4) 4-31530 **KING OF WAR 21 (D)** M Wigham 7-10-1 ..... **John Egan 87**
4 (2) 19-6054 **FREDDIE'S STAR 31 (B★;D)** R Teal 4-10-0 ..... **Ashley Lewis (3) 93**
5 (1) 7643085 **ARARAT 11 (D)** R Cook & J Bridger 6-9-13 ..... **David Probert 92**
6 (7) -344159 **PLAY ME 9 (C)** J Boyle 4-9-12 ..... **Donagh Murphy (7) 88**
7 (8) 6555541 **EYES FRONT 15 (B;CD)** E Smyth-Osbourne 3-9-8 ..... **Alistair Rawlinson 97**
8 (3) 0-85135 **SPACEWOMAN 20** H Candy 3-9-5 ..... **Hector Crouch 93**
9 (9) -356561 **ICE CUBE 29 (H;CD)** R Spencer 3-9-4 ..... **Charles Bishop ●99**

BETTING: 15-8 Ice Cube, 11-4 Eyes Front, 6 King Of War, 7 Spacewoman
WHERE FAVOURITES FINISHED: 1-5 1 1
2025: Silver Trumpet 4-9-8 Callum Hutchinson 5-2 Fav (E J-Houghton) drawn 1, 7 ran.

EACH-WAY THIEF

SIR GARFIELD (4.00 Epsom) won nicely here at the Derby meeting. Pair him with **WALSON'S LAW** (5.58 Newbury) who is running into form and caught the eye at Ascot.

RACING RESULTS

BEVERLEY
Going: Good to firm-good in places

2.15: 1 NOT MY TYPE T Marquand (6-4); **2 Empress Princess** (17-2); **3 Flower Youmzain** (28-1). 6 ran (What A Girl Wants 5-6 fav). 1¼l; 1½l. W Haggas. T: £2.50; £1.20, £2.50. Ex: £9.70. Trifecta: £56.30. CF: £13.51.

2.45: 1 CONCERT PITCH B Robinson (8-15 fav); **2 Lairy Mary** (15-2); **3 Mrs Mole** (12-1). 10 ran. 3½l; 2½l. B Ellison. T: £1.54; £1.10, £1.70, £2.50. Ex: £4.80. Tricast: £28.19. Trifecta: £37.30. CF: £4.97.

3.15: 1 STATE OF GOLD W Pyle (11-2); **2 Court Legend** (8-1); **3 Ariane Sky** (evens fav). 10 ran. 2½l; ½l. Craig Lidster. T: £6.50; £2.20, £1.20, £1.30. Ex: £54. Tricast: £80.81. Trifecta: £109.40. CF: £48.60. NR: Claret And Blues.

3.45: 1 SHAZANI L Edmunds (7-2); **2 Call To Action** (16-1); **3 Castan** (10-1). 10 ran (American Bay 7-4 fav). ¾l; 1½l. S Bowring. T: £4.50; £1.60, £4, £2.70. Ex: £51.40. Tricast: £527.15. Trifecta: £412.20. CF: £56.22. NR: Ingleby Archie, Squealer.

4.15: 1 WARDLAW L Morris (11-8 fav); **2 Grey Fable** (3-1); **3 Mr Moonshine** (9-4). 5 ran. 4½l; hd. Sir M Prescott. T: £2.38; £1.30, £1.60. Ex: £6. Trifecta: £11.10. CF: £6.11. NR: Sisterandbrother.

4.45: 1 SAXON GRACE Shane Gray (6-5 fav); **2 Copper And Five** (6-1); **3 Back From Dubai** (15-2). 10 ran. 4½l; 2l. D Bourke. T: £2.20; £1.10, £1.90, £2.10. Ex: £8.60. Tricast: £39.81. Trifecta: £40.50. CF: £8.74.

JACKPOT: £1,005.70
PLACEPOT: £19.10
QUADPOT: £6.60

LINGFIELD
Going: Standard

5.23: 1 ALICE DE CLARE J Peate (7-1); **2 Barbury Boy** (9-2); **3 Kaaranah** (4-1). 8 ran (Booziebrunch 9-4 fav). nk; 1½l. J Fanshawe. T: £8; £1.70, £2.50, £1.50. Ex: £41.30. Tricast: £145.62. Trifecta: £225.80. CF: £39.81. NR: Eagles Attire.

5.58: 1 HUWA BAREE C Shepherd (3-1); **2 Brushstroke** (9-2); **3 Aljoon** (evens fav). 11 ran. 1l; 2l. C Johnston. T: £4; £1.30, £1.50, £1.10. Ex: £23.80. Trifecta: £47.50. CF: £17.92. NR: Boomshakalak.

6.28: 1 SPLIT ELEVENS J Callan (7-2 co fav); **2 Spirit Of Breeze** (6-1); **3 Chelio** (8-1). 12 ran (Oxford Circus 7-2 co fav, Elvetham 7-2 co fav). ½l; 1½l. J Butler. T: £4.50; £1.50, £2.50, £2.70. Ex: £32.50. Tricast: £167.39. Trifecta: £203.60. CF: £25.93. NR: Lerwick.

6.58: 1 MY MATE MACKLEY C Bishop (3-1); **2 Pure Passion** (13-2); **3 Zaltalla** (13-8 fav). 8 ran. 2½l; nk. Adam Kirby. T: £4; £1.50, £2, £1.10. Ex: £17.50. Trifecta: £61.90. CF: £22.43. NR: Dr Ali.

7.28: 1 DOVE TALE R Havlin (11-8 fav); **2 Walking On Stars** (7-2); **3 Shangri La** (4-1). 9 ran. ¾l; 2l. J & T Gosden. T: £2.38; £1.20, £1.30, £1.40. Ex: £6.90. Trifecta: £20.10. CF: £6.69.

7.58: 1 SULTAN DARIUS D Keenan (12-1); **2 Beautiful Effort** (13-2); **3 Viking Barbie** (12-1). 9 ran (South West 7-4 fav). ½l; ¾l. M Botti. T: £13.80; £3.30, £3, £3. Ex: £125. Tricast: £972.94. Trifecta: £1383. CF: £88.19. NR: American Psycho.

PLACEPOT: £24.20
QUADPOT: £9.10

SALISBURY
Going: Good-good to firm in places

5.30: 1 THISCOULDBEFUN Isobelle Chalmers (9-2); **2 Sydney Rock** (11-8 fav); **3 Kimeko Glory** (13-8). 6 ran. 1l; 3½l. J S Moore. T: £6.10; £2, £1.40. Ex: £15.70. Trifecta: £31.90. CF: £11.14. NR: Decalogue.

6.04: 1 FLOODING O Murphy (evens fav); **2 Tiora Time** (11-10); **3 All Angels** (10-1). 5 ran. 1l; 6½l. M Botti. T: £2; £1.10, £1.30. Ex: £2.10. Trifecta: £2.90. CF: £2.29.

6.34: 1 REFORMATION O Murphy (9-4); **2 Serenetta** (2-7 fav); 2 ran. 2l. A Balding. T: £3.25;

7.04: 1 SIENA STORM K Shoemark (2-5 fav); **2 Clarity** (4-1); **3 Orchard Hatches** (18-1). 4 ran. ½l; 6l. E Walker. T: £1.40; Ex: £2.50. Trifecta: £6.80. CF: £2.50. NR: Caelan's Rose.

7.34: 1 RUBY WEDDING A Redman (9-2); **2 Gloryous** (14-1); **3 Liveinthelight** (11-1). 7 ran (Green Sky 6-5 fav). 2½l; 2½l. A Balding. T: £5.50; £2.40, £5. Ex: £52.70. Tricast: £653.75. Trifecta: £509.40. CF: £62.74. NR: Model Yuko.

8.04: 1 SUPPLICATE J Mitchell (11-8); **2 Sudbury Hill** (8-1); **3 On The Inlet** (20-1). 4 ran (Seven Sisters 10-11 fav). 2l; 4½l. R Varian. T: £2.38; Ex: £9.50. Trifecta: £32.80. CF: £11.06. NR: Akho Mezzna, Storm Point.

PLACEPOT: £130.70. **QUADPOT:** £94.60

TRAMORE
Going: Good

5.11: 1 LUKER'S TIPPLE K M Donoghue (13-8 fav); **2 Killeemore Lad** (5-2); **3 Missus Beeton** (9-1). 6 ran. 4½l; 16l. G Cromwell. T: £2.63; £1.40, £1.60. Ex: £6.10. Trifecta: £39.80. CF: €6.59.

5.46: 1 KASPER HAUSER C M Hogan (3-1 jtfav); **2 Rattledelatch** (66-1); **3 Frankie's Freebie** (7-2). 9 ran (Coded Welder 3-1 jtfav). 4½l; 4½l. Kevin Coleman. T: €4.10; €1.60, €4.90, €1.50. Ex: €212.60. Trifecta: €738. CF: €123.26.

6.18: 1 JOHNNY RAMBO Mr Alan O'Sullivan (4-1); **2 Pinkarizon** (300-1); **3 Faerie Tales** (80-1). 12 ran (Rosarian 2-1 fav). 2½l; 5½l. D Duggan. T: €5; €1.40, €30.10, €11.30. Ex: €260.80. Trifecta: Not won. CF: €771.95.

6.48: 1 RIGHTFOLKSPLEASE K P Healy (7-4); **2 Churchwarden** (6-4 fav); **3 Dairy Force** (10-3). 6 ran. 2½l; 1½l. D Queally. T: €2.75; €1.30, €1.30. Ex: €4.90. Trifecta: €10.60. CF: €5.23.

7.18: 1 LUREKA DU NOYER D J O'Keeffe (5-2 fav); **2 Mr Master Mac** (3-1); **3 Siege Of Carthage** (8-1). 7 ran. 1½l; 1½l. H De Bromhead. T: €3.50; €1.50, €1.60. Ex: €8.40. Trifecta: €35. CF: €10.88.

7.48: 1 THE COBBLERS WIFE Mr Alan O'Sullivan (9-2 co fav); **2 Princess Felicia** (9-2 co fav); **3 Pure Logic** (20-1); **4 Talas Kera** (18-1). 16 ran (Maxicourt 9-2 co fav). nk; 5l; ¾l. A Mullins. T: €5.70; €1.50, €1.80, €3.20, €4.80. Ex: €37. Tricast: €408.38. Trifecta: €361.90. CF: €27.59. NR: Beacon Bypass, Colesberg, Jack Inthe Jukebox.

8.18: 1 DREAM ON BABY Miss M O'Sullivan (7-4); **2 Splashing Out** (8-1); **3 Paul's Dream** (5-4 fav). 9 ran. 12l; hd. E Mullins. T: €2.75; €1.10, €2.10, €1.10. Ex: €11.20. Trifecta: €34.30. CF: €17.41. NR: Ma Belle Etoile, Thisistheway.

PLACEPOT: €79.70

WINDSOR
Going: Good to firm

5.36: 1 MADMAN David Egan (6-1); **2 Dark Alley** (40-1); **3 Maid In Devon** (3-1 fav). 11 ran. 3½l; ¾l. R Cook & J Bridger. T: £7; £1.90, £10, £1.70. Ex: £264.80. Tricast: £887.17. Trifecta: £1831.40. CF: £228.79.

6.11: 1 METHGAL P Dobbs (10-3); **2 Lahina Bay** (12-1); **3 Legendsoftheland** (9-2). 11 ran (Beelzebub 9-4 fav). 1½l; shd. D Cunha. T: £4.34; £1.70, £3.40, £2. Ex: £41.30. Tricast: £193.52. Trifecta: £207.60. CF: £44.21. NR: Rye.

6.41: 1 COLOURBAND H Davies (13-8 fav); **2 Knights Gold** (9-1); **3 Signcastle City** (15-2). 8 ran. 2l; ¾l. S & E Crisford. T: £2.63; £1.20, £2.50, £2.40. Ex: £19.70. Tricast: £88.66. Trifecta: £95.80. CF: £18.02.

7.11: 1 WATERFORD CASTLE B Loughnane (4-6 fav); **2 Partying** (11-8); **3 Sergei Breeze** (33-1). 6 ran. 1½l; 1½l. G Boughey. T: £1.70; £1.10, £1.30. Ex: £2.10. Trifecta: £8.30. CF: £1.87.

7.41: 1 CITY OF POETS R Hornby (4-1); **2 Law Court** (5-1); **3 A Major Payne** (10-3 fav). 8 ran. 2l; nk. J Tate. T: £5.60; £1.70, £1.90, £1.40. Ex: £27.40. Tricast: £73.18. Trifecta: £71.80. CF: £24.47.

8.11: 1 ARAVALLI Taylor Fisher (11-2); **2 Roker Roar** (8-1); **3 Mythological Star** (4-6 fav). 4 ran. shd; 1½l. J Tickle. T: £6.50; Ex: £39.60. Trifecta: £78.30. CF: £36.68.

PLACEPOT: £56.60. **QUADPOT:** £12.10

PROBETS

EYECATCHER: ISABELLA DE VEGA (4.10 Newbury) was given an easy time on her debut and ran on strongly. She'll be sharper today with the champ on.
SUPER SPEED: EVENFALL (4.45 Newbury) clocked a good time on her debut after being backed into odds-on at Yarmouth.
GAMBLED ON: MODERN TIMES (4.00 Epsom) was punted into favouritism on debut for canny James Owen at Southwell and won well. He looks set to go on a winning run now.

TEMPLEGATE
RACING'S NO1 TIPSTER STEVE MULLEN

WEIGH in with WINCHURCH tonight (6.43 Thirsk, nap).

Michael Appleby's four-year-old couldn't sustain his challenge in a fierce heat at Goodwood last time but has been clipped in the weights as a result.

A return to the minimum trip, over which he's won the last twice, can get him back on the winning track and his stable's barren spell is over.

FREE WORLD (8.10 Newmarket, nb) looks set to enrich his followers.

Ian Williams' stayer never saw a rival at Catterick last time and will be whacked up 9lb in due course.

The 5lb penalty he carries here effectively means he's 4lb well in.

SIR GARFIELD (4.00 Epsom) won on his last visit here and was far from disgraced at Glorious Goodwood on his latest start.

If he can get to the front he could prove tough to get past.

Praise be for Winchurch

★ TEMPLEGATE NAP	★ TEMPLEGATE NB	★ TEMPLEGATE TREBLE
WINCHURCH	**FREE WORLD**	**SIR GARFIELD**
6.43 Thirsk	8.10 Newmarket	4.00 Epsom
Not disgraced at Goodwood last time and return to 5f will suit	Made all for easy win at Catterick and is 4lb 'well in' for follow-up bid	Back to the scene of his last victory and dangerous if bossing from front

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NEWMARKET COLOURS

GOOD TO FIRM

TEMPLEGATE

5.18............Necromancer
5.53.........Gilding The Lily
6.27........Sir Edward Lear
7.02....................Northcliff
7.37.........Brocklesby Bill
8.10..........Free World (nb)

TOM PEPPER

5.18..........................Reborn
5.53................Evening Call
6.27........Sir Edward Lear
7.02..........Ziggy's Condor
7.37........Principality (nb)
8.10...................Mio Amico

■TIC-TAC: July course is an undulating galloping track of 2m. All races upto a mile are on the straight course. ■DRAW: No significant advantage. ■LEADING TRAINERS WITH RUNNERS (2021-2026): J & T Gosden 34-163, R Beckett 25-121, A Balding 22-134, W Haggas 20-133. THIS SEASON: A Balding 8, J & T Gosden 7, James Owen 7. ■TOP JOCKEYS WITH RIDES (2021-2026): R Havlin 18-136, R Hornby 13-91, M Ghiani 13-121, H Davies 11-79. THIS SEASON: R Havlin 5, M Ghiani 4, R Hornby 3. ■LONGEST TRAVELLER: Sontsivka (5.18) trained at Malpas. Round trip of 414 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

5.18 ZYN FRONTRUNNER EBF NOVICE STAKES (Class 4); 2-y-o; winner £5,669; 7f. (12 runners)

1 (8) **ADMIRAL LEACH** E Dunlop 9-7........**Harry Davies —**
2 (11) **MR TWIG** M Bell 9-7........**Callum Shepherd —**
3 (5) **REBORN** A Balding 9-7........**Rob Hornby —**
4 (3) **ROYAL INSTINCT** M Botti 9-7........**Marco Ghiani —**
5 (12) **SMASH ROYALE** E Lavelle 9-7........**Jack Doughty —**
6 (10) **SONTSIVKA** H Palmer 9-7........**Connor Planas —**
7 (9) 6 **TURTLE BEACH 62** J & S Birkett 9-7........**Dylan Hogan 79**
8 (1) 73 **COOL KING 15** M Botti 9-4........**Toby Moore (7) 91**
9 (7) **PRESSURED** E Dunlop 9-4........**Robert Havlin —**
10 (6) **SAVINGPRIVATEPARRY** P Chapple-Hyam 9-4........**Kaiya Fraser —**
11 (4) **MOUNT ST** G Boughey 8-13........**Grace McEntee —**
12 (2) 5 **NECROMANCER 27** R Beckett 8-10........**Edward Greatrex ●99**

BETTING: 5-2 Necromancer, 7-2 Reborn, 13-2 Mount St, 10 Sontsivka, Cool King
WHERE FAVOURITES FINISHED: 2-4 1 2 2 1
2025: Monastry 9-2 George Wood 11-10 Fav (T Kent) drawn 6, 7 ran.

5.53 ZYN STRONG STRIDE EBF FILLIES' NOVICE STAKES (4); value to the winner £5,757; 1m. (3 runners)

1 (1) 21- **DATE LINE 420 (C)** C Johnston 3-9-9........**Callum Shepherd 96**
2 (3) **EVENING CALL** W Haggas 3-9-2........**Harry Davies —**
3 (2) 2 **GILDING THE LILY 14** J & T Gosden 3-9-2........**Robert Havlin ●99**

BETTING: 11-10 Gilding The Lily, 2 Date Line, 3 Evening Call
WHERE FAVOURITES FINISHED: 3
2025: Regal Charm 3-9-2 Trevor Whelan 2-1 (H Candy) drawn 4, 6 ran.

6.27 MARITIME CARGO STS FREIGHT FRENZY HANDICAP (5); value to the winner £5,154; 1m. (8 runners)

1 (3) 1018452 **RISING FORCE 14 (D)** J Butler 5-9-9........**Marco Ghiani 98**
2 (8) 79-1505 **MR UBIQUITOUS 22 (D)** H Eustace 4-9-8........**Kaiya Fraser 90**
3 (6) 8130-54 **SIR EDWARD LEAR 78 (V;BF,C)** J Owen 5-9-7 **Mason Paetel (5) 94**
4 (5) 9097304 **CALYXOH 12 (V)** P Morris 4-9-7........**Dylan Hogan 93**
5 (2) 2446112 **THE SWEET ESCAPE 13 (D)** D Loughnane 4-9-5 **Laura Pearson ●99**
6 (1) -368974 **SPECIAL GHAIYYATH 16 (D)** P Charalambous & J Clutterbuck 4-9-2 **Rose Dawes (5) 95**
7 (4) 663-046 **CURRUMBIN 14 (H)** M Keady 5-8-11........**Harry Davies 92**
8 (7) 239-680 **TRIGGERMAN 22 (V;D)** P Morris 5-8-9........**Finlay Bassett (7) 85**

BETTING: 7-4 Rising Force, 5-2 The Sweet Escape, 5 Sir Edward Lear
WHERE FAVOURITES FINISHED: 1
2025: Cancan In The Rain 5-9-9 G Wood 85-40 Fav (D P Quinn) drawn 3, 7 ran.

7.02 MARITIME CARGO CONTAINER STORAGE SOLUTIONS HANDICAP (5); winner £5,154; 6f. (12 runners)

1 (2) 4-78501 **FIFTY NIFTY 7 (E;CD)** M Dunne 5-10-5(5ex)........**Callum Shepherd 98**
2 (11) 4614356 **MUMAYAZ 22 (D)** A Carroll 7-10-0........**Jack Doughty 92**
3 (1) 6450U32 **ZIGGY'S CONDOR 8 (BF,D)** A Kirby 5-10-0........**Shay Farmer (5) ●99**
4 (6) 78-2128 **SPIRIT OF JENNY 8 (D)** Steph Hollinshead 4-9-12 **Dougie Costello 94**
5 (4) 0814602 **NORTHCLIFF 13 (V;BF,D)** R Burdon 6-9-11........**Kaiya Fraser 94**
6 (12) 1111600 **BEAUZON 20 (D)** I Williams 7-9-11........**Ryan Kavanagh (3) 85**
7 (10) -773803 **REBEL PATH 14 (D)** S Williams 7-9-8........**Chloe Lyons (7) 95**
8 (7) 016-095 **ROMANTIC TWILIGHT 23 (D)** W Stone 3-9-8........**Edward Greatrex 89**
9 (3) 218-964 **CURRAHEE 14 (P★)** S Williams 4-9-6........**Marco Ghiani 93**
10 (9) 5-22120 **BAYRAAT 20 (D)** T Tate 10-9-1........**Rob Hornby 91**
11 (5) 3-24261 **MOLLY MAC 15 (D)** M Fenton 3-9-0........**Grace McEntee 97**
12 (8) -318908 **EM JAY KAY 31 (D)** P McEntee 7-8-13........**Connor Planas 88**

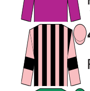
BETTING: 3 Molly Mac, 4 Fifty Nifty, 5 Ziggy's Condor, 7 Rebel Path, 10 Currahee, Northcliff, 11 Spirit Of Jenny, 14 Mumayaz
WHERE FAVOURITES FINISHED: 4 1 3
2025: Royal Accord 3-9-2 Olivia Haines 10-1 (S C Williams) drawn 11, 11 ran.

7.37 RACING TV HANDICAP (3) value to the winner £10,308; 1m (10 runners)

1 -66020 **STORM STAR 57 (D)**
(7) A Balding 5-10-2 ...... **Alfie Redman (7) 92**
Runs: 16 Wins: 4 (4A) Places: 4 £172,725
Unexposed on turf, back down to last winning mark, give good account

2 -06061 **HICKORY 20 (D)**
(5) J Osborne 8-10-2 .... **William Carver 97**
Runs: 32 Wins: 6 (S,2F,2A,GS) Places: 10 £243,064
Tenacious win at Ascot last month, 2lb rise is fair, won't be far away

3 6-0055 **TUSCAN HILLS 13 (D)**
(3) N Tinkler 4-10-0 .... **Rob Hornby 89**
Runs: 9 Wins: 2 (S,G) £30,811
Two fair runs for this stable, not beaten far at Thirsk latest, in the mix


4 0-4405 **GOD OF WAR 100**
(10) T Clover 4-9-12 .... **Marco Ghiani 92**
Runs: 14 Wins: 2 (S,F) Places: 1 £36,684
Better at Chester last time, hcapper is giving him a chance, respected

5 310037 **STERLING KNIGHT 13 (CD)**
(4) E Dunlop 7-9-11........ **Toby Moore (7) 85**
Runs: 68 Wins: 12 (2F,S,3A,3GS,3G) Places: 11 £194,485
C&D winner, edging towards a dangerous mark, good claimer up, e-w

6 45-015 **PRINCIPALITY 70 (D)**
(1) H Eustace 4-9-10 .... **Kaiya Fraser 94**
Runs: 18 Wins: 3 (S,2G) Places: 2 £71,397
No disgrace at Epsom latest after Nottm win, break since, on shortlist

7 411250 **ZARATHOS 16 (D)**
(8) D Cunha 4-9-9 ...... **Callum Shepherd 93**
Runs: 22 Wins: 2 (F,G) Places: 9 £62,907
In good form early season but hcapper looks to have his measure now

8 2/0903 **CROUPIER 13 (D)**
(6) J Parkinson & S Smith 7-9-9 **Robert Havlin 91**
Runs: 16 Wins: 4 (F,A,2G) Places: 3 £98,462
Good back form and more like it at Thirsk latest, workable mark, player

9 01241 **BROCKLESBY BILL 16 (H;D)**
(9) K Turner 3-8-13...... **Charlie Tucker (7) ●99**
Runs: 5 Wins: 2 (2F) Places: 1 £14,138
Loves fast ground, front-runner up 4lb for Sandown win latest, fancied

10 -09934 **MYTHICAL GUEST 27**
(2) G Margarson 6-8-13 .. **Mason Paetel (5) 89**
Runs: 32 Wins: 2 (2F) Places: 10 £68,014
Not disgraced of late but losing run back to May '24, others preferred

BETTING: 4 Hickory, 5 Brocklesby Bill, 13-2 Principality, 8 Tuscan Hills, Croupier, 10 Storm Star, God Of War, Zarathos, 11 Sterling Knight, Mythical Guest
WHERE FAVOURITES FINISHED: 2-4 2-0 1 5 6
2025: Mr Chaplin 3-8-12, J Dace 4-1 (R Beckett), drw 4, 8 ran.

8.10 RACING WELFARE APPRENTICE HANDICAP (5); value to the winner £5,234; 2m. (7 runners)

1 (3) 6-31119 **ROGUE EMPIRE 21 (D)** R Teal 4-9-12........**Owen Lewis (5) 96**
2 (7) 4645310 **TARBAT NESS 21 (B;D)** J Berry 7-9-12........**Luke Catton 93**
3 (4) 441-222 **AN BRADAN FEASA 13 (D)** J Jones 6-9-12........**Jake Dickson (5) ●99**
4 (2) -131256 **MIO AMICO 94** M Keady 4-9-7........**Alfie Redman (7) 87**
5 (6) 1112243 **LARAVIE 13 (V;D)** J Owen 7-9-7........**Mason Paetel 96**
6 (5) /9-0941 **FREE WORLD 10 (D)** I Williams 5-9-4(5ex)........**Ryan Kavanagh 98**
7 (1) 1465121 **THE CRAFTYMASTER 23 (D)** A Carroll 6-8-10 ..**Myla Coppins (5) 97**

BETTING: 6-4 Free World, 4 The Craftymaster, 13-2 An Bradan Feasa, 7 Rogue Empire, 8 Laravie, 10 Tarbat Ness, 12 Mio Amico
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

CORK

GOING: GOOD (GOOD TO FIRM)

4.53 MAIDEN STAKES; 2-y-o; winner €13,200; 5f. (16 runners)

1 (10) 8 **ALWAYS MAGIC 70** J Davison 9-7........**J Ryan**
2 (16) 07 **DHIKOLA 83** J O'Donoghue 9-7........**N Crosse**
3 (9) **EAGLE ECLIPSE** J Stack 9-7........**J Heffernan**
4 (2) 776 **GIVE ME LIBERTY 28 (V)** W McCreery 9-7 **L Roche**
5 (15) 0 **INVINCIBLE IRISH 26** D McLoughlin 9-7 **S McCullagh**
6 (5) 0 **NANDO THE GREAT 5** P Flynn 9-7........**R Whearty**
7 (6) 83 **WALK ON HARRY 21 (T★)** H Bromhead 9-7 **R Whelan**
8 (4) 8 **ANNIE TIPS 37** J Dowling 9-2........**L McAteer**
9 (3) 654 **ARROWSTOCK 34** D McLoughlin 9-2........**B Coen**
10 (11) 0U4 **BEST LOVE 21** E & P Harty 9-2........**J Powell**
11 (1) **BETTER YET** J Harrington 9-2........**S Foley**
12 (14) 60 **MY IRISH LADY 26** J Murtagh 9-2........**R Mulligan (5)**
13 (8) 8 **OCEAN SURGE 61** W McCreery 9-2........**W Lee**
14 (7) 53 **SOUTHERN BOULEVARD 26** G Lyons 9-2 **C Keane**
15 (12) 0 **STORMY DAWN 36** P Fahy 9-2........**K Kennedy (5)**
16 (13) **SYRAH** C Weld 9-2........**P McGettigan (5)**

Arrowstock ●99, Walk On Harry 97, Southern Boulevard 95.
15-8 Arrowstock, 4 Southern Boulevard, 5 Walk On Harry

5.28 HANDICAP; 3-y-o; winner €7,200; 5f. (12 runners)

1 (11) 052- **KISS DON'T TELL 254** D McLoughlin 10-0.. **B Coen**
2 (5) 9262 **AMERILIS 34** G Scott 9-13........**D O'Connor**
3 (6) 0360 **GONNA BE GOLDEN 27** A Oliver 9-12........**S Coen (5)**
4 (3) 0-10 **THE RIGHT ONE 34 (D)** J Fahey 9-12........**R Whelan**
5 (12) 0513 **CASHEL BLUE 34 (D)** K Condon 9-11........**W Lee**
6 (7) 86-9 **LILBITTYPRETTYONE 33** D Marnane 9-8 **R Parsons (10)**
7 (4) 90-0 **SMART SIOUX 125** C O'Connell 9-3........**R Cleary**
8 (8) 8-50 **SCEITIMINI 42** R Sweeney 9-2........**J Heffernan**
9 (9) 7-60 **SIMMERING SEAS 125** D Murphy 9-0.. **T Casey (7)**
10 (1) 0617 **ANOTHER NICE'DAY 11 (D)** M Lynch 8-12 **O Tynan (7)**
11 (10) 1835 **LADY LANDHORT 77** D McLoughlin 8-8.. **N Crosse**
12 (2) 8084 **LOVE BOMB 21 (V;D)** W McCreery 8-8 **M Telford-Kelly (7)**

Cashel Blue ●99, Amerilis 98, Kiss Don't Tell 97.
3 Amerilis, 9-2 Cashel Blue, 6 Love Bomb, 7 Kiss Don't Tell

6.03 FILLIES LISTED STAKES (1); 2-y-o; winner €30,000; 7f. (11 runners)

1 (10) 53 **ALPINE WEDDING 26** P Twomey 9-2........**W Lee**
2 (1) 13 **ALWAYSANANGEL 35** J O'Brien 9-2. **D McMonagle**
3 (3) 4133 **BEIBHINN 26 (P★)** J O'Brien 9-2........**D McDonogh**
4 (2) 417 **CELTIC MOON 15** J Murtagh 9-2........**J Heffernan**
5 (8) 51 **DAMSEL IN DISTRESS 45 (D)** D McLoughlin 9-2 **B Coen**
6 (5) 5 **FILM SET 37** A P O'Brien 9-2........**R Whelan**
7 (11) 332 **MADAM SECRETARY 17 (BF)** A P O'Brien 9-2 **R Moore**
8 (6) 2 **MAEDA MATSU 11** S Lavery 9-2........**R Colgan**
9 (7) 1 **MAIRE RUA 36 (D)** G Lyons 9-2........**C Keane**
10 (4) 5533 **NEVERMINDTHERAIN 22** A P O'Brien 9-2 **W Lordan**
11 (9) 541 **SHI YANG 26 (D)** R Aguiar 9-2........**D O'Connor**

Alwaysanangel ●99, Nevermindtherain 93, Beibhinn 90.
11-4 Alwaysanangel, 4 Beibhinn, 11-2 Nevermindtherain

6.35 LISTED STAKES (1); winner €30,000; 7f. (12 runners)

1 (12) -232 **FORT VEGA 23 (CD)** S Lavery 6-9-7........**R Cleary**
2 (7) 3514 **KEKE 27** E Lynam 6-9-7........**W Lee**
3 (4) 0268 **CAROLINA JETSTREAM 48 (D)** R Aguiar 4-9-2 **D O'Connor**
4 (1) 0435 **NANCY J 15 (D)** J Murtagh 4-9-2........**J Heffernan**
5 (8) 7250 **PRINCESS CHILD 82 (D)** J O'Brien 5-9-2 **D McMonagle**
6 (6) 8-60 **TEMPERANCE 23** K McGivern 4-9-2........**C Hayes**
7 (2) 2115 **TREASURE ROSE 23 (D)** J Murtagh 4-9-2... **S Foley**
8 (11) 6411 **L L KOULSTY 41 (CD)** J O'Donoghue 3-9-1 **R Mulligan**
9 (9) 2321 **SINDAGAN 17 (D)** J Murtagh 3-9-1........**B Coen**
10 (5) 4185 **SPINNING AROUND 30 (D)** D O'Brien 3-8-10... **G Ryan**
11 (10) -041 **SUZIE SONGS 23 (C,D)** G Lyons 3-8-10........**C Keane**
12 (3) 2359 **TAHCAWIN 23 (T★)** J Murphy 3-8-10........**G Carroll**

Suzie Songs ●99, Princess Child 95, Carolina Jetstream 93.
3 Carolina Jetstream, 5 Princess Child, 13-2 Keke, 15-2 Suzie Songs

7.10 FILLIES GROUP 3 STAKES (1); winner €42,000; 1m 4f. (9 runners)

1 (1) 89-3 **ANKARA 31 (D)** J O'Brien 4-9-9........**D McDonogh**
2 (4) 0-31 **BOSPHORUS ROSE 45 (D)** P Twomey 4-9-9 **W Lee**
3 (6) -423 **NYRA 27** J O'Brien 4-9-9........**D McMonagle**
4 (9) -226 **SNAPRETEND 83 (D)** J O'Brien 4-9-9.. **S McCullagh**
5 (2) 1655 **AMELIA EARHART 13** A P O'Brien 3-8-13... **R Moore**
6 (8) 2133 **BELIEVED 20 (BF,D)** J Murtagh 3-8-13........**B Coen**
7 (5) 1538 **CAMEO 27 (D)** A P O'Brien 3-8-13........**W Lordan**
8 (7) 8123 **CAUGHT U SLEEPING 41** N Meade 3-8-13 **C Keane**
9 (3) 7799 **ICE DANCER 37 (B)** A P O'Brien 3-8-13...... **R Whelan**

Amelia Earhart ●99, Nyra 98, Bosphorus Rose 97.
4 Bosphorus Rose, Nyra, 5 Amelia Earhart, 6 Caught U Sleeping

EAMONN HAMES

4.53..............................Southern Boulevard
5.28..............................Kiss Don't Tell (nb)
6.03..............................Damsel In Distress
6.35..............................Sindagan
7.10..............................Believed
7.45..............................Saxony Charms
8.15..............................LEANNESPOUR (nap)

TOM PEPPER

4.53..............................Arrowstock
5.28..............................Love Bomb
6.03..............................Alwaysanangel
6.35..............................Fort Vega
7.10..............................Nyra
7.45..............................Garden Party
8.15..............................Dawn Flame

■TIC-TAC: Right-handed galloping track of 1m 2f. ■LEADING TRAINERS WITH RUNNERS (2021-2026): P Twomey 25-75, J P O'Brien 19-178, G M Lyons 17-97, J Harrington 14-171. THIS SEASON: J P O'Brien 5, J P Murtagh 4, D Marnane 3. ■TOP JOCKEYS WITH RIDES (2021-2026): W J Lee 39-194, C T Keane 32-209, R P Whelan 20-145, D Browne McMonagle 19-169. THIS SEASON: C T Keane 5, D Browne McMonagle 5, R P Whelan 3. ■LONGEST TRAVELLER: Shi Yang (6.03) & Carolina Jetstream (6.35). Round trip of 286 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■TRAINERFAX: A P O'Brien won the 7.10 in 2016 and 2018, and won the 7.45 in 2023 and 2025. P Twomey won the 7.10 in 2021, 2022 and 2025. ■LIVE ON RACING TV

7.45 FILLIES MAIDEN STAKES; winner €9,000; 1m 2f. (12 runners)

1 (4) -562 **CHOSEN ONE 28 (P★)** D O'Brien 3-9-3.. **P Harnett (5)**
2 (10) 0 **ELUSIVE IN MAYO 14** T Gibney 3-9-3.... **N Burns (5)**
3 (9) 0 **EMILY ESTHERFAYE 14 (H)** A Slattery 3-9-3 **A Browne-Souza (7)**
4 (2) **FAIRYLIKE** A P O'Brien 3-9-3........**W Lordan**
5 (3) 22- **GARDEN PARTY 291 (BF)** A P O'Brien 3-9-3 **R Moore**
6 (5) 00 **QUINCHY LADY 13** J McConnell 3-9-3 ...**S Rutledge**
7 (11) 0 **SALAMINA 2** J O'Brien 3-9-3........**D McMonagle**
8 (8) 35 **SAXONY CHARMS 49 (BF)** A Oliver 3-9-3. **C Keane**
9 (6) 6843 **SERENDIPIA 20** W McCreery 3-9-3........**W Lee**
10 (1) **THE BLONDE LADY** A Martin 3-9-3........**R Colgan**
11 (7) 8-0 **TRUMPH 14** J Harrington 3-9-3........**S Foley**
12 (12) 43 **ZADAWA 49 (H★)** D Weld 3-9-3........**C Hayes**

Garden Party ●99, Zadawa 98, Chosen One 97.
15-8 Garden Party, 7-2 Chosen One, 6 Fairylike, 7 Zadawa

8.15 HANDICAP; winner €6,000; 1m. (18 runners)

1 (14) 4931 **LAUNCH TIME 8 (V;D)** C Hughes 4-10-0..... **C Keane**
2 (18) 860- **SHEAMUS SEIMHIU 291** C Timmons 4-10-0 **B Coen**
3 (4) 097 **HALF CUT 25 (P★,T★)** A Mullins 5-9-12 **J Heffernan**
4 (19) -300 **JAMES HENRY 30** E McCarthy 7-9-11........**C Hayes**
5 (11) 0849 **GLAMAZON 30** J Harrington 3-9-10........**S Foley**
6 (12) 5505 **IMNOTLEAVINYOU 18** M Mulvany 3-9-10 **W Joyce (3)**
7 (1) 8353 **DAWN FLAME 20 (D)** P Flynn 3-9-9.. **D McMonagle**
8 (10) 5800 **MOUNTAIN MEMORY 33 (T★)** A Slattery 3-9-9 **A Slattery**
9 (8) 1503 **THOMPSON GUNNER 2 (B)** C Hughes 5-9-8..... **P McGettigan (5)**
10 (15) 0600 **MORNING APPROACH 20 (D)** W McCreery 8-9-5 **W Lee**
11 (7) 4296 **BORORA AURA 9** M Mulvany 3-9-2........**T Casey (7)**
12 (2) 0080 **PEIG SAYERS 23** H McLoughlin 5-9-1..... **S Rutledge**
13 (5) 088 **WINSTON'S PROMISE 17 (H)** L Cusack 3-9-0 **L McAteer**
14 (6) 7980 **JAZZ DREAMERS 20 (P★;D)** S Fahey 8-8-11 **R Cleary**
15 (3) -009 **LORR'S GIRL 23 (BF,C)** R Sweeney 5-8-11 **J Pietropaolo (7)**
16 (16) 4633 **MULLACASH BUZZ 23 (D)** T Dowling 8-8-11 **R Mulligan (5)**
17 (13) 0-04 **LEANNESPOUR 20** E Lynam 3-8-9..... **D McDonogh**
18 (17) -887 **STARFLOW 74 (B★)** H Bromhead 3-8-9. **C Cusack (7)**
19 (9) 0841 **REPONSE FINALE 2** G Cromwell 4-9-6(7ex) **RESERVE**

Launch Time ●99, Dawn Flame 98, Leannespour 97.
5-2 Launch Time, 7 Mullacash Buzz, Leannespour, 8 Dawn Flame

AND ALL YOUR RUNNERS AND RIDERS FROM TRAMORE

GOING: GOOD

EAMONN HAMES

5.05..................More Coko
5.40...Thewaybackhome
6.15..............World As One
6.50..........Galileo Springs
7.25 Room For One More
7.55..................Jacko Star
8.25.....................Long'way

■TIC-TAC: Right-handed, undulating, sharp track of 7f, with a steep descent to the final bend and an uphill finish. There are 4 hurdles and 5 fences per circuit. ■LEADING TRAINERS WITH RUNNERS (2021-2026): W P Mullins 48-142, G Elliott 29-164, H De Bromhead 27-153. THIS SEASON: G Cromwell 2, D H Kelly 2, G Elliott 2. ■TOP JOCKEYS WITH RIDES (2021-2026): D J O'Keeffe 26-184, B Hayes 12-94, K M Donoghue 12-90. THIS SEASON: S Ewing 3, B Hayes 2, K M Donoghue 2. ■LONGEST TRAVELLER: Thedreamistilalive (7.25). Round trip of 164 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■LIVE ON RACING TV

5.05 CHASE; winner €7,800; 2m 6f. (5 runners)

1 48-P **ANYWAY 105** D Budds 8-11-10........**D O'Keeffe**
2 -0P1 **ROCKY'S DIAMOND 6** D Queally 6-11-10 **M Kenneally (5)**
3 -218 **THECOMPANYSERGEANT 35 (B)** G Cromwell 9-11-10 **K Donoghue**
4 F66- **MORE COKO 131** W P Mullins 6-10-12........**B Hayes**
5 PP-0 **RODEO JOE 10 (V★)** D Walsh 6-10-12.... **G Brouder (5)**

Rocky's Diamond ●99, More Coko 96, Thecompanysergeant 93.
11-8 Rocky's Diamond, 2 Thecompanysergeant, 5 More Coko

5.40 HANDICAP CHASE; winner €6,000; 2m 6f. (14 runners)

1 -61P **MENAS MIRACLE 45 (CD)** B Walsh 7-12-0 **C Stone-Walsh**
2 -282 **MERCURIAL SEA 31** N Slevin 5-11-10........**C Millar (5)**
3 5-89 **PIRATE ISLAND 11** J Hannon 8-11-8........**S Flanagan**
4 9052 **MY CULLEN 21** J Hanlon 6-11-6........**H Sexton (7)**
5 316- **OUR ZEBO 329 (B)** N Kelly 7-11-6........**S Torrens**
6 -342 **THEWAYBACKHOME 35 (BF)** T O'Brien 5-11-5 **J Shinnick**
7 -0P3 **DUNANY POINT 23** C Maxwell 7-11-1........**K Buckley**
8 PPP1 **NOT SO SERIOUS 24** W Lanigan 5-11-1........**J Slevin**
9 9-74 **CORKBEG 6** D Kelly 9-11-0........**A O'Sullivan (5)**
10 5503 **BOB THE BUILDER 5** P Rothwell 9-10-12 **E Staples (5)**
11 -704 **AMBURANA 23** P Butler 8-10-6........**M Kenneally (5)**
12 2132 **FR GILLIGANSVOYGE 23 (B)** J Carr 13-10-5 **P O'Brien (5)**
13 P216 **SET THE TONE 7 (BF)** D O'Brien 5-10-5 **J Williamson (3)**
14 -0P6 **ROBIN ELITE 28** E O'Sullivan 8-10-2........**D King**
15 -625 **TROPICAL IMAGE 28** E McCarthy 9-11-3...... **RESERVE**
16 7P08 **U ASKING ME 28** E Doyle 9-10-8........**RESERVE**
17 -73P **SHANTOU SHOW 23** N Kelly 10-11-11........**RESERVE**

My Cullen ●99, Dunany Point 98, Fr Gilligansvoyge 97.
6 My Cullen, 15-2 Dunany Point, 8 Mercurial Sea, Menas Miracle, Fr Gilligansvoyge, Thewaybackhome, Not So Serious

6.15 MAIDEN HURDLE; winner €7,200; 2m. (13 runners)

1 S-42 **CHASING BLUES 22 (H)** H Bromhead 6-11-12 **D O'Keeffe**
2 2 **FORTIS ET LIBER 31** C Bowe 5-11-12........**R Doyle**
3 **JACK SPRIGGINS F728** D O'Brien 5-11-12... **K Healy (7)**
4 U-59 **JURY FOREMAN 22 (B;BF)** P Nolan 5-11-12 **E Staples (5)**
5 P **NOTHINTODOWITHME 80** B Murphy 5-11-12 **J Gilligan (5)**
6 3834 **O'CALLAGHAN CAN 21** R Devine 5-11-12 **A O'Sullivan (5)**
7 -339 **SEVEN TOWERS 42 (BF)** G Cromwell 5-11-12.... **K Donoghue**
8 -453 **WORLD AS ONE 24** W P Mullins 5-11-12........**B Hayes**
9 9-7 **CHAMP YOUNG 21** J Barrett 4-11-9........**D King**
10 P5P- **HASHTAG DOYEN 117** M Fahey 8-11-5 **T O'Connor (7)**
11 06- **ISTHATRIGHTKATIE F390 (H)** K Brown 6-11-5 **B Barry (7)**
12 41-9 **THE ORPHAN GIRL 11 (H)** P Fahey 6-11-5 **E O'Sullivan (7)**
13 -256 **SIMPLE THINGS 16** J Dempsey 4-11-2.. **P Smithers (5)**

Simple Things ●99, World As One 95, Seven Towers 94.
15-8 Chasing Blues, 3 World As One, 7-2 Simple Things

6.50 MARES HANDICAP HURDLE; winner €7,200; 2m. (10 runners)

1 -911 **DEL BOYS DIVA 22 (D)** S Crawley 6-11-12 **K Donoghue**
2 213- **GALILEO SPRINGS F14** M Brassil 6-11-9........**R Doyle**
3 P-07 **GOLDEN WINGS 11 (H)** G Elliott 5-11-9........**S Ewing**
4 4010 **SMALL BUCKS 16** P Collins 5-11-9........**P O'Brien (5)**
5 232U **SEA OF DOUBT 17** I Donoghue 6-11-8 **J Williamson (3)**
6 -629 **TINGARRAN EXPRESS 42 (CD)** D O'Shea 9-11-7 **C Millar (5)**
7 17 **LIKE AN OCEAN 18 (D)** A Sexton 4-11-4... **H Sexton (7)**
8 7-53 **RARE TIMES 21** Mags Mullins 4-10-10........**J Slevin**
9 621/ **BRAVEWHENINEEDTOBE 717** Mags Mullins 6-10-9 **P Byrnes**
10 5569 **CINNABAR MOTH 22** L Doyle 5-10-2... **A O'Sullivan (5)**

Del Boy Diva ●99, Tingarran Express 98, Sea Of Doubt 97.
15-8 Del Boys Diva, 10-3 Sea Of Doubt, 15-2 Tingarran Express

7.25 MARES MAIDEN HURDLE; winner €7,200; 2m 5f. (15 runners)

1 0-0 **BANPHRIONSA ALAINN 13** A Leahy 5-11-7 **H Sexton (7)**
2 -9U7 **FERVIDA 7** J Berry 6-11-7........**R Berry (7)**
3 2266 **HELLO BELOW 31 (P★)** C Bowe 5-11-7........**R Doyle**
4 90-0 **HUNSKELPER 90** C Collins 5-11-7........**D Gilligan**
5 005 **MILA BALLERINA 33 (V)** C O'Dwyer 5-11-7 **C O'Dwyer (3)**
6 000 **NANCY WHEELER 13** S Curling 5-11-7........**D O'Keeffe**
7 0-0 **QUEENOFQUEENSTREET 11** E Sheehy 5-11-7 **I Power**
8 5-07 **QUIET IN BRESIL 77** G O'Loughlin 6-11-7........**D King**
9 0-F8 **ROAD TO THE SEA 62** T Coyle 5-11-7........**A Harvey**
10 6-90 **ROOM FOR ONE MORE 4** W P Mullins 5-11-7. **B Hayes**
11 85 **TREACYS ELLA 22** D Queally 5-11-7... **M Kenneally (5)**
12 07 **GRATITUDEFORGRACE 22** G Elliott 4-11-3..... **S Ewing**
13 00 **I'M GOLD 21 (T★)** O Hegarty 4-11-3........**K Healy (7)**
14 8-06 **KENNY'S JEWEL 11 (P★)** Mags Mullins 4-11-3 **J Slevin**
15 90 **THEDREAMISTILALIVE 13** D Duggan 4-11-3 **S Cleary-Farrell (7)**
16 87P0 **LADY AQUARELLE 24 (B★)** T Cooper 5-11-7.... **RESERVE**

Quiet In Bresil ●99, Hello Below 96, Gratitudeforgrace94.
9-4 Quiet In Bresil, 4 Hello Below, Treacys Ella, 10 Gratitudeforgrace, Room For One More, 12 Banphrionsa Alainn

7.55 HANDICAP HURDLE; winner €7,200; 2m 5f. (12 runners)

1 0-41 **MIGHTY BERKSHIRE 16** D Queally 6-11-13 **Mr D Queally**
2 6-00 **RYAN'S SON 35** L Doyle 6-11-12........**E Finegan (5)**
3 404- **JACKO STAR 191** J Dempsey 5-11-8........**K Donoghue**
4 8-22 **LATOPIX 43** H Bromhead 5-11-7........**D O'Keeffe**
5 502U **TULLYVEERY LAD 12 (B;CD)** R Cody 10-11-6 **D Meyler**
6 1P-0 **GOOD WORLD 68 (D)** E Griffin 11-11-5 **M Kenneally (5)**
7 72P1 **TOLKA ROW 31** D O'Brien 6-11-5........**J Williamson (3)**
8 30/0 **BOSTON BEACH 31** G Elliott 7-11-2........**D Gilligan**
9 70-0 **HILLSTAR BLUES 92** S Aherne 5-10-10 **A McGuinness (7)**
10 -75R **DIAMOND SECRET 29 (B)** P Fenton 5-10-9 **N Moore (5)**
11 -4P5 **MOONLIGHT PARADISE 22 (B★)** P Nolan 5-10-9 **E Staples (5)**
12 P-P9 **RAY GUN 29** J Flavin 4-10-2........**D King**

Latopix ●99, Tolka Row 98, Mighty Berkshire 97.
3 Mighty Berkshire, 4 Tolka Row, Latopix, 8 Diamond Secret, 10 Moonlight Paradise, Jacko Star, 16 Hillstar Blues, Tullyveery Lad

8.25 NAT HUNT FLAT; winner €6,601; 2m. (8 runners)

1 P-60 **CLONEEN TO THE MAX 11** D Browne 7-12-0 **Mr A Browne (7)**
2 **MOONHALL LAD** A McIntyre 5-12-0........**non-runner**
3 0345 **TALE OF INTRIGUE 11** D Buckley 5-12-0 **Mr T Halford (7)**
4 **CALL MY NAME** A Slattery 4-11-11........**Mr A Ryan (5)**
5 846 **CHARLES KICKHAM 10 (H)** K Purcell 4-11-11 **Mr J Barry**
6 522 **MOUNTAIN SKY 10** G O'Leary 4-11-11...... **Mr J Gleeson**
7 **LONG'WAY** W P Mullins 5-11-7........**Mr P Mullins**
8 9 **NO PASS PORT 13** J Hanlon 4-11-4........**Mr F Maguire**

Tale Of Intrigue ●99, Mountain Sky 96, Charles Kickham 86.
13-8 Long'way, 2 Mountain Sky, 15-2 Tale Of Intrigue, 8 Call My Name, 10 Charles Kickham, No Pass Port

★ TORNADO ALERT could return to Germany once more following his fine comeback effort on Sunday. Off the track since winning a Group 1 in Munich last year, Saeed bin Suroor's four-year-old finished a close fourth behind Tiffany at Hoppegarten last weekend and his trainer is eyeing the Grosser Preis von Baden at Baden-Baden next month.